

# **Nursing Care Quality Assurance Commission (NCQAC)**

Regular Meeting Minutes November 18, 2016 Ramada Olympia 4520 Martin Way East Olympia, WA 98516

**Commission Members:** Charlotte Foster, BSN, MHA, RN, Chair

Donna L. Poole MSN, ARNP, PMHCNS-BC, Vice-Chair

Lois Hoell, MS, MBA, RN, Secretary/Treasurer Mary Baroni, PhD, RN (via GoToWebinar)

Adam Canary, LPN

Stephen J. Henderson, JD, MA, Public Member

Suellyn M. Masek, MSN, RN, CNOR

Helen Myrick, Public Member

Tiffany Randich, LPN Tracy Rude, LPN

Renee Ruiz, Public Member Laurie Soine PhD, ARNP

Vacant, RN

**Excused:** Jeannie Eylar, MSN, RN

Teri Trillo, MSN, RN, CNE

**Assistant Attorney General**: Gail S. Yu, Assistant Attorney General

**Staff:** Paula R. Meyer, MSN, RN, FRE, Executive Director

Bobbi Allison, Administrative Assistant Chris Archuleta, Administrative Assistant

Mary Dale, Discipline Manager

John Furman, PhD, MSN, CIC, COHN-S, Director, Washington Health Professional Services (WHPS)

Barbara Gumprecht, MSN, RN Nursing Education Consultant

Karl Hoehn, Legal Manager

Kathy Moisio, PhD, RN, Nursing Education Consultant

Garr Nielsen, Chief Investigator

Carole Reynolds, MPH, Policy and Performance Analyst Mindy Schaffner, PhD, MSN-CNS, RN, Associate Director,

Nursing Education, Licensing & Research Catherine Woodard, Associate Director, Discipline

**Excused:** Kathy Anderson, Financial Manager

Debbie Carlson, MSN, RN, Associate Director, Nursing Practice

Teresa Corrado, LPN, Licensing Manager

Mary Sue Gorski, PhD, RN, Nursing Education Research and

Policy Analyst

This meeting was digitally recorded to assist in the production of accurate minutes. All recordings are public record. The minutes of this meeting will be posted on our website after they have been approved at the January 13, 2017 NCQAC meeting. For a copy of the actual recording, please contact the Public Disclosure Records Center (PDRC) at PDRC@doh.wa.gov.

I. 8:30 AM Opening – Charlotte Foster, Chair – Meeting was called to order at 8:34 AM

#### II. Call to Order

- A. Introductions
- B. Order of the Agenda
- C. Correspondence
- **D.** Announcements

Ms. Meyer announced the following NCSBN committee appointments:

- 1. Dr. Mindy Schaffner: Nursing Education Outcomes and Metrics
- 2. Paula Meyer: Leadership Succession Committee

### III. 8:40 AM Consent Agenda

Consent Agenda items are considered routine and are approved with one single motion

#### A. Approval of Minutes

- 1. NCQAC Business Meeting
  - a. September 9, 2016
- 2. Advanced Practice Sub-committee
  - a. August 17, 2016
  - b. September 21, 2016
- 3. Discipline Sub-committee
  - a. July 26, 2016
  - b. August 23, 2016
- 4. Consistent Standards of Practice Sub-committee
  - a. September 6, 2016
  - b. October 4, 2016

#### **B.** Out of State Travel Reports

- 1. Association of Occupational Health Professionals (AOHP), Myrtle Beach, SC, September 6-9, John Furman
- 2. Council of Licensure, Enforcement, and Regulation (CLEAR), Portland OR, September 14-16, John Furman, Kathy Moisio
- 3. Citizens Advocacy Center (CAC), September 18-19, 2016, Portland OR Renee Ruiz, Mindy Schaffner
- 4. Federation of Associations of Regulatory Boards (FARB), September 29 October 2, Sarah Bendersky, Tim Talkington
- 5. Regulation 2030, October 2-3, 2016, Chicago, IL, Paula Meyer
- 6. International Nurse Society on Addictions, October 5-8, Las Vegas NV, Melissa Fraser
- 7. NCSBN Scientific Symposium, October 6, Chicago, IL, Lois Hoell, Mindy Schaffner

8. National Association of Drug Diversion Investigations (NADDI), October 11 – 14, Louisville, KY, Dana Malone

**MOTION:** Moved by Ms. Poole with a second from Ms. Randich to accept the consent agenda. **Motion carried.** 

#### IV. 8:45 AM – 9:00 AM NCQAC Panel Decisions

The NCQAC delegates the authority as provided by law for certain decision to a panel of at least three members. A member of the NCQAC must chair panels. Pro tem members of NCQAC may serve as panel members. The following minutes provided for information.

