

Ta eo kwōn kōmmāne ñe kwar epāake armij eo ewōr an COVID-19

Kakadru in Oktak ko ilo Eprōl20, 2022

- Oktak ko rej epāake lak tōl eo ikijen itotak an Centers for Disease Control and Prevention (CDC, Opiij in Bōbrae Nañinmej) im Department of Health (DOH, Rā eo an Ejmour) kein jermal eo ej lale jenolok im māke lak iam.

Kakadru in Oktak ko ilo Jānwōde 26, 2022

- Tōl ko rekāal ñan māke lak iam rej juōn wōt ibben [CDC Tōl ko ñan Jenolok im Māke Lak Iam](#) ñan lōbwilej.
- Tōl ko rekāal ñan māke lak iam ilo [jikin ko elap ibben doon.](#)

Kōmelele ko Imantata

Ñe emōj am epāake COVID-19, ak lōmnak emōj am epāake, kwōmāroñ jibāñ kabōjrak an ajeded nañinmej eo ñan ro jet ilo mweo imōm im jukjuk in bed eo am. Jouj im loore tōl kein ilal. Jouj im kaelmenlōkjān kōn tōl ko relaplak ñan jikin ko kajojo ijin:

- Rijikuul im rijermal ro ilo mōn jikuul ko jen kilāāj K-12 rej aikuuj in loore [aikuuj ko ñan K-12](#).
- Armej ro rej bed wōt ak jermal ilo mōn tatkō ko rej aikuuj in loore tōl ko jen CDC [Tōl ko ekadu kitien ñan Jibāñ Rijermal ro ewōr aer nañinmej in SARS-CoV-2 ak rej Epāake SARS-CoV-2 ilo Mōn Taktō ko \(Kajin Palle wōt\) im Rōjañ ko ekadu kitien ñan Bōbrae Nañinmej an CDC ñan Rijermal ro ilo Mōn Taktō ko ilo ien eo ej ajeded nañinmej in Coronavirus \(COVID-19\) ilo 2019](#)(Kajin Palle wōt).
- Elañe kwōj jermal ak bed wōt ilo mōn kalibuu nan ritto ak jōdikdik, jikin jokwe ñan ro ejjelok jikier, ak jikin jokwe ejjab aitok bed ie, jouj im loore tōl ko iumwin [Melele ko ñan armej ro rej bed wōt ak jermal ilo jikin ko elap ibben doon.](#)

Mōn ejmour ko itūrim remāroñ karōke pepe ko emantata, ekkar ñan wāwein ko āinwōt drebij an ajeded nañinmej eo im bōk jet buñtōn ñan bōbrae nañinmej, ñan kadriklak ak kalaplak rōjañ kein.

Ikar epāake juōn armij eo ekar alikkar teej eo aer ñan COVID-19 ak ijjab nañinmej. Ta eo ij aikuuj in kōmmāne?

[Kwōjjab](#) aikuuj in māke lak iam elañe:

- [Emōj am bōk](#) wā ko ñan COVID-19, koba ibben wā in kakujur ko im wā ko kajojo, ekkar nan yiiō im jekjek in ejmour eo am.

- Elañe kwar kadedelok wā ko jinoin im kwōjjab māroñ in bōk wā in kakujur eo, kwōj aikuuj in kar bōk wā eo eliktata jen wā ko jinoin tarin 2 wiik mōkta jen am kar epāāke armij eo ewōr an COVID-19 ñan am jab aikuuj in māke lak iam.
- Ekar alikkar teej eo am ñan COVID-19 kōn juōn [teej in viral](#) iumwin raan ko 90 mokta im kwar mour lak.

Jōkdron kwōjjab aikuuj in māke lak iam, kwōj aikuuj in loore buñtōn kein:

- Bōk teej in COVID-19 tarin 5 raan elikin am kar epāāke armej eo ewōr an COVID-19. Elañe alikkar teej eo am, loore tōl eo ilo [Ta eo kwōn kōmmāne ñe alikkar teej eo am ñan COVID-19 \(wa.gov\)](#).
 - Elañe ekar alikkar teej eo am ñan COVID-19 kōn juōn [teej in viral](#) iumwin raan ko 90 mokta im kwar mour lak, kōjberbal juōn teej in antigen (ejjab juōn teej in PCR) ñan am teej tarin 5 raan elikin am kar epāāke armej eo ewōr an COVID-19.
- Ekōnak juōn [māāj eo emman joñan](#) itūrin ro jet ilo mweo imōm im ilōbwilej iumwin 10 raan elikin am kar epāāke armej eo ewōr an COVID-19; wōnmaanlak im ekōnak māāj jōkdron ejjab alikkar teej eo am ñan COVID-19 ilo raan 5.
- Wajje kakōlle ko iumwin 10 raan elikin am kar epāāke armej eo ewōr an COVID-19.
- Ñe ewōr kakōlle ej jino walok, [bōk teej eo](#) im loore buñtōn ko iumwin [lkar epāāke juōn armij ekar alikkar teej eo aer ñan COVID-19 im kiō ij nañinmej. Ta eo ij aikuuj in kōmmāne?](#)

