

## Teej ñan COVID-19

Washington State Department of Health (DOH, Department in Ājmour) ej jerbal wōt ñan kadiklōk an COVID-19 ajeedeed. Juon wāween e aorōk ilo amim kōmman men in ej teej armej kōn COVID-19.

### Wōn e maroñ bōk teej kōn COVID-19?

Jabdewōt armej me ej lōmṇak bwe e maroñ wor an kakōlle kōn COVID-19 en teej. DOH ej ba emman teej:

- Jabdewōt armej me ewor an kakōlle, jekdqon jidik wōt, kōn COVID-19 (pokpok, piba ak piō, kajjinōk ak e pen menono, metak ānbwin, metak bar, metak bōro, ak ej kab jakołok an edjoñ im ātbwin).
- Armej me raar epaak ñan nañinmej eo, āinwōt ro raar pād ippān juon eo im ewor an COVID-19, ak ro raar pād ijo elōn armej raar bōk nañinmej eo.
- Epaake armej ej ñe juon ej epaak jān 6 ne (2 mita) iumwin 15 minit ak lāplōk ñan juon armej me ewor an COVID-19. [Kwōn kōmman ta elaññe kwar epaak ñan juon armej me ewor an COVID-19.](#)

### Kakōlle ko aō re dik wōt. Ij aikuj teej kōn COVID-19 ke?

- Aet, kwōn teej jekdqon elaññe edik kakōlle ko am.
- Elaññe ewor am piba, pokpok, ak kakōlle ko jet emōj kōnono kake ilōn, emman bwe kwōn watōke āinwōt e maroñ COVID-19 im wanmaanlōk im teej. Elaññe kwōj aikuj pād iturin armej [emman kwōn kōnak juon mej.](#) Kwōn kōjparok ro jet kōn am pād wōt mweo imōm.
- Elaññe kwōj lōmṇak ewor am COVID-19, kwōn call taktō eo am bwe kwōn kōnono kōn elāññe kwōn bōk teej kōn COVID-19 ak elāññe kakōlle ko am rej bar juon kain nañinmej.
- Elaññe ejjelōk am taktō, kwōn etal ñan juon urgent care clinic epaake eok. Elaññe ejjelōk am insurance in taktō, kwōn kōnono ippān jikin taktō eo ilo jukjuk in pād ñe am.

### I maroñ bōk ia juon teej kōn COVID-19?

Ewor teej ilo elōn jikin ilo Washington. Taktō eo am e maroñ jipañ eok kōmman appointment ñan teej eo, ak kwōn kōnono ippān [jikin taktō ilo jukjuk in pād ne am](#) (kajin Pālle wōt). Kwōn call mokta jān am etal bwe kumi eo e maroñ kappojak mokta jān am tōpar ijo im kōmman jet men ñan kōjparok ro jet. Jouj im kōnak juon mej ñe kwōj etal.

### Ewi toōn bwe en wałok result ko?

Ej ekkar ñan teej rot rej lewōj im ewi lab eo im rej jilkinlōk men eo am ñan e. E maroñ wor result ilo 10 wōt minit ak e maroñ bōk jet raan kōnke elāp an poub jet lab. Mae iien ewor result, kwōn pād wōt mweo imōm im ettolōk jān armej ro jet kōnke bölen kwō nañinmej.

## **Ta melelein juon result positive?**

Ñe result eo ej positive, melelein bwe ewor ak ej kab wor COVID-19 ippān armej eo. Elaññe rej ba bwe kwō COVID-19 ak rej lōmṇak e maroñ wor am COVID-19, kwōn kōmman men kein ñan bōbrae an ajeeded im ñan kōjparok jukjuk in pād ñe am: [Kwōn kōmman ta elaññe ewor ak rej lōmṇak e maroñ wor am nañinmej in coronavirus \(COVID-19\) \(PDF\)](#).

## **Ta melelein juon result negative?**

Ñe result eo ej negative, e maroñ melelein bwe armej eo ear jab nañinmej ilo iien eo ke raar teej e. Bōtab, juon result negative e jab melelein ejjełok COVID-19. E maroñ bōk ɬalem raan ālikin an juon armej pād epaak ñan nañinmej eo bwe en alikkar ilo men jān bōtōm ilo teej eo. Melelein, bōlen kwō nañinmej, ak e ban alikkar ilo teej iumwin jet raan.

## **Ta in juon teej kōn COVID-19?**

Juon teej kōn COVID-19 ej āinwōt teej kōn flu. Juon armej jān jikin taktō ej kadełoñ juon swab ilo bōtōm. Innām rej āte men eo ilo nien im jilkinłok e ñan juon jikin teej ilo state in. E maroñ bōk 4 lōk ñan 48 awa ilo aer jilkinłok kōnke jet jikin repaak im jet rettołok.

## **Jete oñean teej eo?**

Elaññe rej teej eok kōnke ewor am kakölle ak kwar epaak ñan juon armej me ewor an COVID-19, enaaj ejjełok oñean jekdqon ewor am insurance ke jab. Insurance Commissioner ilo state in ej ba bwe ro rej insure ren jab charge co-pay im kōllā ko jet kōn teej eo kōn COVID-19.

Elaññe ejjełok am insurance in taktō, kwōn kōnono ippān Health Plan Finder Support Center (Jikin Kapok Insurance in Taktō) ilo [Washington Health Benefit Exchange \(Jikin Kapok Jipañ Kōn Ājmour ilo Washington\)](#) bwe kwōn lale elaññe kwō maroñ bōke im ejjełok oñean (Apple Health, būrookraam eo an Medicaid ilo Washington) ak elaññe kwō maroñ wia insurance in taktō ñe ekkar. Nōmba in telephone ej 855-923-4633.

## **Ia eo I maroñ bōk melele ko re ɬap lōk?**

Elaññe ewor am kajjitōk kōn result in COVID-19 teej, kwōn kōnono ippān taktō eo am.

Elaññe kwō kōnaan bar jet melele kōn COVID-19, kwōn etal ñan state [Department of Health's COVID-19 webpage](#).