

*Department of Health  
Health Systems Quality Assurance  
Board of Massage*

# Policy Statement

Revised – 10/18/11

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|------------------------|--|----------------------------|
| <b>Title:</b>          | Continuing Education Requirements During the COVID-19 Response   | <b>Number:</b> BOM 20-01.3 |
| <b>References:</b>     | RCW <a href="#">18.108.010</a> ; RCW <a href="#">18.108.025</a> ;<br>WAC <a href="#">246-12-210</a> ; WAC <a href="#">246-830-475</a> ;<br>Proclamations <a href="#">20-05</a> , <a href="#">20-14</a> , <a href="#">20-24</a> , and <a href="#">20-25</a> |                            |
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| <b>Effective Date:</b> | September 1, 2021  |                            |
| <b>Supersedes:</b>     | BOM 20-01.2 July 1, 2021   |                            |
| <b>Approved By:</b>    | Heidi Williams, LMT<br>Chair, Washington State Board of Massage  |                            |

Due to amendments to WAC 246-830-475 that become effective September 1, 2021, BOM 20-01 (superseded by BOM 20-01.1 and BOM 20-01.2) is being amended for the sole purpose of reflecting the updated rule language and citations.

To address the difficulties related to the coronavirus disease 2019 (COVID-19) pandemic that impact licensed massage therapists with regard to meeting continuing education (CE) requirements in Washington State, and in accordance with WAC 246-12-210 the Washington State Board of Massage (Board) will allow a licensed massage therapist (LMT) to substitute any or all “in person and directly supervised” hours required in WAC 246-830-475(2)(a) with equivalent number of hours in any activities listed in WAC 246-830-475(3)(a)-(g).

[WAC 246-830-475](#) requires LMTs to complete 24 hours of continuing education every two years. Subsection (2)(a) requires that eight hours be in person and directly supervised. However, the COVID-19 pandemic has impacted the ability of LMTs to meet these CE requirements and has particularly impacted the availability of in person and directly supervised massage skills training CE.

[RCW 18.108.025](#)(1)(e) gives the Board the authority to establish and administer requirements for CE. Chapter 246-12 WAC regulates healthcare practitioners credentialed under the Uniform Disciplinary Act; an LMT is a health care practitioner subject to the Act. WAC 246-12-210 states: “A practitioner may be

excused from or granted an extension of continuing education requirements due to illness or other extenuating circumstances. The profession's regulatory entity determines when the requirements may be waived or may grant an extension." The Board is the regulatory entity with authority to make determinations about continuing education requirements for LMTs.

To address the difficulties related to the COVID-19 pandemic and obtaining in person and directly supervised training to meet CE requirements, and in accordance with WAC 246-12-210, the board makes the following allowances:

To renew their massage license, a massage therapist must complete twenty-four hours of continuing education every two years.

1. A minimum of four hours must be in professional ethics, client or patient communication, professional roles and boundaries, or Washington state massage laws and rules.
2. Maintain certification in American Heart Association CPR or equivalent. A maximum of four hours is allowed per reporting period.
3. The eight hours of in person and directly supervised continuing education involving the participation of the direct application of massage therapy required in WAC 246-830-475(2)(a) may be waived and instead the remaining 16-19 hours, rather than 12, may be met by completing any combination of the subjects listed in subsection (2) of [WAC 246-830-475](#).

This policy does not require an LMT to obtain in person and directly supervised massage skills training as part of their continuing education if this education is available.

In addition, there may be situations where an LMT is still unable to meet these temporary requirements due to illness or other extenuating circumstances. The Board will continue to exercise its authority in WAC 246-12-210 to review extenuating circumstances that may prevent an LMT from meeting his or her CE requirements. The Board may waive requirements or grant extensions as a result of illness or other extenuating circumstances.

An LMT whose license expiration date does not fall within the effective dates of the policy will not be found non-compliant with their CE if they obtain their CE hours in accordance with the allowances of this policy while it is in effect.

This policy will be in effect through December 31, 2021, or until the declared state of emergency issued under Proclamation 20-05 is rescinded, whichever is later. The policy will be re-evaluated at the November 5, 2021 board meeting to determine if an extension of the effective dates is necessary.