

Observation Checklist for HemoCue Testing

Procedure	Completed			Notes	
	Infant	Infant	Child	Child	
Wash hands and put on gloves.	1	2	1	2	
Check equipment and collect supplies:					
 Turn on HemoCue Supplies include cuvettes, alcohol prep pad, small and large lancets, gauze, bandage, biohazard sharps container 					
Help the participant get comfortable – swaddling infants can reduce movement, warm hands					
Select puncture site:					
 Infants who haven't started walking: Lateral side of the big toe or heel Children and adults: Lateral side of 					
the middle or ring finger					
Clean the puncture site with alcohol pad and allow to air dry.					
Puncture the lateral side of the fingertip (child/adult) or big toe/heel (infant):					
Small lancet for infants and childrenLarge lancet for adults					
Wipe away the first 2 drops of blood with gauze.					
Gently squeeze finger to form a hanging drop of blood. Avoid milking the finger.					
Fill the cuvette in one continuous motion—avoid bubbles or underfilling.					
Wipe off any excess blood from the cuvette's outside surface.					
Insert the filled cuvette into HemoCue immediately.					



Observation Checklist for HemoCue Testing

Procedure	Completed			Notes	
	Infant 1	Infant 2	Child 1	Child 2	
Wait for the result to display (15–60 seconds).					
 Apply pressure with gauze. Cover with a bandage if adult or child. Do not put bandage on infant due to potential choking hazard. If parent insists, give bandage to parent to put on infant. 					
 Must dispose of materials as follows: Waste such as alcohol pads, gauze, gloves, and bandages in regular trash. Used lancet, cuvette in a sharps container. Blood-soaked waste in a biohazard bag. 					
Wipe down area with disinfectant wipes or solution.					
Remove gloves and wash hands.					
Document results in Cascades.					

Observer Guidance for Providing Positive and Constructive Feedback

- How did that go for you?
- What do you think went well? What might you do differently next time?
- Acknowledge and affirm strengths and tasks observed.
- Would it be okay if I shared some feedback? Share feedback to support continued skill building.

Add trainee name, sign and date to document completion of HemoCue observations. Keep on file.

Trainee Name:	Date: Click or tap to enter a date.
Trainer Name:	



Observation Checklist for HemoCue Testing



This institution is an equal opportunity provider.

Washington WIC doesn't discriminate.

To request this document in another format, call 1-800-841-1410.

Deaf or hard of hearing customers, please call 711 (Washington Relay) or email WIC@doh.wa.gov.



