

Preventing Overdose in Pregnancy and Postpartum

A Regional Priority



Accidental overdose is a leading cause of pregnancy-related deaths in Washington and Oregon. Naloxone is safe to use during pregnancy and is effective at reversing an overdose.

In response to this urgent need, the [Oregon Perinatal Collaborative \(OPC\)](#) and the [Washington State Hospital Association](#), as part of the Washington State Perinatal Collaborative (WSPC), are working to help pregnant or postpartum people across the region. This work also strengthens respectful, harm reduction-informed care practices.



What's happening now

- Oregon and Washington are conducting initiatives with **obstetric departments** to help birthing hospitals increase access to naloxone.
- Efforts focus on **naloxone in-hand distribution at hospital discharge**.

If you have questions or would like to be involved

Oregon: Email Ana Sassano at asassano@comagine.org

Washington: Email Jenica Sandall at jenicass@wsha.org



Perinatal substance use disorder resources for obstetric departments

- [OPC Perinatal Substance Use Disorders](#)
- [Centers of Excellence for Perinatal Substance Use](#)



3456_PCH_Naloxone Initiative Promo_Flyer_020226 (CS)

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email doh.information@doh.wa.gov.