

Mt. Baker Planned Parenthood Profile 2024

WASHINGTON STATE SEXUAL & REPRODUCTIVE HEALTH NETWORK

Mt. Baker Planned Parenthood (MBPP) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funding supports a variety of services, including FDA– approved birth control, STI/HIV testing, breast and pelvic exams, Pap smears and other cancer screenings, pregnancy testing and counseling, achieving pregnancy, and pre-pregnancy health. MBPP works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in San Juan, Skagit, and Whatcom Counties.

In 2024, MBPP served 8,458 clients during 12,172 clinic visits, representing a 15% increase in clients and a 4% increase in clinic visits since 2023. Across the state, an estimated 86% of female clients of reproductive age served in 2024 were on some form of contraceptive method, resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

MBPP served 8,458 clients in 2024

	2024		2023	
	Count	% of total	Count	% of total
Total	8,458	100%	7,930	100%
Male	1,278	15%	990	13%
Female	7,180	85%	6,940	87%
Females of reproductive age (15-44)	6,832	81%	6,609	83%
Hispanic	1,819	27%	1,267	19%
Non Hispanic:				
American Indian/Alaskan Native	102	1%	111	2%
Asian	168	2%	190	3%
Black or African American	133	2%	124	2%
Native Hawaiian or Other Pacific Islander	34	>1%	34	>1%
White	4,003	59%	4,225	64%
More than one race	573	8%	657	10%
Primary Contraception Method of Reproductive Age (15-44) Female Clients	6,832	100%	6,609	100%
No method*	946	14%	921	14%
Female Sterilization	**	**%	**	**%
Progesterone-Only Pills (POPs)	198	3%	0	0%
Combined Hormonals	1,443	21%	1,750	26%
IUD/Implant	1,990	29%	1,746	26%
Barriers	1,114	16%	940	14%
Emergency Contraception (EC)	118	2%	0	10%
Hormonal Injection	708	10%	681	10%

* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

Primary Contraception Method of Male Clients	1,278	100%	990	100%
Male Condom	822	64%	646	5%
Vasectomy	**	**%	**	**%



930-140

Title: Washington
State Family Sexual
& Reproductive Health Net-

Sexual & reproductive health services provided by MBPP prevented an estimated* 1,540 unintended pregnancies and 520 abortions, and saved over \$8M in health care costs in 2024 alone.

MBPP's family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and prevention of certain cancers, like breast and cervical cancer. Most notably, in 2024 the agency's services prevented an estimated 1,540 unintended pregnancies, 730 unplanned births, and 520 abortions resulting in net savings of over \$8 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by MBPP family planning services, 2024

Unintended pregnancies	1,540
Unplanned births	730
Abortions	520
Miscarriages following unintended pregnancies prevented	290
Maternal & birth-related gross costs saved from contraceptive services	\$10,230,690
Miscarriage & ectopic pregnancy gross costs saved	\$325,010
Chlamydia infections	100
Gonorrhea infections	20
HIV Infections	**
Gross costs saved from STI testing	\$144,990
Gross costs saved from Pap and HPV testing & vaccinations	\$6,890
Total gross savings	\$10,707,570
Total family planning costs	\$2,470,070
Total net savings	\$8,237,500

**Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

**** Unable to report due to small numbers**

Data sources: (1) Washington State Clinic Visit Record data 2023, 2024; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/12/2025.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

SEXUAL & REPRODUCTIVE HEALTH PROGRAM
SRHP@DOH.WA.GOV