



Washington State Board of Massage  
Business Meeting Minutes  
January 30, 2026 | 9:00 a.m.

---

On January 30, 2026, the Board of Massage held a hybrid business meeting at the Department of Health, 111 Israel Road SE, Tumwater, WA 98501, Town Center 2, Room 166 with access via Zoom. In accordance with the Open Public Meetings Act, notices were published on the DOH website and through GovDelivery.

**Board Members**

Whitney Smith, LMT, Chair  
Esther Sanders, LMT, Vice Chair  
Francisca Rath, LMT  
Sarah Strohmeyer, LMT  
Dominic Buckley, LMT  
Shari Aldrich, LMT, Massage Educator

**Staff Present**

James Chaney, Executive Director  
Sabine Meuse, Program Manager  
Jonathan Chamrad, Program Support  
Alyssa Gehrig, Administrative Assistant  
Evan Shigaya, Policy Analyst  
Kevin Taylor, Case Manager  
Jennifer Foster-Hinman, Case Manager  
Kevin Goo, Staff Attorney  
Shelly Buchanan, Supervising Staff Attorney  
Kristopher Holiday, Director, Office of Health Professions  
Kristi Knieps, Assistant Attorney General

**Guests**

Alixia Lei  
Amy Twigg  
Annika Samuelsen  
Becky West  
Chelsea DeSouza  
Christina Lus  
Christina M  
Daniel Steinmetz  
Elizabeth Piglowski  
Essie Hicks  
Heather Sorensen

Lima Decosta  
Julie Fischer  
Julie Onofrio  
Karen James  
Katherine Taromina  
Lisa Taylor  
Lynna Fuller  
Margaret Summers  
Maryann Brathwaite  
Marybeth Berney  
Michelle Rockwell

Parnisia Thomas  
Patty Glenn  
Paulette Schraps  
Renee Jackman  
Robbin Blake  
Sabrina Dimock  
Sean Miller  
Sherry Duan  
Sylvia Liu  
Tina Heyer

## **Open Session – 9:00 A.M.**

### **1. Call to Order – Whitney Smith, LMT, Vice Chair - Discussion/Action**

The board meeting was called to order by Whitney Smith, LMT, Chair, at 9:00 am, on January 30, 2026.

#### 1.1. Introductions.

The board, staff and guests were introduced. Ms. Smith read the meeting ground rules.

#### 1.2. Approval of the January 30, 2026, proposed agenda.

**MOTION:** A motion was made to amend the January 30, 2026, proposed agenda to add an agenda item number 10 to change the April 30, 2026, retreat date. The motion was seconded and passed.

**MOTION:** A motion was made to approve the amended January 30, 2026, proposed agenda. The motion was seconded and passed.

#### 1.3 Approval of the November 7, 2025, business meeting minutes.

**MOTION:** A motion was made to approve the November 7, 2025, business meeting minutes. The motion was seconded and passed.

### **2. Public Forum**

Members of the public who indicated an interest in speaking provided comments to the board.

- Amy Twigg, LMT, introduced Washington Massage Education Alliance, (WMEA).
- Patty Glenn, Federation of State Massage Therapy Boards (FSMTB), requested an opportunity to present at a future meeting regarding a massage therapist licensee compact.

### **3. (Executive Session) Conversation with Assistant Attorney General – Whitney Smith, LMT, Chair - Discussion**

Board members had a conversation with the Assistant Attorney General.

### **4. School Program Reviews – Whitney Smith, LMT, Chair - Discussion/Action**

4.1. Reviewing board members presented school program approval requests for full board consideration.

- Port Townsend School of Massage 669hr-Weekday TRNG.TG.61178570-MASS.  
The RBMs recommended approving the Port Townsend School of Massage 669hr-Weekday TRNG.TG.61178570-MASS.

**MOTION:** A motion was made to approve the Port Townsend School of Massage 669hr-Weekday TRNG.TG.61178570-MASS. The motion was seconded and passed.

- Spectrum Center School of Massage 880 Hour TRNG.TG.61209582-MASS.  
The RBMs recommended approving Spectrum Center School of Massage 880 Hour TRNG.TG.61209582-MASS.

**MOTION:** A motion was made to approve Spectrum Center School of Massage 880 Hour TRNG.TG.61209582-MASS. The motion was seconded and passed.

- NW Academy for the Healing Arts – Tacoma 644 Hour TRNG.TG.60722781-MASS.  
The RBMs recommended approving NW Academy for the Healing Arts – Tacoma 644 Hour TRNG.TG.60722781-MASS.

**MOTION:** A motion was made to send approve NW Academy for the Healing Arts – Tacoma 644 Hour TRNG.TG.60722781-MASS. The motion was seconded and passed.

