

POLICY AND PROCEDURE

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| DISTRIBUTION: ED, Nursing Administration, Administration | | | |
| SUBJECT: EMERGENCY CONTRACEPTION & PATIENT EDUCATION | | APPROVED BY: <u>Alexandrea Liebrecht RN/NSM</u> <small>Alexandrea Liebrecht RN/NSM (Feb 7, 2025 10:15 PST)</small> DEPARTMENT MANAGER <u>Rosalinda Kibby</u> <small>Rosalinda Kibby (Feb 18, 2025 16:19 PST)</small> ADMINISTRATION | |

POLICY:

The purpose of emergency contraception (Plan B) is to prevent pregnancy following a sexual assault. By Washington State Law, every hospital providing emergency care for sexual assault patients must:

1. Provide information about emergency contraception
2. Inform each patient of her option to be provided with this medication, and
3. If not medically contraindicated provide emergency contraception immediately
4. Standing order for plan B per ED Medical Director if ED Provider has reservations/personal conflict with prescribing Plan B to patients.

PROCEDURE:

1. Obtain a urine pregnancy test on all females 10 to 55 years of age, except if hysterectomy or tubal ligation. Proceed only if test is negative.

Offer emergency contraception when:

- a. Assault occurred within 5 days prior to presentation, and
 - b. Patient is at risk for pregnancy, and
 - c. Patient is not using a highly reliable method of contraception
 - d. Patient feels any pregnancy conceived in the last five days would be undesirable to continue, and
 - e. Pregnancy test is negative
2. Provide both verbal and written education regarding Plan B to the patient. (see attachment)
 3. Obtain informed consent. Have the patient or patient’s legal guardian sign consent.
 4. Inform the patient that her menstrual period should begin within the next 2-3 weeks. She should see her Primary Care Physician and/or Family Planning for a pregnancy test and exam, if no menstruation within 3 weeks after treatment.
 5. Give both Plan B pills in the Emergency Department (ED). Mild nausea may occur, but is uncommon.

1600-027 Emergency Contraception and Patient Education

Final Audit Report

2025-02-19

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