- A. Nursing Program Approval Panel (NPAP)
- **B.** Nursing Assistant Program Approval Panel (NAPAP)

# V. 9:00 AM – 9:15 AM Chair Report – Charlotte Foster

#### A. Governor's announcement on Action on Opioid Overdoses

Ms. Foster and Ms. Poole attended an event hosted by Governor Inslee announcing his plan to address the opioid use public health crisis. Ms. Foster and Ms. Poole gave a brief overview of Executive Order 16-09 and the Governor's plan to combat this crisis.

# B. Legislative Panel – appointment of members to include Donna Poole as the chair

Ms. Foster asked the NCQAC for volunteers to be on the legislative task force. Appointed members include Ms. Masek, Ms. Rude, Ms. Ruiz, and Ms. Myrick along with Ms. Poole as the chair.

#### C. Gene Pingle transition and vacancy recruitment

Ms. Meyer announced the hiring of Gene Pingle as an investigator on the NCQAC staff. Mr. Pingle resigned his seat on the NCQAC to join the staff. Ms. Foster and Ms. Meyer acknowledged Mr. Pingle's contributions during his tenure on the NCQAC and presented him with a plaque. Ms. Meyer announced the other current members whose first terms will be expiring June 30, 2017 and asked that they complete the application on the governor's website if they wish reappointment. The NCQAC considered if the recruitment of Mr. Pingle's position to begin now or wait until January to coincide with the annual recruitment process.

**MOTION:** Moved by Mr. Henderson with a second from Ms. Hoell to start the recruitment of Mr. Pingle's position in January to coincide with the annual recruitment cycle. **Motion carried.** 

#### D. Discipline Sub-committee Chair appointment

Ms. Foster appointed Mr. Canary the chair of the Discipline Sub-committee, position vacated by Mr. Pingle. Ms. Hoell and Ms. Rude will mentor Mr. Canary.

#### VI. 9:15 AM – 10:15 AM Executive Director Report – Paula Meyer

#### A. Budget Report

Ms. Meyer presented the current financial status of the NCQAC in the absence of Ms. Anderson, who is on vacation. Ms. Meyer informed the NCQAC that the addition of two new investigators will impact the payroll expenditures going forward. The Secretary of Health will conduct the fee hearing scheduled for November 30, 2017. Ms. Hoell announced no noticeable change to the reserve balance to date and the NCQAC is forecasted to finish the year in line with budget.

### **B.** Performance Measures Report

- 1. NCQAC
- 2. Legal
- 3. WHPS

Ms. Meyer quickly reviewed the performance measures and highlighted the measure investigations completed within 170 days, which had dipped below target. With the addition of the new investigators, this measure will again approach and surpass target. Ms. Meyer announced the Commitment to Ongoing Regulatory Excellence (CORE) reports are starting to come back from NCSBN, which compare our performance to other states who submitted their data, and findings to be presented at future business meetings.

#### C. TEMS and board pay

Ms. Meyer announced Ms. Allison's move from her current position in operations to the education unit and recruitment for her replacement to begin soon. Submit all NCQAC pay and TEMS to Mr. Archuleta starting December 1, 2017. In addition, Ms. Meyer reviewed Procedure H04.03, Commission Pay and highlighted best practices and timelines.

#### D. Jurisprudence examination update and request to modify deadline on Strategic Plan

**MOTION:** Moved by Ms. Hoell with a second from Ms. Poole to extend the deadline to complete the research on the jurisprudence exam to March 31, 2017. **Motion carried.** 

#### E. Rules Update – Carole Reynolds

Ms. Reynolds provided an update on the current rules the NCQAC is working on; Minimum Data Set/Demographic Data, Nursing Assistant, and Substance Use rules. Hearings for all three sets of rules have been delayed and are now scheduled for the March Business Meeting. Andy Fernando, Rules and Legislation Implementation Manager for Health Systems Quality Assurance (HSQA), provided more detail on the planning, targets, and deadlines associated with implementing rules and the delays to the current rules.

