

COWLITZ FAMILY HEALTH CENTER

PROFILE 2024

Cowlitz Family Health Center (CFHC) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funding supports a variety of services, including FDA– approved birth control, STI/HIV testing, breast and pelvic exams, Pap smears and other cancer screenings, pregnancy testing and counseling, achieving pregnancy, and pre-pregnancy health. CFHC works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Cowlitz, Pacific, and Wahkiakum Counties.

In 2023, CFHC served 990 clients during 1,497 clinic visits, representing a 0.6% increase in clients and a 4% increase in clinic visits from 2023. Across the state, an estimated 75% of female clients of reproductive age served in 2024 were on some form of contraceptive method, resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

CFHC served 990 clients in 2024

	2024		2023	
	Count	% of total	Count	% of total
Total	990	100%	984	100%
Male	16	3%	21	2%
Female	974	98%	963	98%
Females of reproductive age (15-44)	908	93%	904	94%
Hispanic	195	21%	201	22%
Non Hispanic:				
American Indian/Alaskan Native	13	1%	12	1%
Asian	13	1%	15	2%
Black or African American	17	2%	12	1%
Native Hawaiian or Other Pacific Islander	11	1%	**	**%
White	632	70%	633	70%
More than one race	27	3%	22	2%
Primary Contraception Method of Reproductive Age (15-44) Female Clients	908	100%	904	100%
No method*	230	25%	174	19%
Female Sterilization	0	0%	**	**%
Progestin-Only Pills (POPs)	53	6%	0	0%
Combined Hormonals	192	21%	230	25%
LARC	198	22%	210	23%
Barriers	44	5%	75	8%
Emergency Contraception (EC)	**	**%	0	0%
Hormonal Injection	125	14%	138	15%

* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

Primary Contraception Method of Male Clients	113	100%	21	100%
Male Condom	**	**%	**	**%
Vasectomy	**	**%	**	**%

Sexual & reproductive health services provided by CFHC prevented an estimated* 210 unintended pregnancies and 0 abortions, and saved over \$1 million in health care costs in 2024 alone.

CFHC's sexual and reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and prevention against certain cancers, like breast and cervical cancer. Most notably, in 2024 the agency's services prevented an estimated 210 unintended pregnancies, 100 unplanned births, and 70 abortions resulting in net savings of over \$1 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by CFHC sexual& reproductive health services, 2024

Unintended pregnancies	210
Unplanned births	100
Abortions	70
Miscarriages following unintended pregnancies prevented	40
Maternal & birth-related gross costs saved from contraceptive services	\$1,387,650
Miscarriage & ectopic pregnancy gross costs saved	\$44,080
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$4,670
Gross costs saved from Pap and HPV testing & vaccinations	\$190
Total gross savings	\$1,436,590
Total family planning costs	\$335,030
Total net savings	\$1,101,560

**Estimates are based on Washington State sexual & reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*****Data unavailable because number is too low.***

Data sources: (1) Washington State Clinic Visit Record data 2023, 2024; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/12/2025.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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