Adolescent Pregnancy and Childbearing

Key Findings

- For this report, the term adolescent refers to an individual 15-17 years of age.
- There were 1,001 pregnancies to Washington adolescents in 2020, a rate of 7.3 per 1,000 adolescent women.\(^1,2,3\)
- Washington’s 2020 adolescent pregnancy rate has declined approximately 80% from the 2000 rate of 36.3 per 1,000.\(^1,2,3\)
- Washington adolescents have met the Healthy People 2020 goal of 36.2 pregnancies per 1,000 population.\(^4\)
- Approximately 58% of adolescent pregnancies resulted in live births for a total of 582 births in 2020.\(^b\) Births to 15-17-year-olds are at an historic low in Washington State. The Washington adolescent birth rate in 2020 was 4.5 per 1,000 individuals, lower than the national rate of 6.7 per 1,000 in 2019.\(^1,2,3,5\)
- Birth rates were significantly higher among Hispanic, non-Hispanic Black/African American, non-Hispanic American Indian/Alaska Native, and non-Hispanic Pacific Islander adolescents when compared to non-Hispanic White and non-Hispanic Asian adolescents.\(^1\)

Data on pregnancy occurrence and rate, which includes pregnancies not resulting in a live birth, are not available by race and ethnicity.

Definition: Adolescent pregnancies are estimated by adding together reported births, induced abortions, and fetal losses for women ages 15-17 years. Spontaneous abortions (miscarriages) occurring prior to 20 weeks gestation are not included.

Adolescent Pregnancy Rate by County 2018-2020.\(^1,2,3\)

* County rate not calculated for Columbia, Ferry, Garfield, Island, Jefferson, Kittitas, Klickitat, Lincoln, Pacific, Pend Oreille, San Juan, Skamania, Stevens, Wahkiakum and Whitman counties. These counties had a relative standard error of the rate was ≥25%
Adolescent Pregnancy Rate (15-17 year old) by County, 2018-2020

Adolescent Birth Rate (15-17 year old) by Maternal Race and Ethnicity, 2018-2020

- **White**
- **Pacific Islander**
- **Black**
- **Hispanic**
- **Am Indian/Alaska Native**
- **Non-Hispanic**
Data Sources

3. Washington State Department of Health, Center for Health Statistics, Abortion Data, Special Request, 12/2021

Endnotes

a. In this section, adolescents are 15-17-years of age. Analysis was restricted to 15-17-year old because they are school age. Pregnancy among women younger than 15 is a rare event and women older than 17 are at a lower risk for poor birth outcomes. For more information, see the Health of Washington State Chapter on Infant Mortality: https://www.doh.wa.gov/Portals/1/Documents/1500/MCH-IM2013.pdf

b. Adolescent pregnancy rates are based on live births, abortions, and reported fetal deaths per 1,000 females ages 15-17. Birth rates are based on live births per 1,000 females ages 15-17.