



Breastfeeding (BF) Infant and Participant First Month of Life

When a participant first comes in or calls after delivery:

- **Reflect** and **affirm** participant's choice to breastfeed;
- **Complete a BF review**, assess formula needs, and **offer support**.

**Positive BF History + No
Current Issues with BF**

The CPA:

- Certifies the participant as Fully BF*.
- Documents the BF review.
- Certifies the infant.
- Prescribes a Fully BF food Rx to the dyad.

**No BF History
Or Currently Having Issues with BF**

The CPA:

- Keeps the participant in PG Category through the eligibility period.
- Documents the BF review.
- Certifies the infant.
- Prescribes infant benefits based on dyad needs.
- Prescribes a PG food Rx for the adult participant.

Answers to Common Questions:

- *See Ch. 18 [Policy Revision: Certifying Participants after Delivery](#), for details on why you may need to leave participants in their PG category during the first 30 days of life.
- **For participants without BF experience** (or who may need formula in the first 30 days): Keep the participant in the pregnant category through the end of the eligibility period and continue to provide PG food benefits. Don't certify the participant in the first 30 days.
- **For participants with a positive BF history** (or if BF is going well): Certify the participant as Fully BF and provide Fully BF food benefits to the dyad.
 - If a participant has current PG food benefits but has not used any benefits at the time of the certification to Fully BF, staff may void the PG food benefits to issue Fully BF benefits.
 - If a participant was certified as Fully BF and later requests formula, staff can void and reissue food benefits with the correct food package as long as the family has not redeemed any of the current benefits.



Breastfeeding (BF) Review and Determining Formula

Complete a breastfeeding (BF) review ([Policy Chapter 15](#)) when:

- A participant first comes in or calls after delivery;
- Or
- Anytime a participant requests formula.
 - If they are BF or pumping milk at least once a day, they are a BF participant. Mark yes to BF in the health info screen. This allows specific benefits to continue (BF support, pumps, FMNP etc.).
 - If they are no longer BF, or pumping milk at least once a day, then a full BF review isn't required.

During the BF review:

- **Develop rapport and ask open-ended questions.** Such as, "Can you tell me about how feeding your baby is going?" "What helped you know formula was needed?" Reflect and affirm the participant's choice to BF.
- **Explore participant's breastfeeding goals.**
- **If formula is needed:**
 - **Ask,** "How much formula are you giving your infant each day, including any nighttime feedings?"
 - **Record how much formula** is needed in the **BF Information** container:
 - ✓ PCs - Update information in PC Care Plan screen. Record BF Review in both PC Care Plan and Nutrition Assessment area of Family Care Plan in Quick Links.
 - ✓ CPAs - Update the infant's **Health Information** screen. Record BF Review in the Nutrition Assessment area of the Family Care Plan and Nutrition Education in Quick Links.
- **CPA reviews and prescribes the best food benefits based on needs of the dyad** (see front page).

Estimated # of cans of powder formula based on formula consumed per day		
0 - 3 oz. per day	→	1 can powder
4 - 6 oz. per day	→	2 cans powder
7 - 9 oz. per day	→	3 cans powder
10 - 12 oz. per day	→	4 cans powder
13 - 15 oz. per day	→	5 cans powder
16 - 18 oz. per day	→	6 cans powder
19 - 21 oz. per day	→	7 cans powder
22 - 24 oz. per day	→	8 cans powder
25 - 27 oz. per day	→	9 cans powder

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