

Jadwalka Tallaalka looga baahan yahay Xannaanada Ilmaha



Tilmaamaha: Si aad u aragto nooca tallaalada loogu baahan yahay daryeelka carruurta, raadi da'da ilmahaada waxaadna ka fiirisaa safka dhexda socda ee ku aadan da'da ilmahaaga si aad u hesho tallaalada iyo tallaalayinka loo baahan yahay. Carruurta waa inay buuxiyaan wakhtiyada ugu yar ee udhexeeyo tallaalada iyo da'da si ay u buuxiyaan shuruudaha. La hadal adeeg bixiyahaaga daryeelka caafimaadka ama bixiyaha daryeelka carruurta haddii aad wax su'aalo ah qabto.

	Tallaalka Cagaarshowga B	Tallaalka DTaP (Diphtheria, Tetanus, Pertussis)	Tallaalka nooca 2-aad ee Haemophilus influenzae (Hib)	Tallaalka Dabeysaha	Tallaalka Isku-xidhka Pneumococcal	Tallaalka MMR (Jadeecada, Qaamo-qashiirta, iyo Jadeeco Jarmalka)	Tallaalka Busbuska (Busbus)
	Hepatitis B	DTaP	Hib	Polio	PCV	MMR	Varicella
3 Bilood jir ah	2 tallaal	1 tallaal	1 tallaal	1 tallaal	1 tallaal	Caadi ahaan mala siiyo kahor da'da 12 billood	Caadi ahaan mala siiyo kahor da'da 12 billood
5 Bilood jir ah	2 tallaal	2 tallaal	2 tallaal	2 tallaal	2 tallaal		
7 Bilood jir ah	2 tallaal	3 tallaal	2-3 tallaal**	2 tallaal	3 tallaal		
16 Bilood jir ah	2 tallaal	3 tallaal	3-4 tallaal**	2 tallaal	4 tallaal**	1 tallaal	1 tallaal
19 Bilood jir ah	3 tallaal	4 tallaal	3-4 tallaal**	3 tallaal	4 tallaal**	1 tallaal	1 tallaal
Carruurta 7 jir ah, ama carruurta 4 jir iyo ka weyn bilaabaya dugsiga	3 tallaal	5 tallaal**	Caadi ahaan mala siiyo ilmaha jiro 5 sano iyo kasii weyn	4 tallaal**	Caadi ahaan mala siiyo ilmaha jiro 5 sano iyo kasii weyn	2 tallaal	2 tallaal

*Carruurta dhiganeyso iskuulka xanaanada carruurta illaa fasalka 12aad waa inay buuxiyaan shuruudaha tallaalka fasalkooda ee iskuulka.

**Kuurooyinka tallaalka waxaa laga yaabaa in la aqbali karo wax kayar kuwa la liisgareeyey iyadoo loo eegaayo marka la siiyey.

Shaxda looga baahan yahay iskuulka xanaanada carruurta illaa fasalka 12aad iyo ilaha dheeraadka ah ee tallaalada waxaa laga heli karaa halkaan:

<https://doh.wa.gov/vaxtoschool>

Ka hel macluumaad ku saabsan tallaalada kale ee muhiimka ah ee aanan looga baahnayn imaanshaha daryeelka carruurta halkaan:

<https://www.immunize.org/official-guidance/cdc/rec-schedules/> .

Si aad dukumiintigaan ugu heshid qaab kale, wac 1-800-525-0127. Haddii aad tahay macaamiil dhagool ah ama aad maqal culus tahay, fadlan wac 711 (Washington Relay) ama iimayl udir doh.information@doh.wa.gov.

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