

Down syndrome Resource Materials for Medical Professionals & New Families

Parents & medical professionals can access the booklet Understanding a Down syndrome Diagnosis by Lettercase for free online: www.understandingdownsyndrome.org

It is available on computer, phone or tablet. This booklet is offered in English, Spanish, Korean, Vietnamese, Japanese, Chinese, Russian, Somali and French Canadian*.

The Washington State Department of Health has a new website with resources and information about Down syndrome; including a Statewide and Local Support Programs handout as well as the Understanding a Down syndrome Diagnosis Booklet:

<http://doh.wa.gov/genetics/downsyndrome>.

Parents:

Each patient can request one free hard copy of the booklet: <http://lettercase.org/free-booklets/>

Medical Professionals:

- Medical Professionals in **Washington state can order a free hardcopy** of the booklet Understanding A Down syndrome Diagnosis by emailing: Genetics@doh.wa.gov
- Medical professionals can request one booklet every two months through Lettercase <http://lettercase.org/get-the-booklet/> free of charge
- Medical professionals may also **purchase** additional and multiple copies as well as other publications available on Lettercase <https://lettercase.hdi.uky.edu/>

Please Note:

Lettercase has stated that they do not mind if physicians print the pages from online materials to discuss with individual patients, but they request that those pages not be photocopied and given to the patient as there are problems with low readability and image quality, and they need to be aware of distribution for grant reporting.



Lettercase Resource Links for Medical Professionals:

Prenatal Screening & Testing for Chromosome Conditions: <http://lettercase.org/prenataltesting/>

Delivering a Prenatal or Postnatal Diagnosis Bi-fold: <http://lettercase.org/delivering/>

Chromosome Conditions: <http://lettercase.org/chromosome-conditions/>

Comprensión de Estudios Prenatales y de Exámenes para la Detección de Condiciones Cromosómicas Folleto: <http://lettercase.org/prenataltesting/>

Brighter Tomorrow Resources:

For providers delivering a confirmed prenatal or postnatal diagnosis of Down syndrome:
Brighter Tomorrow website in English and Spanish www.brighter-tomorrows.org

Down syndrome Diagnosis Network Resources for Medical Professionals & New Families:

Works to ensure families who receive a diagnosis receive current information and support.
<http://www.dsdiagnosisnetwork.org/medical-professionals>
<http://www.dsdiagnosisnetwork.org/parents>

Down syndrome Pregnancy Resource Links for New Families:

Diagnosis to Delivery: A Pregnant Mother's Guide to Down Syndrome:
<http://downsyndromepregnancy.org/book/diagnosis-to-delivery/>

Del diagnóstico al nacimiento: Una guía para las mujeres embarazadas de un bebé con síndrome de Down: <http://downsyndromepregnancy.org/book/del-diagnostico-al-nacimiento/>

Welcoming a Newborn with Down Syndrome: A New Parent's Guide to the First Month:
<http://downsyndromepregnancy.org/book/welcoming-a-newborn-with-down-syndrome/>

La bienvenida a un bebé con síndrome de Down: Una guía para nuevos padres:
<http://downsyndromepregnancy.org/book/la-bienvenida-a-un-bebe-con-sindrome-de-down/>

Your Loved One Is Having a Baby with Down syndrome: <http://downsyndromepregnancy.org/book/your-loved-one/>

Coping with Loss: Down Syndrome: <http://downsyndromepregnancy.org/book/coping-with-loss/>