Māke lak iam ilo [mweo imōm](#) elañe:

- Kwar jab bōk wā ko ak ejañin dedelak am bōk wā ko jinoin ñan COVID-19; AK
- Emōj [am bōk](#) wā ko ñan COVID-19, koba ibben wā in kakujur ko im wā ko kajojo, ekkar nan yiiō im jekjek in ejmour eo am.

Koba ibben am māke lak iam ilo mweo imōm:

- Bōk teej in COVID-19 kōn juōn [teej eo elap](#) tarin 5 raan elikin am kar epāāke armej eo ewōr an COVID-19. Elañe alikkar teej eo am, loore tōl eo ilo [Ta eo kwōn kōmmāne ñe alikkar teej eo am ñan COVID-19 \(wa.gov\)](#).
- Lale kakōlle ko iumwin 10 raan elikin am kar epāāke armej eo ewōr an nañinmej.
 - Ñe ewōr am [kakōlle ko an COVID-19](#): jenolok, [bōk teej eo](#), im loore buñtōn ko iumwin [lkar epāāke juōn armij ekar alikkar teej eo aer ñan COVID-19 im kiō ij nañinmej. Ta eo ij aikuuj in kōmmāne?](#)

Ewi to in am māke lam iam?

Ñe [kwōmāroñ](#) ekōnak juōn māāj emman joñan tūrin ro jet ilo mweo imōm im ilōbwilej:

Ñe [kwōmāroñ](#) ekōnak juōn [māāj emman joñan](#), kwōj aikuuj in māke lak iam iumwin **5 raan** elikin am epāāke armej eo ewōr an COVID-19, im wōnmaanlok wōt im ekōnak māāj itūrin ro jet ilo mweo imōm im ilōbwilej tarin **bar 5 raan** (ñan raan 10). Ien eo kwōj māke lak iam, ekōnak juōn māāj emman joñan tūrin ro jet ilo mweo imōm, ñe kwōmāroñ. Melelein am ekōnak māāj ien otemjej ej ñe kwōj ekōnak māāj eo emman

joñan itürin ro jet ilowaan ak nabwōj in mweo imōm im kwōjjab emakitkit itürin ro jet ak ien eo kwōjjab māroñ in ekōnak māāj, āinwōt ien kiki, mōñā, ak tutu. Jab kōjberbal māāj ko jet oktak (waanjoñak., māāj būlajtiik ibben nuknuk kein kalibubu) ilo bar raan ko 5 kwōj ekōnak māāj.

