



STATE OF WASHINGTON
DEPARTMENT OF HEALTH
PO Box 47890 | Olympia, Washington 98504-7890
Tel: 360-236-4030 | 711 Washington State Relay

September 22, 2025

Re: Collaborative- Maternal Mental Health Funding Opportunity

Greetings Honorable Tribal Leaders, Partners, and Professionals:

In accordance with chapter [43.376 RCW](#), the [Washington State Centennial Accord of 1989](#), and [DOH Consultation and Collaboration Procedure](#), we are writing to invite Tribes, Urban Indian Organizations, and Recognized American Indian Organizations to apply for up to \$30,000 to improve access to perinatal mental health services.

Funding for this opportunity comes from CDC funding ([ERASE MM](#) and [Perinatal Quality Collaborative](#) grants). The request for applications (RFA) are available on the [Washington State Perinatal Collaborative website](#). Applications are due Friday, October 24, 2025, 11:59 p.m. PST.

Meeting Type	Date and Time	Meeting Information
Drop-in Office Hours	Monday, October 6 th , 2025, 10:00-11:00 a.m.	Zoom Information
Drop-in Office Hours	Friday, October 17 th , 2025, 12:00-1:00 p.m.	Zoom Information

For additional information, please contact Talia Horacek, Perinatal Collaborative Coordinator, at waperinatalcollaborative@doh.wa.gov or Candice Wilson, Executive Director, Office of Tribal Public Health and Relations (OTPHR), at candice.wilson@doh.wa.gov or 360-819-7626.

Respectfully,

Michele Roberts MPH, MCHES

Assistant Secretary, Division of Prevention and Community Health

cc: Dennis E. Worsham, Secretary of Health, WA-DOH
Jessica Todorovich, Interim Secretary of Health, WA-DOH
Kristin Peterson, Chief, Office of Policy, Planning & Evaluation, WA-DOH
Candice Wilson–Quatz'tenaut (Lummi), Executive Director, OTPHR, WA-DOH
Lacy Fehrenbach - Chief of Prevention, Safety and Health – WA-DOH
Katie Eilers - Office of Family and Community Health Improvement Director – WA-DOH
Caroline Sedano - Perinatal Unit Manager – WA-DOH

Perinatal Mental Health Access and Capacity Building - Request for Applications

Summary of Grant

This grant opportunity will support up to six organizations to improve access to perinatal mental health services to build sustainable, mental health support systems for all, with a focus on communities most affected by maternal mental health conditions like depression, anxiety, post-traumatic stress disorder, or other mood disorders.

Funding will prioritize:

- Provider workforce development
- Medicaid access expansion
- Care coordination

RFA Information

Estimated Funding: Up to \$30,000 per year (dependent on availability of federal funds)

Expected Number of Awards: Up to six

Funding Period: Three years, December 2025 – September 2028

Eligible Applicants: Any organization serving Washington families including mental health organizations, non-profits, universities, academic institutions, local health jurisdictions, community health centers, hospitals and health systems, coalitions and collaborative networks, Tribes and Indigenous health organizations.

We're seeking organizations that:

- Have proven experience support pregnant and postpartum women
- Use trusted, community-valued approaches
- Show potential for sustainable, long-term impact

For more information about the RFA and links to the application templates, visit the [WSPC Website](#).

Applications Due:

Submit applications to waperinatalcollaborative@doh.wa.gov by October 24th, 2025, 11:59 p.m. PST.

September 2025

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

RFA Coordinator
Talia Horacek

waperinatalcollaborative@doh.wa.gov

Direct all communication about this RFA to the RFA coordinator listed above. Use "Perinatal Mental Health RFA" in your subject line.