



## **Music Therapists Advisory Committee Regular Meeting Minutes**

**April 25, 2025**

**Location: Department of Health, TC1, Room 164 – 111 Isreal Road SE, Tumwater, WA 98501 and  
Microsoft Teams**

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**Committee Members' Present:**

Maria Meeds, MT-BC, NICU MT Chair  
David Knott, MM, MT-BC  
Regulo Beltran, Public Member

**Committee Members Absent:**

Nancy Herber, OTR/L  
Betsy Hartman, MT-BC, NMT-Fellow, Vice-Chairperson

**Staff Members' Present:**

Amber Freeberg, Executive Director  
Shelbee Scrimo, Program Manager  
Katie Graue, Administrative Assistant  
Tara Mackemull, Assistant Program Manager  
Maria Carp, Assistant Attorney General (AAG)  
Debra Mendoza, Quality Manager  
Brielle Matthes, Credentialing Specialist  
Joshua Green, Credentialing Specialist  
Joel Coleman, Credentialing Specialist  
Cynthia Jamrowski-Martinez, Quality Coordinator  
Jeff Orwig, Fiscal Analyst  
Evan Shigaya, Policy Analyst

**Other Attendees Present:**

Peter Diedrick, WA State Music Therapy Task force

**1. Opening of Public Meeting – Maria Meeds, Chair**

- 1.1. Call to Order at 9:10 am
- 1.2. Introductions – Committee members, agency staff, and public introduced themselves.

**2. Public Comment – Maria Meeds, Chair**

- 2.1. There was no public comment given.

**3. Consent Agenda – Maria Meeds, Chair**

- 3.1. Approval of April 25, 2025, meeting agenda, motion made, seconded and approved unanimously
- 3.2. Approval of June 11, 2024, meeting minutes, motion, seconded and approved unanimously

**4. Music Therapist Credentialing Report – Debra Mendoza, Quality Manager**

- 4.1. Ms. Mendoza reviewed, discussed and took questions from the committee regarding data relating to issuance of MT Credentials.

**5. Substantially Equivalent States – Shelbee Scrimo, Program Manager**

Ms. Scrimo reviewed the substantially equivalent states list. There were no concerns or questions from the committee regarding the list.

**6. Program Manager Report – Shelbee Scrimo, Program Manager**

Ms. Scrimo updated members on the Committee reappointment of Maria Meeds for another four-year term and the introduction of Reggie Beltran, the newest member of the committee. Ms. Scrimo stated that David Knott's position will be open in September and Ms. Scrimo will start the recruitment process next month.

**7. Executive Director Report – Amber Freeberg, Executive Director**

Ms. Freeberg gave an update on the IRLS/HELMS program transition. She explained the new implementation date will be April 29, 2025. Ms. Freeberg let the board know there will be a four-day period that credentialing will be unable to work on or access applications from 25th to 28th of April.

Ms. Freeberg gave an update about the state budget, travel and hiring freeze. Ms. Freeberg explained the possibility of furlough days and the effect that this may have on the credentialing timelines if/when they are implemented.

Ms. Freeberg took questions from the committee regarding the state budget and current fees for becoming a new Music Therapist in Washington State.

**8. Future Meeting Dates and Topics - Maria Meeds, Chair**

The Committee discussed adding another meeting to their schedule, since this committee currently only meets once a year.

The committee scheduled a meeting on August 22, 2025.

## 9. Election of Chair/Vice-Chair - Maria Meeds, Chair

The committee held elections for the Chair and Vice Chair.

Ms. Meeds volunteered to be chair for another year. Mr. Beltran volunteered to be Vice Chair.

There was a motion made, seconded and passed unanimously for Ms. Meeds to serve as chair and Mr. Beltran to serve as Vice Chair.

## 10. Meeting Adjournment at 9:49 am.

10.1. Motion to adjourn the meeting was made, seconded and approved unanimously.

### Submitted by:

Shelbee Scrimo, Program Manager  
Board of Nursing Home Administrators

### Approved by:

Maria Meeds, Chair  
Music Therapist Advisory Committee

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