

CHILDHOOD INJURY PREVENTION

Kathleen Clary-Cooke



04/12/18



INJURY

The #1 killer of children in the US

For every **1** child that dies there are.....



25

hospitalizations



925

treated in ER



Many

more treated in
doctors' offices



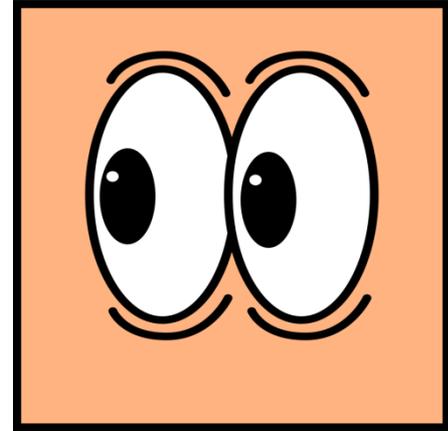
Kids are...

- Impulsive
- Quick
- Act without thinking, whether a toddler or a teen



Adults need to...

- Supervise with our eyes



- Remove hazards



- Follow Safety Practices



Safe Kids Benton-Franklin



- Coalition formed in 1999
- Lead Agency Benton-Franklin Health District
- One half-time Coordinator since Oct. 2013



Safe Kids Benton-Franklin

- Robust coalition with strong community partners
- Over 70 organizations participate
- Monthly meetings regularly attended by 20-35
- Extensive community outreach/education
- 100+ news stories in last two years

Safe Kids Saturday



Programs

- Car Seat Distribution, Inspections & Education
- Bike Helmet Distribution
- Safe Sleep – Portacrib Distribution
- Life Jacket Loaner Boards and Stations
- Tool Kits: Child Passenger Safety, Airbag Safety, Poison Prevention, Fire Safety, Water Safety, Head Injury Prevention, Home Safety, Never Leave a Child in a Car, Head Injury Prevention, Falls Prevention, Safe Gun Storage, Pedestrian Safety, and Handwashing.



Child Passenger Safety

- Monthly inspection station
- Car seat distribution program
- Car seat clinics 2-4 times/year
- To find help in your county:
 - 13 Safe Kids coalitions in WA
 - Find a **CPST** at cert.safekids.org
 - Possible programs at health departments, hospitals, healthcare clinics, fire stations or police departments



Safe Sleep

Babies should sleep

- On their backs
- In their own bed
- With no pillows, soft bedding, Bumper pads

- Pack 'n Plays
- Cribs
- Baby Bed Boxes

Cribsforkids.org



Head Injury Prevention

- Distribute Bike Helmets through four locations
- \$8 - \$10 donation requested
- Distribution Events – Seattle Children’s, Safety Fairs, Bike Clubs



Lock up Guns

- Teach Kids Not to Touch
- Hidden is NOT Secure
- Seattle Children's Lockbox Events
- Law Enforcement Agencies may have cable locks





Contact Info

Kathleen Clary-Cooke
Safe Kids Benton-Franklin

kathleencc@bfhd.wa.gov

509-460-4214

509-212-3792

