

New Food Rule Checklist – Infant Food Prescriptions

1. **Provide Education About Food Changes** (refer to *New Food Packages Sample Conversation*)
2. **Update ALL Current and Future Food Prescriptions** (see *Child and Adult Food Prescriptions* to update the **12 to 23 Months** prescription).

Steps	Procedure	Handout
Check the 6 to 11 Months Food Prescription	<ol style="list-style-type: none"> Does the Quantity of Infant Cereal match the Category Max Quantity? <ol style="list-style-type: none"> Yes – Don't need to update food prescription. No – Update food prescription. Follow steps below. 	
Current Food Prescriptions (Infant is > 6 months ; start date is BEFORE TODAY)	1. Add a new prescription with today's date.	
	2. Update Formula Quantity (if needed).	
	3. Ask substitution options: \$11 CVB or \$22 CVB.	<i>WIC Substitutions – Infants 6 Through 11 Months</i>
	4. Advise on quantity changes: Cereal, F/V, Meats.	<i>Your New WIC Foods</i>
	5. Once all food prescriptions are updated, click Save.	
Future Food Prescriptions (Infant is ≤ 6 months ; start date is TODAY or AFTER TODAY)	<ol style="list-style-type: none"> Update Quantities to match Max Quantity for: <ol style="list-style-type: none"> Infant Cereal Infant Fruits & Vegetables (if needed) Infant Meats (if needed) Update Formula Quantity (if needed). 	
	3. Ask substitution options: \$11 CVB or \$22 CVB.	<i>WIC Substitutions – Infants 6 Through 11 Months</i>
	4. Advise on quantity changes: Cereal, F/V, Meats.	<i>Your New WIC Foods</i>
	5. Once all food prescriptions are updated, click Save.	
Issue Food Instruments	<ol style="list-style-type: none"> REVIEW the family's benefits carefully and Issue Benefits. Remind families to REVIEW THEIR FOOD BENEFITS BEFORE GOING TO THE STORE. 	