

Puas yog kab mob COVID-19 los sis Tshuaj Tiv Thaiv Kab Mob Ua Rau Fab Tshuaj?

Cov Yam Ntxwv Mob COVID-19

TSIS tshwm sim vim los ntawm tshuaj tiv thaiv kab mob:

Hnoos

Txog siav heev

Los ntswg

Mob qa

Tsis qab los noj los sis tsis hnov ntxhiab tsw

Yog tias koj muaj cov yam ntxwv mob saum toj no thiab koj xav tias tsam koj lam muaj mob COVID-19, mus nug kws tshuaj thov lus qhia. Tej zaum koj yuav tau ua kev kuaj kab mob COVID-19.

Cov Kev Fab Tshuaj Tiv Thaiv Kab Mob

uas YOG sib thooj nrog Cov yam ntxwv mob COVID-19:

Ua npaws

Nkees-nkees

Mob leeg

Zawv plab

Xeev siab

Mob tob hau

Cov kev fab tshuaj tiv thaiv kab mob tsim nyog ploj mus nyob rau ib los sis ob hnub. Yog koj hnov mob heev, ua zoo xav mus cuag kws tshuaj.

Cov Kev Fab Tshuaj Tiv Thaiv Kab Mobs

TSIS tshwm sim muaj Mob COVID-19:

Mob, liab, los sis o ntawm lub qhov nkaug koob

Yog tias ib ntawm cov kev fab tshuaj no ua rau koj ua tsis tau cov hauj lwm li ib txwm ua lawm (kev khi hlua khau, kev ntaus ntawv, thiab lwm yam), mus nug kws tshuaj thov lus qhia.

Tshuaj Tiv Thaiv Kab Mob COVID-19 **tsis ua rau** mob kab mob COVID-19.

Tshuaj Tiv Thaiv Kab Mob COVID-19 **tsis ua rau** mus kuaj PCR muaj kab mob COVID-19.

Yog tias koj nyuam qhuav mus kuaj pom tias muaj kab mob COVID-19, ua raws li lus qhia txog kev cais tus kheej tawm ntawm: **COVIDvaccineWA.org**

Kab mob COVID-19 tau kis mus thooj hauv Washington. Vim tias tshuaj tiv thaiv kab mob tseem tsis tau ua hauj lwm tau zoo txaus kom txog li ntawm **2** vij tom qab koj txhaj koob tshuaj zaum kawg, nws muaj feem uas koj tseem kis tau kab mob COVID-19 yog tias koj nphav tau ua ntej lub sij hawm ntawd, tab txawm tias koj tau txhaj ib koob los sis ob koob tshuaj lawm. Yog tias koj hnov tsis xis nyob tom qab txhaj koob tshuaj tiv thaiv kab mob, lub kem ntawv no pab koj saib tau seb puas yog koj fab tshuaj tiv thaiv kab mob xwb los sis yog koj muaj feem kis tau kab mob COVID-19 lawm.

Cov lus qhia raws ncuav rau cov tib neeg tab tom tau txais tshuaj tiv thaiv kab mob: Yog tias koj ua npaws (kub tshaj li 100.5 degrees Fahrenheit) nyob rau 72 teev ntawm kev tau txais qhov tshuaj tiv thaiv kab mob, kom nyob tsev. Yog tias koj qhov ua npaws ploj mus lawm nyob rau 48 teev, thiab koj tsis muaj tsos mob/yam ntxwv mob ntawm kab mob COVID-19 lawm, tej zaum koj yuav rov mus ua hauj lwm tau. Yog tias koj tseem ua npaws tom qab 48 teev los sis koj muaj lwm cov tsos mob tej zaum koj yuav kis tau kab mob COVID-19 lawm, koj tsim nyog nyob tsev txuas mus ntxiv thiab mus kuaj kab mob COVID-19.



DOH 820-124 April 2021 Hmong (White)

Xav thov cov ntaub ntawv no sau ua lwm tus qauv ntawv, hu rau 1-800-525-0127. Lag ntseg los sis tsis hnov lus zoo cov tub lag luam thov hu rau 711 (Washington Relay) los sis sau email rau civil.rights@doh.wa.gov.