- Elañe ejjab alikkar teej eo am ak kwōjjab māroñ in teej tarin 5 raan elikin am kar epāāke armej eo ewōr an COVID-19, kwōmāroñ etal jen am māke lak iam mae ien eo ejjelok am kakōlle ak wōnmaanlak im ekōnak māāj eo emman joñan itürin ro jet ilo mweo imōm im ilōbwilej ñan raan 10.
- Lale [ltotak | CDC](#) ñan melele ko ikijen itotak.
- Kwōn jab itotak ñan ijoko kwōjjab māroñ in ekōnak māāj, āinwōt jikin mōñā im jejo jikin kaddipenpen, im jab mōñā itürin ro jet ilo mweo imōm im jikin jberbal mae 10 raan elikin am kar epāāke armej eo ewōr an COVID-19.
- Ñe kwōmāroñ, kattolak eok jen ro jet, elaptata armej ro rej [pād ilo kauwōtata elap](#) ñan aer nañinmej jen COVID-19, im bar ro jet nabwōj in mweo imōm ilo likio in raan ko 10 elikin am kar epāāke armej eo ewōr an COVID-19.
- Ilo tarin raan ko 10 kwar epāāke armej eo ewōr an COVID-19, kattolak eok jen armej ro rej [uwōta eimour ko aer ak elap aer kauwatata ñan nañinmej eo elap](#), im jab jibadeke mōn taktō ko (koba jikin rinañinmej) im jikin ko jet rej bed ilo kauwōtata elap.
- Armej ro rej jberbal ilo jikin ko eobrak kōn armej im rejjab māroñ in kattolak er kōn ke jberbal eo aer ejjab kōtlak er (waanjoñak., jikin kakkwōn mweik, jikin kōmman mweik, im jikin pākij mōñā im jālele) rej aijuik in māke lak iaer (kattolak er māke) jen jberbal 10 raan elikin aer kar epāāke armej eo ewōr an COVID-19, bōtab remāroñ loor tōl ko rekadulak ikijen aer māke lak iaer ilo mweo mweir ilōñ ñe remāroñ ekōnak juōn [māāj emman joñan](#).
- Armej ro rej jokwe ilo moko rejjab aitok kitien an mōn rijberbal rej aikuuj in māke lak iaer iumwin 10 raan elikin aer kar epāāke armej eo ewōr an COVID-19.
- Armej ro rej bed wōt ak jberbal ilo jikin tiima (waanjoñak., tiima ñan aintok mōñā in lojet, tiima ñan ekkotak mweik, tiima ñan an armej lemōnōnō im kakkije) rej aikuuj in māke lak iaer iumwin 10 raan elikin aer kar epāāke armej eo ewōr an COVID-19. Lale [tōl ko an CDC](#) (Kajin Pälle wōt) ñan melele ko ikijen jberbal ilo am māke lak iam ilo jikin kein kajojo.

Ñe [kwōjjab māroñ](#) ekōnak juōn māāj emman joñan türin ro jet ilo mweo imōm im ilōbwilej:

Ñe kwōjjab māroñ in ekōnak juōn [māāj emman joñan](#), kwōn māke lak iam ilo mweo imōm iumwin **10 raan** elikin am kar epāāke armej eo ewōr an COVID-19. Lale [ltotak | CDC](#) ñan melele ko ikijen itotak.

Melele ko ñan armej ro rej bed wōt ak jberbal ilo jikin ko elap ibben doon:

Armej ro rej bed wōt ak jberbal ilo mōn kalibuu, jikin kalibuu ñan jōdikdik, jikin jokwe ñan ro ejjelok jikier, im jikin jokwe ko ejjab aitok bed ie rej aikuuj in māke lak iar jōkdron ñe ededelok aer bōke wā ko jinoin ak wā in kakajur ko ak rekar mour lak jen aer bōk nañinmej in COVID-19 ilo raan ko 90 mokta.

- Armej ro rej bed ilo jikin kein rej aikuuj in māke lak iaer iumwin 10 raan elikin aer kar epāāke armej eo ewōr an COVID-19, im rej aikuuj in bōk teej eo tarin 5 raan elikin aer kar epāāke armej eo ewōr an COVID-19.
- Armej ro rej jermal ak rejjab jokwe ilo jikin kein rej aikuuj in jab jibadeke jikin jermal ko aer ilo 10 raan elikin aer kar epāāke armej eo ewōr an COVID-19, bōtab remāroñ loor tōl ko ikijen aer māke lak iar ilo mweo mweir iloñ ekkar ñe remāroñ ak rejjab māroñ ekōnak juōn [māāj emman joñan](#).

Ilo ien ko eiet rijermal, mōn kalibuu, jikin kalibuu ñan jodikdik, jikin jokwe ñan ro ejjelok jikier, im jikin jokwe ko ejjab aitok bed ie remāroñ kadiklak ien ñan an rijermal ro aer māke lak iaer bwe en wōnmaanlok jermal ko. Pepe ko ñan kadiklak ien eo ñan am māke lak iam ilo jikin kein rej aikuuj in melim ibben jikin ejmour ko tūrim.

Ewi wawein eo ao kar epāāke COVID-19?

