

Perinatal Mental Health Access and Capacity Building - Request for Applications

Summary of Grant

This grant opportunity will support up to six organizations to improve access to perinatal mental health services to build sustainable, mental health support systems for all, with a focus on communities most affected by maternal mental health conditions like depression, anxiety, post-traumatic stress disorder, or other mood disorders.

Funding will prioritize:

- Provider workforce development
- Medicaid access expansion
- Care coordination

RFA Information

Estimated Funding: Up to \$30,000 per year (dependent on availability of federal funds)

Expected Number of Awards: Up to six

Funding Period: Three years, December 2025 – September 2028

Eligible Applicants: Any organization serving Washington families including mental health organizations, non-profits, universities, academic institutions, local health jurisdictions, community health centers, hospitals and health systems, coalitions and collaborative networks, Tribes and Indigenous health organizations.

We're seeking organizations that:

- Have proven experience support pregnant and postpartum women
- Use trusted, community-valued approaches
- Show potential for sustainable, long-term impact

For more information about the RFA and links to the application templates, visit the [WSPC Website](#).

Applications Due:

Submit applications to waperinatalcollaborative@doh.wa.gov by October 24th, 2025, 11:59 p.m. PST.

September 2025

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

RFA Coordinator
Talia Horacek

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Direct all communication about this RFA to the RFA coordinator listed above. Use "Perinatal Mental Health RFA" in your subject line.