# I care about your health. That's why I'm committed to prescribing antibiotics only when you need

## them.

Recent evidence shows that taking antibiotics before a procedure **does not** prevent joint and heart infections in most patients. I won't prescribe antibiotics when they are unlikely to help.

### I will consider how an antibiotic may harm you.

- Taking antibiotics increase the risk of antibiotic-resistant bacteria (superbugs).
  - You could experience side effects like skin rashes, allergic reaction, upset stomach, or diarrhea (which can be life-threatening).

# For more information, scan the QR code with the camera app on your phone



Washington State Department of

Material adapted from: Meeker D, Knight TK, Friedberg MW, etc. al. JAMA Intern Med. 2014;174(3):425-431. doi:10.1001/jamainternmed.2013.14191 and Centers for Disease Control and Prevention (CDC) Get Smart: Know When Antibiotics Work materials. https://stacks.cdc.gov/view/cdc/28024

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