Ilaha Macluumaadka Ka-talinta Ciladaha iyo Iinta Hidawadayaasha

Bariga Washington

Eastside Maternal Fetal Medicine
1135 116th Ave E, Suite 320
Bellevue, WA 98004
Telefon: (425)-688-8111
Fagis: (425)-688-8110

Evergreen Hospital Medical Center
Maternal-Fetal Medicine
12333 NE 130th Ln, # 230
Kirkland, WA 98034
Telefon: (425) 899-2200
Fagis: (425) 889-2210

Children's Hospital and Regional Medical Center – Medical Genetics Clinic
4800 Sand Point Way NE/
PO Box 5371, M2-9
Seattle, WA 98105-0371
Telefon: (206) 987-2056
Fagis: (206) 987-2495

Columbia Health Center
4400 - 37th South
Seattle, WA 98118
Telefon: (206) 296-4650
Fagis: (206) 205-6075

Group Health Cooperative
Genetic Services
201 16th Ave E Mailstop CMB-5
Seattle, WA 98112
Telefon: (206) 326-3111
Fagis: (206) 326-2010
(Xubnaha oo keliya)

Odessa Brown Sickle Cell Clinic
2101 E. Yesler Way
Seattle, WA 98122
Message: (206) 987-7290
Ballan: (206) 987-7232
Fagis: (206) 329-9764

Swedish Medical Center
Perinatal Medicine
1229 Madison
Nordstrom Tower, Ste. 750
Seattle, WA 98104
Telefon: (206)-386-2101

University of Washington Medical Center
Medical Genetics Clinic
Box 357720
1959 NE Pacific Street
Seattle, WA 98195-7720
Telefon: (206) 598-4030
Fagis: (206) 598-3269

University of Washington Medical Center
Prenatal Genetics and Fetal Therapy
Box 356159
1959 NE Pacific Street
Seattle, WA 98195
Telefon: (206) 598-8130
Fagis: (206) 598-2359

Madigan Army Medical Center
Developmental Pediatrics
Bldg 9040 Fitzsimmons Drive
Tacoma, WA 98432
Telefonka Ballan-qabsiga: (253) 968-3043
Telefon Lataliyaha Hidawadaha: (253) 968-1389
Fagis: (253) 968-0384
(Adeegyadu waxay ku eg yihiin Ciidamada Iyo qoysaskooda)

Mary Bridge Sickle Cell Clinic
P.O. Box 5299
Tacoma, WA 98415-0299
Telefon: (253) 403-3476
Fagis: (253) 403-8674

MultiCare Regional Maternal-Fetal Medicine
314 Martin Luther King Jr. Way Suite # 402
Tacoma, WA 98405
Telefon: (253) 403-9205
Fagis: (253) 403-9201

Bariga Washington

Inland NW Genetics Clinic in the Tri-Cities
7221 W. Deschutes, Suite D
Kennewick, WA 99336
Telefon: (509)-535-2278
Fagis: (509)-535-7502

Inland NW Genetics Clinic in Moses Lake
1550 South Pioneer Way
Moses Lake, WA 90937
Telefon: (509) 535-2278
Fagis: (509) 535-7502

Kadlec Medical Center
712 Swift Blvd, Suite 1
Richland, WA 99352
Telefon: (509) 942-2821
Fagis: (509) 943-1497

Inland Northwest Genetics Clinic
2607 Southeast Blvd #A100
Spokane, WA 99223
Telefon: (509) 535-2278
Fagis: (509) 535-7502

Blue Mountain Genetics Clinic
320 Willow Street
Walla Walla, WA 99362
Telefon: (509) 525-1302
Fagis: (509) 522-9448

Central Washington Hospital-Genetics Program
1201 South Miller
Wenatchee, WA 98807-1887
Telefon: (509) 667-3350
Fagis: (509) 665-6259

Central Washington Genetics Program
Children's Village
3801 Kern Rd
Yakima, WA 98902
Telefon: (509) 574-3260
Fagis: (509) 574-3210

Oregon

Center for Genetics & Maternal – Fetal Medicine
1200 Hilyard, Ste 510
Eugene, OR 97401
Telefon: (541) 349-7600

Kaiser Permanente
Department of Genetics
3325 N. Interstate Ave.
Portland, OR 97227
Telefon: (503) 331-6593
Telefonka Bilaashka: 1-800-813-2000 ext 16-6593 *(Xubnaha oo keliya)*

Legacy Emanuel Hospital & Health Center
Center for Maternal-Fetal Medicine
300 N. Graham Street, Ste 100
Portland, OR 97227
Telefon: (503) 413-1122
Telefonka Bilaashka: 1-800-452-7032 ext 31122

Northwest Perinatal Center
9701 SW Barnes Road, Ste 299
Portland, OR 97225
Telefon: (503) 297-3660

Oregon Health Sciences University
Prenatal Diagnosis and Counseling
3181 SW Sam Jackson Park Road
Portland, OR 97239
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Dib loo hubiyey 06/08

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Iinta Unuga Dhiiggaa Cas Hemoglobin S

Macluumaadka waalidiinta ee la xidhiidha iinta unuga sickle

Waa maxay unuga dhiigga Cas 'hemoglobin'?

