**To get care for stroke patients, BE FAST. See the signs? Call 911.**

A stroke is a brain attack, caused when an artery in the brain is blocked or bursts — and part of the brain starts to die. Fast treatment is crucial for a better chance at survival with less disability. If you see one or more signs of stroke, BE FAST and call 911 immediately.   
  
B: Is their **balance** or coordination off?  
E: Do they have sudden vision change in one or both **eyes**?

F: Does their **face** droop on one side?  
A: Do they have trouble raising one or both **arms**?   
S: Do they have trouble **speaking**?  
T: It’s **time** to call 911.

Overcome the urge to “wait and see” – call 911 to get the care they need. What a great way to say, “I love you.”

Learn more about the signs of stroke and why fast treatment is crucial at doh.wa.gov/stroke.

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