THE FOOD, NUTRITION, HEALTH and WELLNESS WORKSHOP SERIES PROJECT

Dr. Juana Royster

Community and Organizational Partnerships

Odessa Brown Children's Clinic

Virginia Mason Medical Center

First AME

Seattle Children's Hospital

Swedish Medical Center

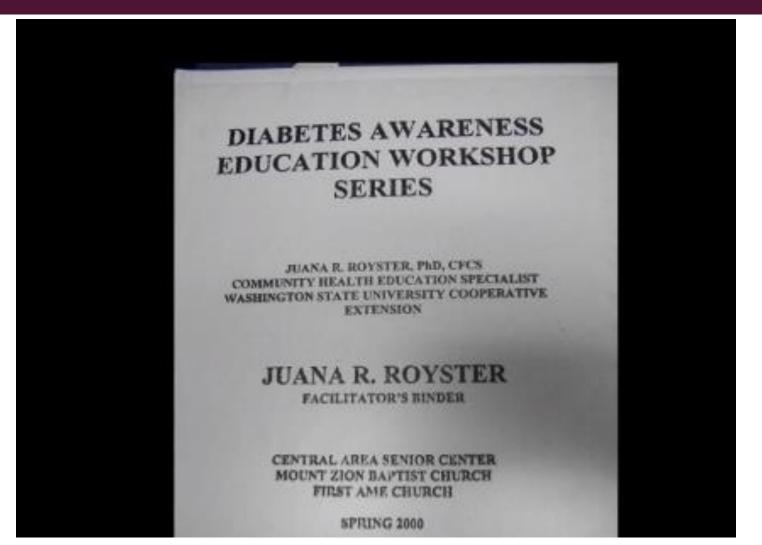
American Diabetes Association

Association of Nutritionists & Dietetics

Mt. Zion Baptist Church

Central Area Senior Center

Informational Flyer



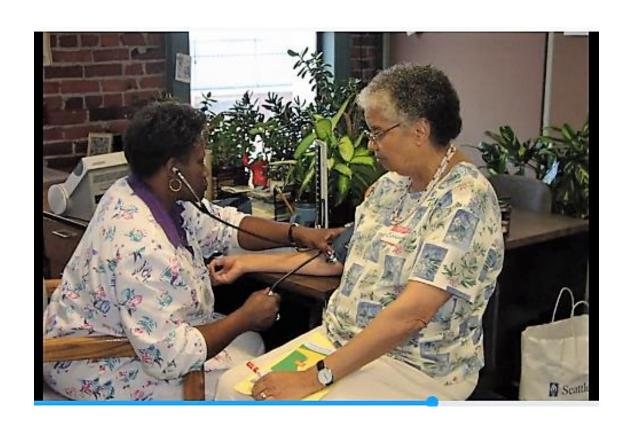
Engaged Conversations



Partnering to Offer Additional Services



Additional Services





Community Partners and Education





Understanding the Details





Working with the Raw Ingredients



Cooking Demonstrations





Preparing Healthy meals





Conversations about Healthy Foods



Tasting Healthy Foods







The Gathering



The Love Team Chefs



Preparing A Healthy Meal







Working Together







Healthy Quick Preparation



Discovery & Discussion





Learning



Cooking Demonstrations & Communication

- Who can be your partner? Churches, Senior Centers, and Community Organizations
- Why would you want to partner? To help improve the health of your community, it is an opportunity to provide education and support within your communities for better health, and it increases community communication.
- What information is needed?
- How can you support cooking demonstrations in your community?
- Where can you find space and the food products to support cooking demonstrations?
- When can you start?

THANK YOU!

Questions?