

# Care Plan

For Infants who are Deaf or Hard of Hearing



Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

- Contact the Family Resources Coordinator (FRC)** for your county to learn about early intervention services. The Early Support for Infants and Toddlers (ESIT) program provides services for infants and toddlers (birth to three years of age) who are deaf or hard of hearing. Your FRC can help you access services such as family training, counseling, and other specialized services to help meet the unique communication needs of your child. To locate the Lead FRC in your county, call the Family Health Hotline at **1-800-322-2588**.

FRC: \_\_\_\_\_ Phone: \_\_\_\_\_

*Now that you have learned your child is deaf or hard of hearing, this care plan can help you understand the next steps.*

- Contact the Center for Childhood Deafness and Hearing Loss (CDHL)** to learn more about different ways your child can learn language. Someone from CDHL can work with you and your Family Resources Coordinator to help you explore communication options. Contact CDHL at: **1-855-342-1670**.

- Contact family support groups:**
  - o Washington State Guide By Your Side™ - support specifically for families of children who are deaf or hard of hearing: **425-268-7087**
  - o Washington State Parent to Parent: **1-800-821-5927**
  - o Washington State Father's Network: **425-653-4286**

- Get the Resource Notebook for Families of Children who are Deaf or Hard of Hearing.** This notebook includes stories from other parents, tools to help you stay organized, and information about your child's hearing, communication options, and early intervention services. This notebook is a free resource. You can get it from your pediatric audiologist or download it at: **[www.doh.wa.gov/earlyhearingloss](http://www.doh.wa.gov/earlyhearingloss)**



# Care Plan Continued



*Your child has an exciting future ahead and being deaf or hard of hearing is just one part of that journey.*



- If you choose amplification for your child, such as hearing aids, talk to your pediatric audiologist to learn about options.** An evaluation by an ear, nose, and throat (ENT) doctor needs to be done before your child can get amplification.

ENT Clinic: \_\_\_\_\_ Date: \_\_\_\_\_

- Continue with regular visits to your pediatric audiologist** to check your child's hearing and amplification if used.

- Continue with regular visits to your child's doctor** for well child exams.

- Consider a genetic consultation.\*** A genetic consultation will determine if your child has any health issues that may be associated with being deaf or hard of hearing and can help you learn if your child's condition may run in your family.

Genetic Counselor: \_\_\_\_\_ Date: \_\_\_\_\_

- Contact other medical specialists\*** (eye, heart, etc.) as needed.

Specialist: \_\_\_\_\_ Date: \_\_\_\_\_

Specialist: \_\_\_\_\_ Date: \_\_\_\_\_

\*You will usually need a referral from your child's doctor to see these specialists.

To learn more, please visit [www.doh.wa.gov/earlyhearingloss](http://www.doh.wa.gov/earlyhearingloss) and [www.babyhearing.org](http://www.babyhearing.org)

## The Early Hearing Detection, Diagnosis & Intervention (EHDDI) Program

Phone: 206-418-5613

Toll free: 1-888-WAEHDDI

Fax: 206-364-0074

E-mail: [ehddi2@doh.wa.gov](mailto:ehddi2@doh.wa.gov)

For persons with disabilities, this document is available on request in other formats.

To submit a request, please call 1-800-525-0127 (TTY/TDD 711).