PENINSULA COMMUNITY HEALTH SERVICES

Peninsula Community Health Services receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funding supports a variety of services, including FDA—approved birth control, STI/HIV testing, breast and pelvic exams, Pap smears and other cancer screenings, pregnancy testing and counseling, achieving pregnancy, and pre-pregnancy health. Peninsula works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Kitsap and Mason Counties.

In 2024, Peninsula served 1,163 clients during 1,307 clinic visits, representing a 32% decrease in client load and a 32% decrease in clinic visits from 2023. Across the state. an estimated 68% of female clients of reproductive age served in 2024 were on some form of contraceptive method, resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

Peninsula Community Health Services served 1,163 clients in 2024

	2024		2023	
	Count	% of total	Count	% of total
Total	1,163	100%	1,720	100%
Male	157	13%	441	26%
Female	1,006	87%	1,279	74%
Females of reproductive age (15-44)	946	81%	1,219	71%
Hispanic	188	20%	233	19%
Non Hispanic:				
American Indian/Alaskan Native	18	2%	20	2%
Asian	40	4%	64	5%
Black or African American	41	4%	36	3%
Native Hawaiian or Other Pacific Islander	12	1%	18	1%
White	570	60%	757	62%
More than one race	72	8%	91	7%
Primary Contraception Method of Reproductive Age (15-44) Female Clients	946	100%	1,219	100%
No method*	300	32%	265	22%
Female Sterilization	0	0%	0	0%
Progesterone-Only Pills (POPs)	17	2%	0	0%
Combined Hormonals	186	20%	279	23%
IUD/Implant	211	22%	275	23%
Barriers	89	9%	130	11%
Emergency Contraception (EC)	**	**%	0	0%
Hormonal Injection	58	6%	77	6%



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^{*} No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

Primary Contraception Method of Male Clients	157	100%	441	100%
Male Condom	50	32%	89	20%
Vasectomy	0	0%	0	0%

NETWORK

Sexual & reproductive health services provided by Peninsula Community Health Services prevented an estimated* 220 unintended pregnancies and 70 abortions, and saved over \$1.1M in health care costs in 2024 alone.

Peninsula's sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and prevention of certain cancers, like breast and cervical cancer. Most notably, in 2024 the agency's services prevented an estimated 220 unintended pregnancies, 100 unplanned births, and 70 abortions resulting in net savings of more than \$1.1 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions avert-

Estimate of unwanted outcomes and health expenditures prevented by Peninsula sexual and reproductive health services, 2024

Unintended pregnancies	220
Unplanned births	100
Abortions	70
Miscarriages following unintended pregnancies prevented	40
Maternal & birth-related gross costs saved from contraceptive services	\$1,433,240
Miscarriage & ectopic pregnancy gross costs saved	\$45,530
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$5,280
Gross costs saved from Pap and HPV testing & vaccinations	\$1,470
Total gross savings	\$1,485,510
Total family planning costs	\$346,040
Total net savings	\$1,139,480

^{*}Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/>.)

Data sources: (1) Washington State Clinic Visit Record data 2023, 2024; (2) Guttmacher Institute Data Center. Estimates retrieved from https://data.guttmacher.org/calculator on 03/12/2025.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

SEXUAL & REPRODUCTIVE HEALTH PROGRAM SRHP@DOH.WA.GOV

^{**} Unable to report due to small numbers