#### F. Legislation update

1. FBI Criminal Background Checks/Rap Back

Ms. Meyer provided an update on the progress of the extensive efforts to garner support for the Rap Back legislation and the obstacles present, ACLU and SEIU 1199 opposition. Opposition to this legislation is focused on the Rap Back aspect and the retention of non-criminal fingerprints in comparison to unsolved crimes. The NCQAC was asked to discuss and to recommend the direction of the legislation moving forward; pursue FBI criminal background checks for all applicants and license holders (requiring a change to the UDA), after three years gather data to report back to the governor and legislature, and at that time, a recommendation

to proceed with Rap Back may be considered based on the data. The NCQAC discussed the legislation in depth.

Ms. Myrick and Ms. Ruiz suggested the NCQAC rename/rebrand the way the legislation is referred to, as Rap Back is no longer part of the legislation.

**MOTION:** Moved by Ms. Poole with a second from Dr. Soine to amend the UDA to require FBI Criminal Background Checks on all current licensees and applicants, dropping the requirement for Rap Back as in past legislation, and report back to the governor and legislature after three years with further recommendations, retitling the Z draft to emphasize public protection. Report should include racial and other demographics. **Motion carried.** 

#### 10:15 AM - 10:30 AM Break

- 2. Repeal of RCW 18.79.380 Licensed practical nurse/nontraditional registered nurse program Obtaining required clinical experience.
- 3. Proposal to convert Health Professions Account (Fund O2G) from an appropriated to a non-appropriated account.

Legislation would give boards and commissions authority to spend above their appropriated amount without approval from the legislature, only secretary approval. The NCQAC was asked for their input and support of the legislation.

**MOTION:** Moved by Ms. Poole with a second from Mr. Henderson to support the proposed legislation to convert the Health Professions Account (Fund O2G) from an appropriated to a non-appropriated account. **Motion carried.** 

# VII. 10:40 AM – 11:30 AM Sub-committee Report

#### A. Advanced Practice – Laurie Soine, Chair

1. Procedure F06.01 Advanced Registered Nurse Practitioner: Pain Management Specialist – Commission-Approved Credentialing Entities (Revision)

The Pain Management Specialist Rules (WAC 246-840-493) outline the requirement for an ARNP pain management specialist. One of the options is to be credentialed in pain management by a NCQAC-approved national professional association, pain association, or other credentialing entity. The NCQAC approved the previous policy in May 2016. The Academy of Integrative Pain Management (AIPM) - American Academy of Pain Management (AAPM) recently approved advanced practice nurses as eligible for the credential.

**MOTION:** Moved by Dr. Soine with a second from the sub-committee to approve the revision to existing policy by adding the Academy of Integrative Pain Management (AIPM) – American Academy of Pain Management (AAPM) to the NCQAC-approved pain management specialist credential as one of the options to meet the pain management specialist requirements. **Motion carried.** 

2. Exploring Options for ARNPs: Clinical Practice Requirements and "Advanced Registered Nurse Practitioner-Retired" Recognition Designation

The Advanced Practice Sub-committee is reviewing options for ARNPs in retirement and the ability to call themselves ARNP-Retired. Process is in the preliminary stages of exploring

options and national alignment of practice hour requirements for Nurse Practitioners. More to come on this topic at future meetings.

3. Guidelines for Licensed Midwives who use Birth Assistants: Washington State Department of Health Midwifery Program

The NCQAC received a request to provide feedback and support of guidelines developed for licensed midwives who use birth assistants. At this time, there is not a license or credential available for birth assistants in Washington State. The guidelines address normal, non-emergent midwifery care. The purpose of the guidelines were to help provide a scope of practice for those individuals who are practicing as a birth assistant to help avoid aiding and abetting unlicensed practice. The NCQAC thoroughly discussed the different types of licensed midwives, unlicensed midwives, Birth Assistants, and the role the NCQAC has with these guidelines.

