

# Is it COVID-19 or a Vaccine Reaction?

## COVID-19 Symptoms

that DO NOT occur because of vaccination:

**Cough**

**Shortness of breath**

**Runny nose**

**Sore throat**

**Loss of taste or smell**

If you have the above symptoms and you think you may have COVID-19, seek medical advice. You may need testing for COVID-19.

## Vaccine Reactions

that ARE similar to COVID-19 symptoms:

**Fever/Chills**

**Fatigue**

**Muscle aches**

**Diarrhea**

**Nausea**

**Headache**

Vaccine reactions should go away in a few days. If you feel very sick, consider seeking medical advice.

## Vaccine Reactions

that DO NOT occur with COVID-19 illness:

**Soreness, redness, or swelling at injection site**

If one of these reactions prevents you from doing normal activities (tying shoes, typing, etc.), seek medical advice.

The COVID-19 vaccine **does not** cause COVID-19.

The COVID-19 vaccine **does not** cause a positive COVID-19 PCR test.

If you just tested positive for COVID-19, follow isolation guidance at:

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>

The spread of COVID-19 is still occurring across Washington. It is still possible to contract COVID-19 after you have been vaccinated, even if you are up to date on your COVID-19 vaccinations. If you don't feel well in the days following your vaccine, this chart helps you figure out if you are having a reaction to the vaccine or if you might have COVID-19.

**General instructions for people receiving the vaccine:** If you have a fever (temperature of more than 100.5 degrees Fahrenheit) within 72 hours of receiving the vaccine, stay home. If your fever is gone within 48 hours, and you do not have other signs/symptoms of COVID-19, you may return to work. If you still have a fever after 48 hours, or you have other symptoms that might be COVID-19 infection, you should continue to stay home and get tested for COVID-19.



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