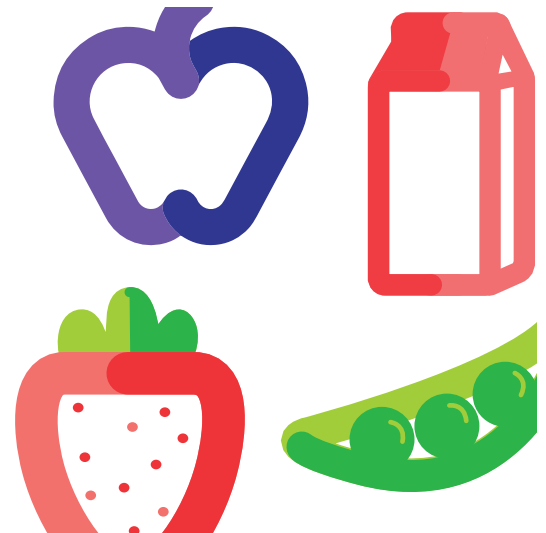


HEALTHY STARTS HERE



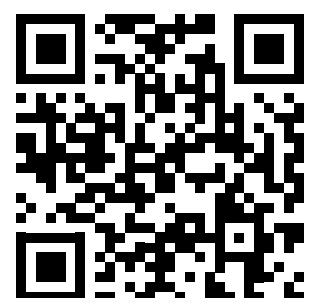
WIC empowers families with nutritious food, nutrition education, breast and chest feeding support, and more.

SEE IF YOU QUALIFY

Visit: doh.wa.gov/FindWIC

Call: 800-841-1410

Refer: doh.wa.gov/WICRefer



Being on WIC does not make you a public charge and does not affect your immigration status. U.S. citizenship is not required to qualify for WIC.

This institution is an equal opportunity provider. Washington WIC doesn't discriminate. To request this document in another format, call 1-800-841-1410. Deaf or hard of hearing customers, please call 711 (WashingtonRelay) or email wic@doh.wa.gov.



DOH 965-012 January 2025