

# UW Medicine Pain Consult

**1-844-520-PAIN (7246)**



Clinical advice for healthcare providers caring for patients with complex pain medication regimens, particularly high dose opioids

**By UW Medicine pain management pharmacists and physicians**  
**From Monday through Friday 8:30 AM – 4:30 PM, excluding holidays**

## Consultations

- Interpretation of WA Prescription Monitoring Program record to provide guidance to primary care providers on dosing
- Individualized opioid taper plans
- Systematic management of withdrawal syndrome
- Evaluation and recommendation for non-opioid/adjuvant analgesic treatment
- Consultation regarding triage and risk screening
- Resource for support of evaluation of Substance Use Disorder  
Washington Recovery Help Line 1-866-789-1511
- Provision of education/review Center for Disease Control (CDC) opioid guidelines: <https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>
- Individualize case consultation for client care and medication management
- Provide resources for local pain clinics for patient referrals:  
<http://www.doh.wa.gov/Emergencies/PainClinicClosures/PainClinicAvailability>
- UW TelePain Services: Available Wednesdays from 12:00-1:30 pm  
<http://depts.washington.edu/anesth/care/pain/telepain>

***We are NOT able to take over prescribing of opioid or other medications; it is the PCP's responsibility to prescribe as appropriate. Pain pharmacists are consultants to help guide providers, therefore not liable for any information provided. This phone consultation is NOT intended to replace consultation by a pain specialist provider in accordance with WAC 246-853-670 and constitute a patient-provider relationship.***