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Athletic Training Advisory Committee Meeting Minutes

April 28, 2025

Department of Health, 111 Israel Rd SE, Tumwater, WA 98501

Members Present: Kasandra Hildenbrand, Athletic Trainer, Chairperson; Craig Bennett, Athletic Trainer, Vice-Chairperson; Kenneth Ahlstrom, Athletic Trainer; Courtney Peart, Athletic Trainer; Kirk Westre, Public Member

Staff Present: Allyson McIver, Program Manager; Jennifer Santiago, Executive Director; Madissen Schatz, Assistant Program Manager; Na'Taya Harris, Administrative Assistant; Haylie Kang, Policy Analyst; Marianne Richter, Policy Analyst; Marie Carp, Assistant Attorney General; Brandis Brandt, Credentialing Supervisor.

Public Attendees Present: Charles Liggett, Athletic Trainer; Jason Hand, Athletic Trainer with MultiCare; Shannon Flemming, Board of Certification for Athletic Trainers.

1. Call to Order

Chairperson Hildenbrand called the public meeting to order at 9:04 AM, welcoming participants and officially starting the business meeting.

1.1 Introduction

Ms. McIver initiated the introductions for committee members and staff members. The introduction concluded with her acknowledgment of all attendees.

1.2 Approval of Agenda

Chairperson Hildenbrand called for approval of the agenda. The motion to approve the agenda was made by Vice-chairperson Bennet and seconded by Ms. Peart. The committee unanimously approved the agenda.

1.3 Approval of December 16, 2024 Meeting Minutes

Chairperson Hildenbrand invited the board to approve the December 16, 2024 meeting minutes. The motion to approve the December 16, 2024 meeting minutes was made by Vice-chairperson Bennet and seconded by Ms. Peart. The committee unanimously approved the minutes.

1.4 Public Comment

Ms. Hildenbrand opened the public comment period. Ms. McIver invited the public to speak or share comments with the committee. Ms. Flemming with the Board of Certification shared that the language for the AT compact is now available for the public to review. There were no further comments made; Chairperson Hildenbrand closed the open forum.

2. Annual OPMA Refresher

The committee received a presentation from Marie Carp on the Open Public Meetings Act (OPMA).

3. Licensure Requirements and Applicants Licensed in Other States, rulemaking update

Ms. McIver shared updates regarding the 1724 rules project and reviewed the next steps and implementation timeframes. Once the rules hearing is held, there will be a decision to either continue with the rules as written or to reevaluate and adjust the rules. If the rules were to go into effect the effective date would be listed as December 2025 to allow HELMS to be ready for the application updates that will be necessary to implement the changes.

4. Epinephrine Administration to Students

Ms. McIver provided an update on a recent discussion regarding athletic trainers administering epinephrine to students without a prescription on file with their school. She reviewed legislation activities that applied to the discussion, noting that no legislation passed that would allow athletic trainers to administer an epi-pen to a student in the school setting without a prescription on file. Ms. McIver opened the discussion to the committee and invited questions.

5. Updating the FAQ Webpage

Ms. McIver shared a draft FAQ webpage update including the FAQ regarding myofascial decompression and discussed the next steps. She proposed a few updates on the FAQ regarding health equity continuing education requirements and the details regarding purchasing, storing, and administering medications. Chairperson Hildenbrand suggested that the FAQ webpage reflects the recent updates on the discussion of administering epinephrine autoinjectors in schools and to add a question and answer regarding the required suicide prevention training. The committee requested to include a Q&A regarding athletic trainers and supervising physician requirements.

6. HELMS updates

Ms. McIver updated the committee on the HELMS implementation timelines, communications, and training. Chairperson Hildenbrand asked if there was going to be

someone tracking invalid emails, to avoid undeliverable emails or missed emails by the licensee. Ms. Santiago shared that the applicant will be encouraged to check their contact information is correct and up to date to avoid this issue, as well as there will be a mailed copy if there is no email address on file. Program staff will follow up with the committee as we learn more about the email process and how that will be communicated to licensees.

7. 2025 Legislative Session

Ms. McIver shared updates on bills relevant to the profession and impacting department work. She shared two bills that were introduced but died throughout the legislative process. One bill draft addressed potentially closing the gap on Epinephrine autoinjectors in school settings when the student does not have a prescription on file by expanding the role of the “designated school personnel”, however the language was removed before the bill was introduced. The second bill was regarding hospitals receiving funding if they shared their Athletic Trainers with their local School District. This bill did not pass through the session.

8. Program Report

8.1 Credentialing Statistics

Ms. McIver reported on credentialing process improvements. As of April 17, 2025 there are about 29 pending applications, there is an average of 7 athletic trainer applications received per month. There was a total of 63 applications received between July 1, 2024 through March 31, 2025. There is a total of 882 active athletic training licenses currently. She reviewed the top 5 counties within Washington for the athletic training population. Chairperson Hildenbrand requested that the department provide credential counts broken down by the three WSATA regions, instead of by county.

8.2 Operating Budget

This report reflects the timeframe for July 1, 2023 through February 28, 2025. The starting fund balance was \$411,320.00 and the ending balance was \$350,154.00. HELMS expenses, which are assessed against each profession, are reflected in the report. The estimated revenue is slightly below the estimated revenue. She also shared updates about the budget freeze and informed the committee that we will be meeting virtually for the September 2025 meeting.

8.3 Disciplinary Statistics

Ms. McIver presented the disciplinary report from July 1, 2024 to March 31, 2025. She discussed that there was a total of seven complaints, out of those seven complaints five of them were investigated. One of the seven complaints was about failure to maintain records or provide medical, financial, and other required

information. Three were due to practicing beyond the scope of practice for an Athletic Trainer, the other three were for unlicensed practice.

8.4 Committee Recruitment Updates

Ms. McIver shared that the committee is fully staffed, she did not have any further updates regarding staffing. Credentialing has been fully integrated into OHP, and she shared what that looks like for the committee.

8.5 BOC Updates

Ms. McIver provided updates regarding the first draft of the compact model legislation being introduced. Legislation may be introduced in the 2026 legislative session. Development has been launched through the Council for State Governments National Center for interstate compacts in partnership with the Department of Defense and the BOC. They have created a task force to draft the language, the draft will be released to the jurisdictions once it has been developed. States will have to pass legislation in order to join the compact. Once enough states have passed legislation and agreed to join the compact then it can be implemented.

9. Adjournment

Chairperson Hildenbrand adjourned the meeting at 10:33 a.m.

Washington State Athletic Training Advisory Committee

On File

Kasee Hildenbrand, Chairperson

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