Baerōj eo ej kōmmāne COVID-19 ej ajeded jen men dikdik ko ilo mejatoto, ñan aer koba men dikdik ko remāroñ ajeded ilo am epaake armej eo enañinmej, waanjoñak, ilo am bed 6 ñe jen e, im bar men dikdik ko rej bed wōt ilo mejatoto im remāroñ ajeded ilo joñan ko aitoklak, āinwōt ilo ilowaan em ko ejjab duōj im deloñ mejatoto. Armej ro ewōr aer COVID-19 remāroñ in ajeded nañinmej eo ñan armij ro jet jino jen ruo raan elikin aer bōke kakōlle ko (ak 2 raan mokta jen raan eo ekar alikkar teej eo aer ñe ejjelok aer kakōlle) lak ñan raan 10 elikin aer bōk kakōlle ko (ak 10 raan elikin raan eo alikkar teej eo aer ñe ejjelok aer kakōlle). Ñe juōn armij ej aitok an jenolok kōn wōt nañinmej in COVID-19 iumin 10 raan, ebidodo aer kapopo ilo tūrin jemlōkin ien jenolok eo aer.

Elañe armej eo ewōr an COVID-19 ej jenolok iumwin 5 raan koba ibben 5 raan ko ej ekōnak māāj aolep ien otemjej nabwōjin aer jenolok kōn ke kakōlle ko aer rej emmanlak ak jako ilo raan 5, armej ro rekar epāāke rinañinmej eo ilo raan ko 6-10 rejjab epāāke nañinmej eo ñe rinañinmej eo ekar ekōnak juōn [māāj emman joñan](#). Ñe rinañinmej eo ejjab ekōnak māāj eo emman joñan, armej ro rekar epāāke rinañinmej eo ilo raan ko 6-10 rej epāāke nañinmej eo.

Epāāke nañinmej eo ej melelein emōj am bed iumwin 6 ñe jān juōn armij ewōr an COVID-19 iumwin tarin 15 minit ak laplak ilo aitok in 24-awa. Jet armij rej bōke COVID-19 ilo aer jab jellā ke rekar epāāke nañinmej in. Ñe juōn armej eo ewōr an COVID-19 ej ba ñan jikin ejmour ke emōj aer epāāke eok, kwōmāroñ roñ jen [jikin ejmour eo ñan am bōk konaam ilo kajjitōk ko aer](#).

Ewi wāwein aō jellā eo to in aō māke lak iaō?

Raan eo kwar epāāke armej eo ewōr an COVID-19 ilo ien eo ej kapopo ej raan 0. Raan 1 ej likio in raan eo elikin am kar epāāke armej eo ewōr an COVID-19.

Lale DOH [Joñan len Jenolok im Māke lak iam](#) kein jermal eo ñan jibāñ.

Ta eo kwōn kōmmāne ilo am māke lak iam

- **Lale wōt kakōlle ko.** Kajju ñan mōn tatkō ñe e jino nana lak kakōlle ko am. Ñe ewōr am jorāān ikijen ejmour im kwōj aikuuj in kūrlok 911, ba ñan rijermal ro ke ewōr am kakōlle in COVID-19. Ñe kwōmāroñ, ekōnak juōn kein kalibubuki mejām mokta jen an jede waj jermal ko an mōn taktō eo.

- **Kattolak eok jen ro jet**, kobba ibben uwaan baamle eo am im menin mour ko nejim, ñe kwōmāroñ. Bed ilo juōn ruum māke lak iam im kōjērbal jikin kappojak eo ejenolok, elañe kwōmāroñ. Ñe kwōj aikuij in lale uwaan baamle eo am ak menin mour eo nejim, ekōnak kein kalibubuki mejām im kwōl peim mokta im elikin am bed ippeir. Ewōr melele ko relaplak kōn [COVID-19 im menin mour ko](#) ilo jikin eo anlain edāpijek ije.
- **Ekōnak juōn [māāj emman joñan](#)** ñe kwōj bed tūrin ro jet im mokta jen am dreloñ ilo opij ko an mōn ejmour. Ñe kwōjjab māroñ in ekōnak māāj eo emman joñan, armij ro ilo mweo imōm rejjab aikuj bed ilo ruum eo kwōj bed ie; rej aikuj ekōnak māāj eo emman joñan ak kein menono ñe renij dreloñ ilo ruum eo am.
- **Bōk buñtōn ko ñan [kōkamanmane mejatoto ilo mweo imōm](#)**, ñe kwōmāroñ.
- **Jab jakelok men ko mweium ibben jābdewōt armej**, ekoba kenno ko, kein idāāk ko, kab ko, kein mōñā ko, tool ko, ak kein bitoñ ibben armej ak menin mour ko ilo mweo imōm.

