

New Food Rule Checklist – Infant Food Prescriptions

1. **Provide Education About Food Changes** (refer to *New Food Packages Sample Conversation*)
2. **Update ALL Current and Future Food Prescriptions** (see *Child and Adult Food Prescriptions* to update the **12 to 23 Months** prescription).

| Steps | Procedure | Handout |
|--|---|--|
| Check the 6 to 11 Months Food Prescription | <ol style="list-style-type: none"> 1. Does the Quantity of Infant Cereal match the Category Max Quantity? <ol style="list-style-type: none"> a. Yes – Don’t need to update food prescription. b. No – Update food prescription. Follow steps below. | |
| Current Food Prescriptions (Infant is > 6 months ; start date is BEFORE TODAY) | 1. Add a new prescription with today’s date. | |
| | 2. Update Formula Quantity (if needed). | |
| | 3. Ask substitution options: \$11 CVB or \$22 CVB. | <i>WIC Substitutions – Infants 6 Through 11 Months</i> |
| | 4. Advise on quantity changes: Cereal, F/V, Meats. | <i>Your New WIC Foods</i> |
| | 5. Once all food prescriptions are updated, click Save. | |
| Future Food Prescriptions (Infant is ≤ 6 months ; start date is TODAY or AFTER TODAY) | <ol style="list-style-type: none"> 1. Update Quantities to match Max Quantity for: <ol style="list-style-type: none"> a. Infant Cereal b. Infant Fruits & Vegetables (if needed) c. Infant Meats (if needed) 2. Update Formula Quantity (if needed). | |
| | 3. Ask substitution options: \$11 CVB or \$22 CVB. | <i>WIC Substitutions – Infants 6 Through 11 Months</i> |
| | 4. Advise on quantity changes: Cereal, F/V, Meats. | <i>Your New WIC Foods</i> |
| | 5. Once all food prescriptions are updated, click Save. | |
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| Issue Food Instruments | <ol style="list-style-type: none"> 1. REVIEW the family’s benefits carefully and Issue Benefits. 2. Remind families to REVIEW THEIR FOOD BENEFITS BEFORE GOING TO THE STORE. | |

