





# Washington State Board and Commission

| Provider Requirements   | Board of Osteopathic Medicine and Surgery   | Dental Commission   |
|---|---|---|
| <p><b>Acute Pain Prescribing Limits (0-6 weeks)</b></p>                           | <p> Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>  | <p>*Dental rules are proposed, but not final. Final effective date anticipated in early 2019.</p> |
| <p><b>Subacute Pain Prescribing Limits (6-12 weeks)</b></p>                       | <p> Fourteen-day limit unless clinically documented</p>  | <p>*Dental rules are proposed, but not final. Final effective date anticipated in early 2019.</p> |
| <p><b>Chronic Pain Requirements (Applies to All Five)</b></p>                     | <ul style="list-style-type: none"> <li>• Mandatory consultation when prescribing over 120 MED</li> <li>• Complete a written agreement for treatment</li> <li>• Confirm or provide naloxone when prescribing opioids to a high risk patient or as clinically indicated (ARNP requirement for naloxone when 50 MED or above)</li> </ul> |   |
| <p><b>PMP Requirements</b></p>  | <p> PMP check prior to every opioid or benzodiazepine prescription</p>   | <p>*Dental rules are proposed, but not final. Final effective date anticipated in early 2019.</p> |
| <p><b>ICD Code, Diagnosis, or Indication for Use Included on Prescription</b></p> | <p> Not Required</p>   | <p>*Dental rules are proposed, but not final. Final effective date anticipated in early 2019.</p> |

# Opioid Prescribing Requirement Differences

| Medical Commission  | Nursing Commission   | Podiatric Medical Board  |
|---|--|--|
|  <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p>  |  <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p> |  <p>Seven-day limit for acute non-operative and fourteen-day limit for acute perioperative unless clinically documented</p> |
|  <p>Fourteen-day limit unless clinically documented</p>  |  <p>Fourteen-day limit unless clinically documented</p>   |  <p>Fourteen-day limit unless clinically documented</p>   |
| <ul style="list-style-type: none"> <li>• Periodical review of the treatment plan and query the PMP: Quarterly for high-risk, semi-annually for moderate-risk, and annually for low-risk patients</li> <li>• Mandatory co-prescribing provider requirements for prescribing opioids in combination with benzodiazepines, barbiturates, sedatives, Carisoprodol, and z-drugs</li> </ul> |  |  |
|  <p>PMP check prior to first refill or renewal</p>   |  <p>First prescription, or first refill or renewal if clinical exception documented</p>                                   |  <p>PMP check prior to second refill or renewal</p>   |
|  <p>Not Required</p>   |  <p>ICD Code or diagnosis must be included on all opioid prescriptions</p>  |  <p>Not Required</p>  |