Bōk kwōnaam ilokajitōk ko an mōn ejmour

Ñe juōn armej ewōr an COVID-19 ej ba ñan mōn ejmour eo ke emōj aer epāāke eok, kwōmāroñ roñ jen mōn ejmour eo ilo aer jeje ak kūrlok eok ilo telebon. Juon rikajitōk enij jibāñ eok melele ta eo kwōn kōmmāne im ta jibāñ ko rej bellok. Rikajitōk eo eban ba waj wōn eo ekar lelak etam.

Ikar epāāke juōn armij ekar alikkar teej eo aer ñan COVID-19 im kiō inañinmej. Ta eo ij aikuij in kōmmāne?

Ñe kwar epāāke COVID-19 im bōke [kakōlle ko](#) (jōkdron ñe redrik), kwōj aikuij in bed wōt ilo mweo imōm im kattolak eok jen ro jet im teej ñan COVID-19 kōn juōn [teej in viral](#), jōkdron ñe emōj am wā ak ejjab. Kūrlok jikin taktō eo am ñan am bōk juōn teej. Ba ñan er ke kwar epāāke juōn armij ewōr an COVID-19 im kio kwōj nañinmej.

- Ñe ejjab alikkar teej eo am kōn juōn teej in antigen, taktō eo am emāroñ rōjañ eok bwe kwōn bōk juōn teej ej kamool nañinmej eo.
- Ñe kwōj kōjērbale juōn [teej eo kwōj kōmmāne māke iam](#) , (Kajin Pālle wōt), loore kamelele ko ñan am kōjērbale teej in.

Ekōnak juōn [māāj emman joñan](#) ñe kwōnij bed tūrin bar jet armej ilowaan ak nabwōj in mweo imōm. Armej ro jet nabwōjin uwaan baamle eo am rej aikuij in ekōnak juōn māāj ak kein menono elañe kwōj bed itūrier. Ñe kakōlle ko am rej nana lak ak ewōr kakōlle ko rekaal ippām, kōnaan ippen juōn jikin taktō.

Ñe armej eo ejjelok an rijibāñ jen mōn ejmour: Elōñ jikin teej ko ejjelok ak edik wōneen teej, jōkdron aelōñ ak kien eo rej tok jen e. Lale [Kajitōk ko Rekutkut ikijen Teej jen Department of Health](#) ak kūrlok [Lain in Kūrlok an Aelōñ in WA ñan ebbōk Melele in COVID-19](#).

Elañe kwar epāāke armej eo ewōr an nañinmej im ej walok kakōlle ko, bōk teej eo im loore tōl eo ekkar:

Tōbrak in Teej eo elikin an jino walok kakōlle ko	Armij eo ekar epāāke nañinmej eo ej:	Armij eo ekar epāāke nañinmej eo ej:
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	<ul style="list-style-type: none"> • Emōj an bōk wā ko ñan COVID-19, koba ibben wā in kakujur ko im wā ko kajojo, ekkar nan yiiō im jekjek in ejmour ko aer. • Ekar alikkar teej eo ñan COVID-19 kōn juōn teej in viral iumwin raan ko 90 mokta im ekar mour lak. 	<ul style="list-style-type: none"> • Ejjañin dre wā ak ejjab dedelak aer bōk wā ko jinoin. • Ejjab mōj an bōk wā ko ñan COVID-19, koba ibben wā in kakujur ko im wā ko kajojo, ekkar ñan yiiō im jekjek in ejmour ko aer.
Alikkar teej eo ak ejjañin teej	Loore tōl eo ilo Ta eo kwōn kōmmāne ñe alikkar teej eo am ñan COVID-19 (wa.gov) . Ñe kwar jab teej, loore tōl eo ñan am māke lak iam im ekōnak māāj āinwot armej ro alikkar teej ko aer.	Loore tōl eo ilo Ta eo kwōn kōmmāne ñe alikkar teej eo am ñan COVID-19 (wa.gov) . Ñe kwar jab teej, loore tōl eo ñan am māke lak iam im ekōnak māāj āinwot armej ro alikkar teej ko aer.
Ejjab alikkar teej eo	<p>Bed wōt mweo imōm mae:</p> <ul style="list-style-type: none"> • Ejako am piba iumwin 24 awa ko mokta ilo am jab kōjerbale uno in kadiklak-pipa, IM • Kakōlle ko am emōj aer emmanlak. <p>Wōnmaanlak wōt im loore tōl eo ilōn ikijen am ekōnak māāj, teej, im māke lak iam ñe kwōj bed ak jermal ilo jikin ko elap ibben doon (lale lkar epāāke armij eo ekar alikkar teej eo aer ñan COVID-19 ak ijjab nañinmej. Ta eo ij aikuuj in kōmmāne? mōttan pepa in).</p>	Wōnmaanlak wōt im māke lak iam (lale lkar epāāke armij eo ekar alikkar teej eo aer ñan COVID-19 ak ijjab nañinmej. Ta eo ij aikuuj in kōmmāne? mōttan pepa in).

