



Waxa aad la imaanayso Balantaada WIC (Cadaymaha Codsadaha Cusub)

Ballanta: _____

Toos ah

Oonleen ah

Taariikhda Ballanta: _____ Wakhtiga: _____

Isbitaalada WIC: _____

Taleefoonka/limaylka WIC: _____

Wac WIC haddii aad u baahan tahay inaad dib u mudayso ama aad haleeli weydo balantaada!

Codsadeyaasha WIC waxay khiyaar u leeyihiin inay balantooda ku buuxiyaan si toos ah ayaga oo isbitaalka tagaya **AMA** si oonleen ayaga oo guriga jooga.

1. **Balamaha tooska ah kaligood**, qof kasta oo codsanaya WIC waa ku **waajib** ah inuu yimaado balanta koowaad ee WIC.
2. **Aqoonsiga (aqoonsi)** – soo diyaarso **HAL** aqoonsi oo kamid ah liiska hoose oo laga rabo **qof walba** oo codsanaya iyo/ama mar labaad is baraya WIC.

Foomamka la aqbali karo ee aqoonsiga waxaa kamid ah:

- ProviderOne Card (waa inuu yahay mid shaqaynaya)
- Liisanka darawalnimada ama kaarka aqoonsiga gobolka
- Aqoonsiga militariga
- Kaarka aqoonsiga qabaaalka
- Aqoonsiga shaqada ama dugsiga
- Baasaboor
- Kaarka Degenaanshaha, aqoonsiga Qunsuliyadda, ama kaarka aqoonsiga Qaranka ee waddan kale (Tusaale ahaan: Kaarka degenaanshaha, Immigration and Customs Enforcement (ICE, Hay'ada Socdaalka iyo Xuduudaha) kaarka aqoonsiga)
- Shahaadada dhalashada
- Kaarka caymiska caafimaadka ama militariga
- Kaarka Ammaanka Bulshada
- Kaarka Diiwaan gelinta Codbixiyaha
- Carruurta iyo dhallaanka: Waxyaabaha kor ku qoran ama diiwaanka isbitaalka dhalimada, kaarka ilmaha, jijinta anqoowga, waraaqda ka saarista isbitaalka, baaritaanka maqalka ilmaha markaas dhasha ama qiimaynta kale, Baaritaanada Caafimaadka Ilmaha, diiwaanka dhalimada guriga, xogta ka timaada dhakhtarka ama kalkaalisada ee ku qoran waraaqda ama warqada daawo qorista oo leh taariikhda dhalashada ilmaha

Ogsoonow: Inaad WIC kujirto kaama dhigayso in dowladu ku damaanad qaadayso mana saameynayso xaaladaada soo galootinimada. Muwaadinimada Mareykanku shardi uma ahan inaad hesho Washington WIC.

3. **Caddee inaad ku nooshahay Washington** – La imoow **MID** kamid ah waxyaabaha soo socda oo wata magacaaga, ciwaanka jidhka aad degentahay, gobolka, magaalada iyo furaha wicitaanka. *WIC ma aqbali karto santuuq boostada oo caddayn u ah degenaanshaha.*

- ProviderOne Card (waa inuu yahay mid shaqaynaya)
- Ruqsada darawalnimada ee Washington ama kaarka aqoonsiga gobolka
- Biilka adeegyada (gaaska, korontada, biyaha, qashinka, ama teleefoonka)
- Waraaqda ogaysiiska Medicaid, Supplemental Nutrition Assistance Program (SNAP, Barnaamijka Caawimaadda Nafaqada Kaalmaatiga ah), ama Temporary Assistance for Needy Families (TANF, Caawimaadda Kumeel gaarka ah ee Qoysaska Danyarta ah)
- Warbixinta ama risiitka kirada ama mulkiyadda guriga

- Kaarka diiwaangalinta codbixiyaha, ama dukumiinti gobolka ama deegaanka ah kaasoo u baahan caddaynta gobolka ama degenaanshaha maxaliga ah
- Lacag bixinada ama Fasaxa Militariga iyo warbixinta Dakhlaga
- Wax kale. Tusaale ahaan: Caymiska caafimaadka ama kaarka adeega bulshada oo ciwaan wata

4. **Caddaynta Dakhlaga** – La imoow caddaynta **DHAMMAAN** ilaha dakhliga qoyskaaga. Qoyska waxaa kamid ah dadka isla nool ee wadaaga dakhliga iyo kharashaadka qoyska. Tusaalaha waxaa kamid ah:

- ProviderOne Card (waa inuu yahay mid shaqaynaya)
- Shaqaalaysiinta (Jeegagii 30 kii maalmood ee lasoo dhaafay)
- Fasaxa Militariga iyo warbixinta Dakhlaga
- Qof iskiis u shaqeysta
- Warbixinta kaalmada shaqo la'aanta
- Warbixinta Kaalmada Bulshada Food Distribution Program on Indian Reservation (FDPIR, Barnaamijka Cunto qaybinta Dhulka Hindida, SNAP, TANF)
- Dukumiintiga Daryeelka Barbaarinta
- Kaalmada Carruurta
- Taageerada Qoyska
- Dakhlaga Kaalmada Ammaanka (SSI)
- Mixnadaha ama deeqaha
- Maraykanka Dhaladka ah Lacagaha Calaa qof
- Lacagta ka imaanaysa qaraabada ama saaxiibada
- Dheefaha halyey'yada
- Howlgabka/Shaqo ka fariisiga (shacab ama ciidan)
- Magdhowga shaqaalaha, naafanimo ama Shaqaale ama Shirkad

5. **Xogaha Talaalka** carruurta iyo dhallaanka ka yar labada sanno, haddii la heli karo.

Hay'addaan waa hay'ad bixisa fursad loo wada siman yahay. Washington WIC cidna ma takoorto. Si aad dukumiintigaan ugu hesho qaab kale, wac 1-800-841-1410. Macaamiisha dhagoolka ah ama maqalkoodu culus yahay, fadlan waca 711 (Washington Relay) ama iimeel udir wic@doh.wa.gov. DOH 962-1034 February 2025 Somali