**MOTION:** Moved by Ms. Poole with a second from Dr. Soine to close debate on this topic. **Motion** carried with one dissent.

**MOTION:** Moved by Dr. Soine with a second to support the "Guidelines for Licensed Midwives who use Birth Assistants" developed by the Washington State Department of Health Midwifery Program. **Motion carried with one dissent and one abstention.** 

#### B. Consistent Standards of Practice - Tiffany Randich, Chair

1. Advisory Opinion: Dispensing Medication for Prophylactic and Therapeutic Treatment of Communicable Diseases and Reproductive Health by Public Health Nurses

The NCQAC received a request to develop an advisory opinion as to whether nurses employed as public health nurses could dispense medications for prophylactic and therapeutic treatment of communicable disease and reproductive health. It is recognized and long-accepted practice for RNs in public health settings to dispense certain medications and devices to public health patients for prevention and treatment following written standing orders.

**MOTION:** Moved by Ms. Randich with a second to approve the "Dispensing Medications/Devices for Prophylactic and Therapeutic Treatment of Communicable Diseases and Reproductive Health by Public Health Nurses" Advisory Opinion. **Motion carried.** 

2. Medication Management by Physical Therapists, Occupational Therapists, and Speech Language Therapists

More to come on this topic at future meetings.

#### C. Discipline – Vacant, Chair

1. Procedure A49 WHPS Referral Contracts

The WACs related to the Washington Health Professional Services (WHPS) are under review, based on an audit of the program last year. The Sub-committee drafted changes to Procedure A49 to align with the rules.

• The title of the procedure changed from Substance Abuse Referral Contracts (SARC) to WHPS Referral Contracts. There are minor changes to the process for staff, along with

- editorial changes. Language stating "Substance Abuse" now refers to "Substance Use Disorder" (SUD).
- Changes made to the referral contract. An example of the Referral Contract is attached to the procedure to clarify the basic content of the contract. The actual Referral Contract is a legal template document, and may vary between respondents according to each individual case.
- The contract no longer includes a signature line for the WHPS program. The referral contract is an agreement between the respondent and the NCQAC stating the NCQAC will not file charges if the respondent enters and complies with the WHPS program. The WHPS program accepts the respondent into the program when the respondent agrees to participate in WHPS by signing a WHPS Monitoring Contract.

**MOTION:** Moved by Ms. Rude with a second to adopt revisions to Procedure A49, Substance Abuse Referral Contract, now titled "WHPS Referral Contracts". **Motion carried.** 

## D. Licensing - Lois Hoell

1. Licensing and Continuing Competency Audits Update

Ms. Hoell provided an update on the current licensure status of the nursing profession in the state of Washington and trends the data provides to the NCQAC.

# VIII. 11:30 AM – 1:00 PM Lunch – Happy 2<sup>nd</sup> Anniversary to Legal and WHPS

Two years ago, the WHPS program and the Legal Services transferred to work in the NCQAC. The NCQAC recognized the staff attending the meeting and cake provided to celebrate the anniversary.

# IX. 12:00 PM – 1:00 PM Education Session – Workplace Aggression and Nurses' Well-Being: the Role of Work-Family Supportive Supervisors, Nanette Yragui, Washington State Labor and Industries

Nanette Yragui is an Occupational Health Research Psychologist at the SHARP Program (Safety & Health Assessment & Research for Prevention) in the Washington Department of Labor & Industries. She graduated from Portland State University with a Ph.D. in Systems Science: Psychology. She conducts workplace violence research in healthcare settings. Her research interests in occupational health psychology include: workplace violence and aggression; workplace incivility; positive psychology including social support and helping behavior in teams; and the application of action research methods toward developing and testing the effectiveness of interventions. The SHARP research team examined patient violence and coworker incivility. Ms. Yragui presented information on patient violence and coworker incivility related to work stress when supervisors provided a resource of support for employees.

#### **X.** 1:00 PM – 1:15 PM Open Microphone

- Carl Christiansen, RN, Dean of the Northwest University School of Nursing
  students know the process for obtaining licensure, but are unaware of the issues that they
  may encounter when applying for employment but cannot inform their employers of
  graduation date, licensure date, or date they are able to begin work. Mr. Kristiansen
  provided a letter to the NCQAC further explaining the issue.
- Zach Rinderer, RN in Washington State Wrote a letter a few weeks ago to the NCQAC about not renewing his retired active license due to the practice and CE requirements. Mr.