Ta oktak eo kōtaan am jenolōk im māke lak iam?

- **Jenolōk** eok māke ej ta eo kwōn kōmmāne ñe ewōr am kakōlle in COVID-19, kwōj kōttar tōbrak in teej ko am, im emōj an alikkar teej eo am ñan COVID-19. Melele in māke lak iam ej ñe kwōj bed wōt mweo imōm im kwōj kattolak eok jen armej ro jet (ekoba uwaan baamle eo am ilo mweo imōm) ekkar ñan [tōrre in ien eo](#) (Kajin Pālle wōt) ñan rōjañ ñan kabōjrak an ajeded nañinmej in.
- **Māke lak iam** ej ta eo kwōn kōmmāne ñe kwar epāāke COVID-19. Melele in māke lak iam ej ñe kwōj bed wōt mweo imōm im kwōj kattolak eok jen armej ro jet ekkar nan [tōrre in ien eo](#) (Kajin Pālle wōt) rej rōjañ ñe kwōbaj bōk nañinmej eo im ekapopo. Māke lak iam ej erom am jenolōk eok māke ñe enij alikkar teej eo am ñan COVID-19 ak ej walok kakōlle ko an COVID-19.

Melele im Mennin Jibāñ ko Relapōk ikijen COVID-19

Bōk enaan ko jen [jekjek in pād eo kiō ikijen COVID-19 ilo Washington](#), [Keeañ ko an Governor Inslee](#) (Kajin Pālle wōt), [kakōlle ko](#) (Kajin Pālle wōt), [im wāwein an ajeded](#) (Kajin Pālle wōt), im [wāwein im ñāāt armij rej aikuuj in bōk teej](#) (Kajin Pālle wōt). Lale [Kajjitōk ko Ekutkut Kajjitōk](#) (Kajin Pālle wōt) ñan melele ko relapōk.

An armij lal/er-ria ak aelōñ eo aer, ejjab, māke lak ian, likūt er ilo joñan uwōta eo elablak kin COVID-19. Bōtab, melele ko rej kwalok ke jet jukjuk in bed ko armij ro rejjab mouj kilier elab aer jelet jen COVID-19- men in ej kin jelet ko jen kalijeklōk, im elabtata, kalijeklōk ko ilo emōj aer bed ilo jikin jermal ko, im ej lelōk jet wōt ien ko ñan jet armij ñan aer māroñ kōjbarok er māke im jukjuk in bed ko aer. [Melele ko rejjab mool reban jibāñ irre ippen nañinmej eo](#) (Kajin Pālle wōt). Kwalok melele ko remool ibben ro jet ñan kōjbarok an riab im melele ko rebwōd ajeded.

- [Aelōñ in WA Department of Health 2019 Ajeded in Coronavirus Ekāāl \(COVID-19\)](#)
- [Emakitkit ko an Aelōñ in WA ñan Coronavirus \(COVID-19\)](#)
- [Bukōt Jikin Ejmour ilo Bukwōn eo Am](#) (Kajin Pālle wōt).
- [CDC Coronavirus \(COVID-19\)](#) (Kajin Pālle wōt)
- [Kadiklak Melele ko Rejjab Mool Kein Jibāñ ko](#) (Kajin Pālle wōt)

Ewōr ke am bar kajitōk? Kūr tok lain in bōk melele ikijen COVID-19: **1-800-525-0127**

Mande – 6 awa jibboñ ñan 10 awa jota., Juje – Jabōt im [raan in holiday ko an aelōñ eo](#), 6 awa jibboñ ñan 6 awa jota. Ñan jibāñ ko ikijen ukok, **jiped #** ñe renaj uwaak im **ba kajin eo am**. Ñan kajitōk ko ikijen ejmour eo am, teej ko an COVID-19, ak jemlōkin teej ko, jouj im kepāake juōn taktō.

Ñan kajitōke pepa in ilo juōn bar wāwein, kūrloḳ 1-800-525-0127. Ro ebin aer roñjak ak rejaroñroñ, jouj im kūrloḳ 711 ([Washington Relay](#)) ak jeje lak ñan civil.rights@doh.wa.gov.