

STANDARD PRECAUTIONS



Visitors check in with staff before entering.
If you have questions, go to the Nurses Station.

PRIOR TO ENTERING:

EVERYONE MUST:



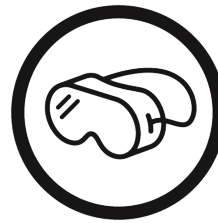
Wash or Gel hands.

Cover mouth and nose with arm, sleeve, or tissue when coughing or sneezing.

OTHER REQUIREMENTS:



Wear gown and gloves if contact with secretions is likely.



Wear mask and eye protection if splashing or spraying of secretions is likely.

Sign to be removed by Environmental Services after precaution discontinuation and room cleaned.



Washington State
Hospital Association

DOH 420-682 CS October 2025

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

Display outside door. At patient discharge, remove sign AFTER room is terminally cleaned.

STANDARD PRECAUTIONS

RESTRICTED VISITATION DEPENDING ON CONDITION:

Staff should provide visitors with appropriate education and PPE per facility policy.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

Steps below are reflective for all PPE, gather only PPE as anticipated or needed per Standard Precautions.

Putting on PPE (Donning)

1. Perform hand hygiene.
2. Put on an isolation gown, secure ties/straps.
3. Put on respirator or face mask, ensure appropriate and well fitting.
4. Put on a face shield or goggles.
5. Put on gloves.

Taking off PPE (Doffing)

1. While in the patient's room, remove gloves without contaminating hands.
2. Remove gown - Untie/unsnap ties, break ties if applicable for disposable gowns. Remove by grabbing one shoulder at a time to remove each arm, continue to pull gown down and away from the body. Roll gown as it is removed and place in the proper receptacle. You may now exit the room.
3. Upon exit, perform hand hygiene (use soap & water if visibly soiled, encountered stool, or were in Contact Enteric Precautions).
4. Remove face shield/goggles - avoid touching the front of eye protection that may be contaminated.
5. Remove and properly handle respirator/face mask - avoid touching the front that may be contaminated and dispose or decontaminate as appropriate.
6. Repeat hand hygiene.

STANDARD PRECAUTIONS ARE USED FOR ALL PATIENT CARE

Based on a risk assessment and making use of common sense practices and personal protective equipment use that protect healthcare providers from infection and prevent the spread of infection from patient to patient

PATIENT PLACEMENT

- Ensure appropriate patient placement and isolation indicated per facility policy

SAFE INJECTION PRACTICE

- Healthcare providers should never reuse a needle or syringe on more than one patient. Providers must discard both needles and syringes once used.

DISHES & UTENSILS

- No special precautions. Kitchenware sanitized in dishwasher.

LINEN & WASTE MANAGEMENT

- Bag linen in patient's room. Avoid excessive handling and do not shake linen. For biohazard waste, follow Category B Medical Waste guidelines.

ROOM CLEANING

- Follow facility policy for disinfection and curtain change requirements.

EQUIPMENT & SUPPLIES

- Only essential equipment and supplies in room.
- Use dedicated or disposable equipment when available.
- Clean and disinfect reusable equipment/patient's room per facility policy.
- Ensure blood pressure cuff and stethoscope are cleaned and disinfected between patients.

TRANSPORT

- Notify receiving unit, medical transport, or facility regarding the patients status.
- Patient should clean hands
- Clean and disinfect transport vehicle per routine protocol



DOH 420-682 CS October 2025

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.

Discontinue isolation per Facility Policy. Sign to be removed by Environmental Services after precaution discontinuation and room cleaned.