



Follow this guidance for participants with a new medical documentation form to receive Infant Fruit and Vegetable Baby Foods (IFV) instead of the Fruits and Vegetables Cash Value Benefit (CVB).

- Staff must always zero out the CVB benefits (and juice if IFV will be substituted for juice as well) from the food prescription the system doesn't stop issuance of both.
- Staff should always review the prescription to make sure it's correct before issuing food benefits.
 - 1. Staff review the MDF or medical documentation for completeness, ensuring the following sections are complete:
 - Box 1 Patient name
 - Box 2 Length of Time (Duration)
 - Box 3 Qualifying Diagnosis
 - Box 4 WIC Supplemental Foods: Infants fruits/vegetables instead of fruits/vegetables/herbs
 - Box 5 Healthcare Provider Information
 - 2. Void future benefits, if already issued, for the new food prescription to include the Infant Fruits and Vegetables baby foods.
 - If no purchases have been made for the current month for the family, then the current month can be voided also.
 - 3. Go to the Issue Benefits > Prescribe Food screen. Click the + to create a new food prescription. Be sure to add all future food prescriptions within the time frame of the medical documentation and adjust as needed.

	Food 5/6/2	Description Date	WIC Category Child	Age Category Family Issuance Day Issuance Frequency 12 to 23 Months 29 3 Month(s)						
	▼Food Prescription Items Total Items: 8 🕥									
Γ		Category		Subcategory	Quantity	Category Max Quantity	UOM			
		Bread/Whole Grains		Whole Wheat Bread or Whole Grains	24	24	Ounce			
	5	Eggs		Eggs - all WIC	1	1	Dozen			
		Legumes		Peanut Butter/Beans All WIC	1	1	CTNR			
		Fish		Fish - All WIC	6	6	Ounce			
		Milk - whole		Milk - Whole All WIC-Cow,Goat,Lactose Free	3	3	Gallon			
		Breakfast Cereal		Cereal All WIC -hot /cold	36	36	Ounce			
		Fruit & Vegetables Ca	ash Value	Fruit and Vegetables - Cash Value Benefit	\$26.00	\$26.00	\$\$\$\$			
	5	Juice - 64 oz		Juice - All WIC - 64 oz carton	1	1	CTNR			





4. Click Save.

Select the New Food Pre	escription Date 🛛 🕢 💌
Food Prescription Date	
	Save Cancel

Infant Fruits & Vegetables							
Category	Quantity for	Max Quantity					
	CVB Only	for CVB + Juice					
Child	164 oz	184 oz					
Pregnant							
Postpartum	296 oz	316 oz					
Partially (Some) Breastfeeding							
Partially (Mostly) Breastfeeding	209 07	344 oz					
Fully Breastfeeding	328 OZ						
Fully Breastfeeding Multiples	488 oz	516 oz					

- 5. Add Infant Fruits and Vegetables to the food prescription:
 - Select "Infant Fruits & Vegetables" from the Category drop down menu
 - Select "Baby Food Fruit & Vegetables All WIC" from the **Subcategory** drop down menu
 - Enter the amount in the **Quantity** field based on the table at the top right of this page.
 - Use the **"CVB only"** column if you are substituting Baby Food Fruit & Vegetables for **CVB only**.
 - Use the "CVB + Juice" column if you are substituting Baby food Fruit & Vegetables for both CVB and Juice.
 - Click Add Item.

Food	Prescription Items					Total Items:	8 🦿	
	Category	Subcategory		Quantity	Category Ma	ax Quantity	IOU	
	Bread/Whole Grains	Whole Wheat Bread or Whole Grains		24	24		Ounc	
5	Eggs	Eggs - all WIC		1	1		Doze	
	Legumes	Peanut Butter/Beans All WIC	Peanut Butter/Beans All WIC 1 Fish - All WIC 6		1 6		CTNR	
	Fish	Fish - All WIC					Ounc	
	Milk - whole	Milk - Whole All WIC-Cow,Goat,Lactos	Milk - Whole All WIC-Cow,Goat,Lactose Free		3		Gallor	
	Breakfast Cereal	Cereal All WIC -hot /cold	Cereal All WIC -hot /cold		36		Ounc	
	Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Ben	efit	\$26.00	\$26.00		\$\$\$\$	
5	Juice - 64 oz	Juice - All WIC - 64 oz carton		1	1		CTNR	
Add Item to Food Prescription								
Category Infant Fruits & Vegetables		Subcategory	Quantity	Max / Me	ed Max UOM			
		Baby Food Fruit & Vegetables - All WIC 💌	0	0 /	184 Ounce	Add Item	Clea	





- 6. The Medical Documentation screen opens:
 - Complete the required fields.
 - Add "Infant Fruit and Vegetable Baby Foods" in the Non-Medical Food Prescribed field.
 - Click **Scan Document** and complete the required fields; click **Save**.
 - Click Save.

