

Off To College?



Make sure you are up to date on your meningococcal vaccines. Vaccination is your best shot at preventing meningococcal disease.

There are three types of meningococcal vaccines that protect against several kinds of meningococcal disease.

Ask your doctor which meningococcal vaccines you need if you:

- Are a college student living in a residence hall.
- Plan to travel to countries where meningococcal disease is common.
- Have a weakened immune system.

Meningococcal ACWY vaccine

Protects against four serogroups and is a vaccine for all children aged 11 to 12 years with a booster for teens aged 16 to 18 years.

Meningococcal B (MenB) vaccine

Protects against serogroup B and should be given to teens and adults aged 16 to 23 who have rare health problems or are at higher risk.

Pentavalent Meningococcal ABCWY vaccine

Protects against 5 serogroups and is a vaccine option for those who are getting MenACWY and MenB vaccines at the same visit.



QUICK FACTS

- Meningococcal disease is a concern on college campuses, especially for students living in residence halls.
- It is spread by close contact such as coughing, kissing, or sharing anything by mouth like lip balm, or toothbrushes.
- Call your doctor right away if you have signs of meningococcal disease including stiff neck, headache, fever, sensitivity to light, and confusion.

Don't forget your COVID-19 and flu vaccinations!

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