- NW Academy for the Healing Arts – Bellingham 644 Hour - TRNG.TG.61207669-MASS.  
The RBMs recommended to approve NW Academy for the Healing Arts – Bellingham 644 Hour - TRNG.TG.61207669-MASS.

**MOTION:** A motion was made to approve NW Academy for the Healing Arts – Bellingham 644 Hour - TRNG.TG.61207669-MASS. The motion was seconded and passed.

- NW Academy for the Healing Arts – Seattle 644 Hour - TRNG.TG.61207690-MASS.  
The RBMs recommended to approve NW Academy for the Healing Arts – Seattle 644 Hour - TRNG.TG.61207690-MASS.

**MOTION:** A motion was made to approve NW Academy for the Healing Arts – Seattle 644 Hour - TRNG.TG.61207690-MASS. The motion was seconded and passed.

- Seattle Institute of East Asian Medicine NEW – 690 Hour Program.

The RBMs recommended approval pending Workforce Training Board certification for Seattle Institute of East Asian Medicine NEW – 690 Hour Program.

**MOTION:** A motion was made to approve pending Workforce Training Board certification for Seattle Institute of East Asian Medicine NEW – 690 Hour Program. The motion was seconded and passed.

- Sage Academy of Massage & Bodyworks TRNG.TG.61376337-MASS. The RBMs recommended approve Sage Academy of Massage & Bodyworks TRNG.TG.61376337-MASS.

**MOTION:** A motion was made to send approve Sage Academy of Massage & Bodyworks TRNG.TG.61376337-MASS. The motion was seconded and passed.

- Dynamic Integrative Bodyworks School NEW – 625 Hour Program. The RBM's recommended approval pending Workforce Training Board certification for Dynamic Integrative Bodyworks School NEW – 625 HOUR Program.

**MOTION:** A motion was made to approve pending Workforce Training Board certification for Dynamics Integrative Bodyworks School NEW – 625 Hour Program. The motion was seconded and passed.

- Studio B – Apprenticeship Program. The RBM's recommended to table the voting on Studio B – Apprenticeship Program pending further discussion surrounding apprenticeship programs.

**MOTION:** A motion was made to table the voting on Studio B – Apprenticeship Program. The motion was seconded and Passed.

## 5. Apprenticeship Program Application – Discussion

Board members tabled this discussion until the board retreat which will be scheduled at a later date.

## 6. Rules Workshop: [WAC 246-830-035](#), Licensing by endorsement – Discussion/Action

The board discussed the language amendments to WAC 246-830-035, Licensing by endorsement.

6.1. Public Comment - Members of the public were given the opportunity to address the committee members on this agenda item.

- Robbin Blake, WSMTA, commented about suggested edits to the rule language.

**MOTION:** A motion was made to move this agenda item to the next board meeting. The motion was seconded and passed.

**7. Rules Workshop: [WAC 246-830-560](#) and [WAC 246-830-557](#)- Coverage and Draping for Perineal Massage – Esther Sanders, Vice Chair – Discussion**

7.1 Board members discussed proposed updates for WAC 246-830-560 to support the work of WAC 246-830-557.

**MOTION:** A motion was made to open rules and amend WAC 246-830-560. The motion was seconded and passed.

**8. Program Report – Program Staff**

Massage Professions Program staff reported on the following topics:

- 8.1. Recruitment Update.
- 8.2. Budget.
- 8.3. Credential Counts.
- 8.4. Disciplinary Counts.
- 8.5. [2023-25 Uniform Disciplinary Act Report](#)
- 8.6. Future Agenda Items.

**9. 2026 FSMTB Human Trafficking Summit – Briefing**

Summit attendees shared information learned and insight from January 9, 2026, Summit.

**10. Rescheduling Board of Massage Retreat – Discussion/Action**

The board discussed moving the April 30, 2026, Board of Massage Retreat to a different date.

**MOTION:** A motion was made to move the Board of Massage Retreat from April 30 – May 1, 2026, to July 16 – July 17, 2026. The motion was seconded and passed.

**11. Adjournment of Public Meeting – Whitney Smith, LMT, Chair**

**MOTION:** A motion was made to adjourn the business meeting at 10:52 am on Friday, January 30, 2026. The motion was seconded and passed.

**Next Business Meeting**

Date: Friday, March 13, 2026

Time: 9:00 a.m.

Location: Labor and Industries

7273 Linderson Way SW, Room - S119

Tumwater, WA 98501

Respectfully submitted,  
Sabine Meuse, Program Manager

NOTE: Please visit the web site for future agendas and minutes - [www.doh.wa.gov](http://www.doh.wa.gov). Go to licensing and certification and you will find a list of the health care professions, go to massage therapist for agendas and minutes.