Effec 5/6/2	c tive Date 🜟 2025 🛛 🗊	Expiration Date 🚖	Prescription 5/6/2025	Date	
Diag Med Othe	nosis Information ical Reason 🔶 er Medical Diagnosis 💌	ICD Code 🚖	OR	Diagnosis Codo	e ★ Verbal Order ★ OR 🗌
Phys Phys Dr. F	i cian Information - sician's Name 🌟 Physician	Physician's Phone 1 (123) 456-7890	Physic	ian's Email	Medical Food Prescribed
Infa Food	nt Fruit and Vegetable E ds	Baby			
Med	lical Food Prescrip	tion			Total Items: 9
Med	lical Food Prescrip	tion Category			Total Items: 9 Subcategory
Med	lical Food Prescrip Fish	tion Category		Fish - All WIC	Total Items: 9 Subcategory
Med	<mark>lical Food Prescrip</mark> Fish Milk - whole	tion Category		Fish - All WIC Milk - Whole All	Total Items: 9 Subcategory WIC-Cow,Goat,Lactose Free
Med	<mark>lical Food Prescrip</mark> Fish Milk - whole Breakfast Cereal	tion Category		Fish - All WIC Milk - Whole All Cereal All WIC -	Total Items: 9 Subcategory WIC-Cow,Goat,Lactose Free -hot /cold
Med	ical Food Prescrip Fish Milk - whole Breakfast Cereal Fruit & Vegetables Ca	category Sh Value		Fish - All WIC Milk - Whole All Cereal All WIC - Fruit and Veget	Total Items: 9 Subcategory WIC-Cow,Goat,Lactose Free -hot /cold tables - Cash Value Benefit
Med	Fish Milk - whole Breakfast Cereal Fruit & Vegetables Ca Juice - 64 oz	tion Category sh Value		Fish - All WIC Milk - Whole All Cereal All WIC - Fruit and Veget Juice - All WIC -	Total Items: 9 Subcategory WIC-Cow,Goat,Lactose Free hot /cold tables - Cash Value Benefit - 64 oz carton
Med	Fish Milk - whole Breakfast Cereal Fruit & Vegetables Ca Juice - 64 oz Infant Fruits & Vegeta	tion Category sh Value ables		Fish - All WIC Milk - Whole All Cereal All WIC - Fruit and Veget Juice - All WIC - Baby Food Fruit	Total Items: 9 Subcategory WIC-Cow,Goat,Lactose Free -hot /cold tables - Cash Value Benefit -64 oz carton t & Vegetables - All WIC





7. Zero out the Fruit and Vegetables CVB benefits - the system doesn't stop issuance of both. If you are substituting Baby Food Fruits & Vegetables for both CVB and Juice, then zero out the Juice benefits also.

Food Prescription Items Total Items: 9 🕢									
		Category	Subcategory	Quantity	Category Max Quantity	UOM			
		Bread/Whole Grains	Whole Wheat Bread or Whole Grains	24	24	Ounce			
	5	Eggs	Eggs - all WIC			1	Dozen		
		Legumes	Peanut Butter/Beans All WIC	1	1	CTNR			
		Fish	Fish - All WIC	6	6	Ounce			
		Milk - whole	Milk - Whole All WIC-Cow,Goat,Lactose Free	(3	3	Gallon		
		Breakfast Cereal	Cereal All WIC -hot /cold		36	36	Ounce		
		Fruit & Vegetables Cash Value	Fruit and Vegetables - Cash Value Benefit		\$0.00	\$26.00	\$\$\$\$		
	5	Juice - 64 oz	Juice - All WIC - 64 oz carton		0	1	CTNR		
		Infant Fruits & Vegetables	Baby Food Fruit & Vegetables - All WIC		184	184	Ounce		

8. Click Save.



- 9. Review Issue Food Instruments screen to make sure prescribed foods are correct, then click Issue.
- 10. Review Shopping List to ensure benefits look correct.

This institution is an equal opportunity provider. Washington WIC doesn't discriminate.

Washington State Department of HEALTH To request this document in another format, call 1-800-841-1410. Deaf or hard of hearing customers, please call 711 (Washington Relay)

or email WIC@doh.wa.gov.

DOH 961-1251 June 2025