Rinderer expressed his frustrations with the requirements needed to keep his retired active license and costs associated with requirements.

# XI. 1:15 PM -2:15 PM Prescription Monitoring Program - Chris Baumgartner, Gary Garrety

Mr. Baumgartner and Mr. Garrety updated the NCQAC on the three year Prescription Drug Overdose Prevention grant from the Centers for Disease Control, the Governor's Opioid Overdose initiatives, and medical marijuana. With the recent emphasis on the opioid epidemic, the NCQAC appreciated the information provided and had lively discussions on the topic. Mr. Baumgartner reviewed the authorization database requirements and process associated with obtaining medical marijuana from an authorized store.

#### 2:15 PM - 2:30 PM BREAK

# XII. 2:30 PM – 3:00 PM Washington Health Professional Services (WHPS) Program Audit – Dr. Nancy Darbro, Paula Meyer, Catherine Woodard, John Furman

In August, 2016, Dr. Nancy Darbro completed a post implementation audit of the WHPS program. Dr. Darbro completed the initial audit prior to the NCQAC adopting new procedures and approving the program. Dr. Darbro reviewed the recommendations in detail and the NCQAC considered actions necessary for full compliance as needed.

**MOTION:** Moved by Ms. Hoell with a second from Mr. Henderson to accept the report from Dr. Darbro on the WHPS program. **Motion carried.** 

# XIII. 3:00 PM – 3:30 PM Legal Services and WHPS – Karl Hoehn and Dr. John Furman

Mr. Hoehn and Dr. Furman provided comments on the past two years since Legal Services and the WHPS Program joined the NCQAC. The NCQAC recognized the staff and expressed their appreciation for their work.

# XIV. 3:30 PM – 4:35 PM Education Report

#### A. Environmental Scan – Lois Hoell

Ms. Hoell reviewed the changes outlined in the NCSBN environmental scan report, including education enrollment, number of graduates from for profit schools, increasing use of technology, potential shortage of faculty, number of nursing education programs increase, among others highlighted.

# B. Scientific Symposium – Lois Hoell & Dr. Mindy Schaffner

Ms. Hoell and Dr. Schaffner provided the NCOAC with highlights from the recent symposium.

#### C. Solution Summit – Dr. Mindy Schaffner

Dr. Schaffner provided an update on the creation of the solution summit and the planning committee (four members from NCQAC and four members from WCN) formed to develop the plan for the workgroups. The NCQAC directed focus on four areas: faculty qualification,

preparation, and salary issues; academic progression; clinical practice experience; and program resource issues.

# D. Update on Direct Transfer Agreement (DTA) - Dr. Mary Baroni

Dr. Baroni provided a presentation on the progress of the Associate in Nursing and Pre-nursing Direct Transfer Agreement (DTA)/Major Related Programs (MRP) pathways. The DTA may reduce the time it takes to complete a specific bachelor degree pathway. The NCQAC education unit is monitoring and evaluating approved DTA/MRP programs within the state and data will be included in future nursing education annual surveys.

#### XV. 4:35 PM New Business

None

### XVI. 4:35 PM Meeting Evaluation

Pros	Cons
Lunch education session and afternoon	Meeting location – Drive to Olympia and
research presentations	drive home
Food was good	Noisy – banging in hallways
Venue – Ramada Olympia	Mary's hotel in New Orleans dropped her
	WiFi connection during meeting
Staff support	
Meeting location – Olympia	
GoToWebinar – Mary Baroni attended and	
participated remotely	
Charlotte as Chair	
Room Temperature	
Meeting flow	
Amount of work accomplished	
Lively and Robust discussions	
Dr. Darbro WHPS presentation	

#### XVII. 4:39 PM Closing

Meeting adjourned at 4:39 PM.

Due to illness, Ms. Foster not available to sign.

Charlotte Foster, BSN, MHA, RN

Chair

Lois Hoell, MS, MBA, RN

Secretary/Treasurer

Lois E. Loell, MS, MBA, RN