Hemoglobin waa qaybta dhiigga ee u qaada ogsajiinta dhammaan qaybaha kale ee jidhka. Hemoglobin-ka caadiga ah waxa la yidhaa hemoglobin A. Hidawadayaasha aynu ka dhaxalno waalidkeena ayaa qeexa nooca hemoglobin-ka aynu leenahay.

Waa maxay iinta hemoglobin S?

Iinta hemoglobin S, oo loona yaqaan iinta unuga sickle, macnaheedu waa ilmahaaga oo ka dhaxlay hal waalid hal hidawade oo ah hemoglobin caadiga ah (A) iyo hal hidawade oo ah hemoglobin-ka S oo uu ka dhaxlo waalidka kale. **Hemoglobin S ama iinta unuga sickle aad ayey caadi u tahay mana keento dhibaato caafimaad.** Ilmahaagu uma baahno daawo iyo daaweynta iinta S. Iinta S la isma-qaadsiiyo iskumana bedesho jirrada unuga sickle.

Maxaa ilmahayga looga baadhay iinta S?

Barnaamijka La-socodka Ilmaha-cusub ayaa ka fiiriya dhammaan ilmaha ku dhasha Gobolka Washington cilda gaara, oo ay ku jirto ciladaha hemoglobin-ka. Qaddar yar oo dhiiga ayaa laga qaadaayaa cidhibta ilmahaaga oo loo dirayaa Shaybaadhka Gobolka si loo baadho. Waxa kale oo la baadho noocyo kale oo aan ahayn hemoglobin caadi ah.

Haddii iinta S aanay keenayn dhibaato caafimaad, maxaan uga baahanahay inaan ilmahayga baadho?

Waa muhiim in la ogaado iinta hemoglobin S waayo ilmaha qoyskaaga ee mustaqbalka, ama xubnaha kale ee qoyska, ayaa halis u noqon kara qaaditaanka jirrada unuga sickle, oo ah jirro ba'an oo lagu sharxay bogga xiga. Dadka qaba iinta unuga sickle waxay u gudbin karaan ilmahooga hidawadaha sickle.

Maxay tahay jirrada unuga sickle?

Ilmahaagu ma qabo jirrada unuga sickle, laakiin ilmaha mustaqbalka ama xubnaha kale ee qoyska ayaa halis u ah qabitaankeeda. Marka uu qof qabo jirrada unuga sickle, ma dhaxlaan hemoglobin A caadiga ah; waxay dhaxlaan laba hidawade oo hemoglobin S ah, oo midba waalid ka yimid. Waxa jira noocyo kale oo ah jirrada unuga sickle, laakiin kan ayaa ah nooca ugu caansan. Jirrada unuga sickle waa jirro aad u ba'an oo u baahan daryeel caafimaad. Hadda ma jirto dawo loo hayaa.

Maxaan sameeyaa hadda?

Waxaanu si adag u soo jeedinaynaa in adiga iyo lammaankaagu inaad is-baadhaan si loo garto heerka unugiina sickle. Tani waxay idin siin doontaa macluumaadka fursada qaaditaanka jirrada unuga sickle ee ilmahiina mustaqbalka. Si aad u samayso baadhitaankan, la hadal takhtarkaaga ama mid ka mida lataliyayaasha hidawadayaasha eek u qoran dhabarka xaashidan. Waxa kale oo aanu soo jeedinaynaa inaad la wadaagto macluumaadka qoyskaaka intiisa kale. Waxa laga yaabaa iyana inay daneeyaan ogaanshaha xaalada unugyadooda sickle.

Maxaan samayn karaa haddii aan hayo su'aalo dheeraad ah?

Haddii aad hayso su'aalo dheeraad ah, la hadal ilmahaaga takhtarkiisa ama la xidhiidh Barnaamijka La-socodka Ilmaha-cusub adiga oo adeegsanaya macluumaadka hoos ku yaal.

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