

Cuntooyinkaaga WIC ee Cusub!

Dhaqangalaya Juun 2025

Dhallaanka (6 ilaa 11 Bilood jira)



Casaanka =Ka badelka baakadi cuntada ee hore

Haddii canugaagu isticmaalayo xoogaa ama kaliya caanaha la qaso...		
Cuntada	Horay	Cusub
Seeriyaaalka Dhallaanka	24 oz	8 oz
Miraha/Khudaarta Dhallaanka	128 oz AMA 64 oz + \$4	128 oz AMA 64 oz + \$11 AMA \$22

Faahfaahinta
✓ Seeriyaaalka Dhallaanka oo yar
✓ Lacag badan \$\$ oo lagu soo iibsado miro, khudaar, iyo dhir badalka dhalooyinka cuntada ilmaha oo ka bilaabmaya 6 bilood

Haddii canugaagu si buuxdo u nuugo naaska...		
Cuntada	Horay	Cusub
Seeriyaaalka Dhallaanka	24 oz	16 oz
Miraha/Khudaarta Dhallaanka	256 oz AMA 128 oz + \$8	128 oz AMA 64 oz + \$11 AMA \$22
Hilibka Dhallaanka	77.5 oz	40 oz

Faahfaahinta
✓ Seeriyaaalka Dhallaanka oo yar
✓ Lacag badan \$\$ oo lagu soo iibsado miro, khudaar, iyo dhir badalka dhalooyinka cuntada ilmaha oo ka bilaabmaya 6 bilood
✓ Hilibka dhallaanka oo yar

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Dhaqangalaya Juun 2025

Carruurta (1 ilaa 4 Sano jirada ah)



Casaanka =Ka badelka baakadi cuntada ee hore

Cuntada	Horay	Cusub
Cabitaanka Shiidan	Labo dhalo oo min 64 oz ah	Hal dhalo oo 64 oz ah
Caanaha	1-4 Sano: 13 qt	12-23 Bilood: 12 qt 2-4 Sano: 14 qt
Seeriyaal	36 oz	36 oz
Jiista	1 lb	Waxba
Ukunta	1 darsin	1 darsin
Miraha iyo Khudaarta	\$26	\$26
Raashinka Baalka leh	32 oz	24 oz
Kalluunka (qasacadaysan)		6 oz
Digirta	Dooro 1: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska	Dooro 1: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska

Faahfaahinta
✓ \$3 ku dooro miro, khudaar, iyo dhir badalka biyaha shiidan
✓ Ku darso yoogat badan
✓ Cabiro iyo kala duwanaansho badan
✓ Ku darso jiis
✓ Beddelka: ○ Digirta ○ Subaga lowska ○ Tofu
✓ Dhirta cusub
✓ Saxamada xafladaha (aan lahayn suugo ama maraq)
✓ Xulashooyin iyo cabbiro badan
✓ libso kalluunka qasacadaysan
✓ Xulashooyin cabbir oo badan oo loogu talagalay subaga lowska

Cuntooyinkaaga WIC ee Cusub!

Dhaqangalaya Juun 2025



Xaamilada AMA Inta Badan Naasnuujinaya

Casaanka =Ka badelka baakadi cuntada ee hore

Cuntada	Horay	Cusub
Cabitaanka Shiidan	Saddex dhalo oo min 46oz ah	Hal dhalo oo 64 oz ah
Caanaha	19 qt	16 qt
Seeriyaal	36 oz	36 oz
Jiista	1 lb	Waxba
Ukunta	1 darsin	1 darsin
Miraha iyo Khudaarta	Haweenka Xaamilada ah: \$47 Inta Badan Naasnuujiya: \$52	Haweenka Xaamilada ah: \$47 Inta Badan Naasnuujiya: \$52
Raashinka Baalka leh	16 oz	48 oz
Kalluunka (qasacadaysan)		Haweenka Xaamilada ah: 10 oz Inta Badan Naasnuujiya: 15 oz
Digirta	Dooro 2: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska	Dooro 2: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska

Faahfaahinta
✓ \$3 ku dooro miro, khudaar, iyo dhir badalka biyaha shiidan
✓ Ku darso yoogat badan
✓ Cabiro iyo kala duwanaansho badan
✓ Ku darso jiis
✓ Beddelka: ○ Digirta ○ Subaga lowska ○ Tofu
✓ Dhirta cusub
✓ Saxamada xafladaha (leh/aan lahayn suugo ama maraq)
✓ Raashinka baalka leh oo badan + xulashooyin
✓ libso kalluunka qasacadaysan
✓ Xulashooyin cabbir oo badan oo loogu talagalay subaga lowska

Cuntooyinkaaga WIC ee Cusub!

Dhaqangalaya Juun 2025



Dhalmada kadib (Naasnuujin yar ama Naasnuujin La'aan)

Casaanka =Ka badelka baakadi cuntada ee hore

Cuntada	Horay	Cusub
Cabitaanka Shiidan	Labo dhalo oo min 46 oz ah	Hal dhalo oo 64 oz ah
Caanaha	13 qt	16 qt
Seeriyaal	36 oz	36 oz
Jiista	1 lb	Waxba
Ukunta	1 darsin	1 darsin
Miraha iyo Khudaarta	\$47	\$47
Raashinka Baalka leh		48 oz
Kalluunka (qasacadaysan)		10 oz
Digirta	Dooro 1: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska	Dooro 1: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska

Faahfaahinta
✓ \$3 ku dooro miro, khudaar, iyo dhir badalka biyaha shiidan
✓ Ku darso yoogat badan
✓ Cabiro iyo kala duwanaansho badan
✓ Ku darso jiis
✓ Beddelka: ○ Digirta ○ Subaga lowska ○ Tofu
✓ Dhirta cusub
✓ Saxamada xafladaha (leh/aan lahayn suugo ama maraq)
✓ Raashinka baalka leh oo badan + xulashooyin
✓ libso kalluunka qasacadaysan
✓ Xulashooyin cabbir oo badan oo loogu talagalay subaga lowska

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Si Buuxda u Naasnuujinaya



Casaanka =Ka badelka baakadi cuntada ee hore

Cuntada	Horay	Cusub
Cabitaanka Shiidan	Saddex dhalo oo min 46 oz ah	Hal dhalo oo 64 oz ah
Caanaha	24 qt	16 qt
Seeriyaal	36 oz	36 oz
Jiista	1 lb	Waxba
Ukunta	2 darsin	2 darsin
Miraha iyo Khudaarta	\$52	\$52
Raashinka Baalka leh	16 oz	48 oz
Kalluunka (qasacadaysan)	30 oz	20 oz
Digirta	Dooro 2: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska	Dooro 2: Digirta (la qalajiyay ama qasacadaysan) ama subaga lowska

Faahfaahinta
✓ \$3 ku dooro miro, khudaar, iyo dhir badalka biyaha shiidan
✓ Ku darso yoogat badan
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✓ Raashinka baalka leh oo badan + xulashooyin
✓ libso kalluunka qasacadaysan
✓ Xulashooyin cabbir oo badan oo loogu talagalay subaga lowska