



**Washington State  
Department of Health  
Certified Counselors and Hypnotherapists  
Advisory Committee  
Meeting Minutes**

**April 12, 2018**

**9:30 a.m.**

Department of Health  
Town Center 3, Room 265  
243 Israel Road S.E.  
Tumwater, WA 98501

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<b>Committee Members Present:</b>	Miriam Dyak, Certified Counselor, Chair Diane Green, Certified Counselor, Vice Chair Mary Long, Hypnotherapist
<b>Committee Members Absent:</b>	Janet Large, Hypnotherapist Karen Hausrath, Public Member
<b>AAG Present:</b>	Joyce Roper, Assistant Attorney General
<b>Staff Members Present:</b>	Brett Lorentsen, Program Manager James Chaney, Executive Director Ted Dale, Program Support Kevin Robbins, Credentialing Supervisor
<b>Public Present:</b>	Arlen Hurd Young Seo Drue Larson Katrina Kessler

On April 12, 2018, the Certified Counselors and Hypnotherapists Advisory Committee met at the Department of Health, Town Center 3, Room 265, 243 Israel Road S.E., Tumwater, WA 98501. In accordance with the Open Public Meetings Act, the meeting agenda was emailed to members of the certified counselor, certified adviser, and hypnotherapy professions through the department's GovDelivery and posted to the professions' websites.

**1. Call to Order - Miriam Dyak, Certified Counselor, Chair**

**9:30 a.m.**

**1.1 Approval of meeting agenda**

The agenda was accepted and approved as written.

**1.2 Approval of January meeting minutes**

The meeting minutes from January 11, 2018, were accepted and approved as written.

**2. Management Reports – Kevin Robbins, Credentialing Supervisor; James Chaney, Executive Director; and Brett Lorentsen, Program Manager**

**2.1 Office of Customer Service – credentialing update.**

Mr. Robbins reported the following credentialing statistics:

<b>Current Credential Total Of January 8, 2018</b>	
<b>Certified Counselor:</b>	
Number of active applications	506
Number of pending applications	75
<b>Certified Adviser:</b>	
Number of active applications	4
Number of pending applications	3
<b>Hypnotherapist:</b>	
Number of active registrations	723
Number of pending applications	8
<b>Total active credential holders:</b>	1233
<b>Total pending applications:</b>	86

Average time to issue was 18 days, over the goal of 14 days. 91% were issued within the 14 day timeframe. This is due to increased volume of applications for all professions to the Department.

**2.2 Operating budget report**

Mr. Lorentsen shared the 2017-2019 Biennium Balance Report showing that the program is currently over budget. The current budget has a negative balance of \$1,581,873. It was noted that if a licensee “goes off the rails” the discipline costs will hit all the licensees as the Department has to cover costs.

Mr. Chaney noted that he has been visiting colleges to speak about the profession and discipline issues are a part of that. Association newsletter could be another avenue to reach people.

### **2.3 Program update**

Mr. Lorentson shared information about applications for committee members are under review. We are still accepting applications until May 1. Finding public members is difficult, if you know someone that is interested please ask them to apply. Hot Topics (newsworthy) usually generate more interest. Would like someone who is genuinely interested in it, as that has been a problem in the past.

### **3. Rule Revision on Continuing Education – Brett Lorentsen**

Mr. Lorentsen shared information on the rule change to allow more distance learning for Continuing Education. The CR 101 was filed and the rule is open. The language is pretty specific, so there shouldn't be much additional work. The change would allow 20 hours of distance learning for CE rather than the 12 that is currently allowed.

Ms. Dyak noted that there seems to be a pushback on international organizations CE and people don't even claim them on their CE audits. The AAG stated there is another rule that lists approved agencies, however they are all American organizations. We can build a list, we have the authority in law, but we need to know who/what the organizations are. Trends within the profession?

### **4. Current State of the Committee – Brett Lorentsen**

Members shared information about their experiences on the committee, work history, and moving the profession forward. Committee Members added, we've worked to get to a certain point, now where do we go from here? First couple years were figuring things out, getting a foothold. Discussion of the GAFF scoring method showed some didn't like it but others did. A subcommittee did an extensive search to find a replacement when the DSM 5 came out without the GAFF scores in it. Looked at many other options, but they all lead them outside their scope of practice. The chair thinks GAFF works great the way it is, and there was not another viable option to be found at that time. It was also noted that there needs to be more outreach and education about this license as many people don't know it exists or know they can get the license while still going to school for a masters-level license.

### **5. Public Comment – Miriam Dyak, Certified Counselor, Chair**

- Young Seo – she is a hypnotherapist and had questions about insurance reimbursement and client referral. WAPROCA website could help, but insurance is paid based on a diagnosis and this profession doesn't diagnose and is therefore not eligible for insurance. Clients pay out of pocket. Counselor have to promote themselves. Look for associations, other groups to see how they do it.
- Katrina Kessler – What is the difference between counselors and coaches? Based on education level, coaches have no education requirements. Typically coaches work for organizations that provide oversight and also have licensed professionals on staff. How would outreach increase licensure? People don't know about this license, or that they can get it and start working while still going to school for a masters-level license. Regarding the discipline charges being spread across the profession, why would they

care? Feels like a guilt trip that would be ineffective. If you don't like the GAFF there are plenty of other tools out there.

- Arlen Hurd – Provided a handout with lots of WAC and RCW references. Not clear on the main point of his argument/problem. Was denied licensure for some sort of education issue, and feels like because the rules say the Secretary can add other schools the state is not using the rule correctly by not allowing these other schools. Feels it is an unnecessary barrier. Mr. Chaney offered to speak with him after the meeting to try and understand his concerns as the Advisory Committee is not really the proper venue to address this situation.
- Drue Larson – looking for information on applying to the committee, as she knows several people who may be interested in applying as a public member.

**6. Future Agenda Items – Miriam Dyak, Certified Counselor, Chair**

Nothing specific noted. Please get any agenda items you would like to see to Brett two weeks before the next meeting. However we are adaptable if something comes up. The chair requested regular updates on the committee appointment process.

**7. Adjournment – Miriam Dyak, Certified Counselor, Chair**

**11:07 a.m.**

**Next Scheduled Meeting**

**Date:** July 12, 2018

**Time:** 9:30 a.m.

**Location:** Department of Health  
TC 3 Room 265

Submitted by:

Approved by:

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Brett Lorentsen, Program Manager  
Certified Counselors and Hypnotherapist  
Advisory Committee

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Miriam Dyak, Certified Counselor, Chair  
Certified Counselors and Hypnotherapist  
Advisory Committee