

# FAMILY HEALTH CENTERS PROFILE 2023

Family Health Centers receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Family Health Centers works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Okanogan County.

In 2023, Family Health Centers served 1,151 clients during 1,579 clinic visits, representing an 8% increase in clients and a 10% increase in clinic visits from 2022. An estimated 72% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## Family Health Centers Served 1,151 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
<b>Total</b>	<b>1,151</b>	<b>100%</b>	<b>1,065</b>	<b>100%</b>
Male	106	9%	82	7%
Female	1,045	91%	983	93%
Females of reproductive age (15-44)	948	82%	917	86%
Hispanic	573	52%	546	54%
Non Hispanic				
American Indian/Alaska Native	50	5%	41	4%
Asian	9	1%	3	<1%
Black or African American	15	1%	7	1%
Native Hawaiian/Other Pacific Islanders	7	1%	3	<1%
White	438	40%	405	40%
More than one race	5	1%	1	<1%

	2023		2022	
	Count	% of total	Count	% of total
<b>Female Reproductive Age Clients by Contraception</b>				
No method	294	31%	243	27%
Combined hormonal methods	211	22%	200	22%
3-month hormonal injection	109	12%	97	11%
LARC	192	20%	206	22%
Barrier	69	7%	67	7%
Other methods	73	8%	104	11%

\* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

For people with disabilities, this document is available on request in other formats. To submit a request, please call 1-800-525-0127 (TDD/TTY call 711).



**Sexual & reproductive services provided by Family Health Centers prevented an estimated\* 140 unintended pregnancies and 50 abortions, and saved over \$730k in health care costs in 2023 alone**

Family Health Centers’ family planning services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency’s services prevented an estimated 140 unintended pregnancies, 70 unplanned births, and 50 abortions resulting in net savings of over \$730,000 associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by Family Health Centers’ sexual & reproductive health services, 2023**

Unintended pregnancies	140
Unplanned births	70
Abortions	50
Miscarriages following unintended pregnancies prevented	30
Maternal & birth-related gross costs saved from contraceptive services	\$931,750
Miscarriage & ectopic pregnancy gross costs saved	\$29,600
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$0
Gross costs saved from Pap and HPV testing & vaccinations	\$0
<b>Total gross savings</b>	<b>\$961,350</b>
<b>Total family planning costs</b>	<b>\$224,960</b>
<b>Total net savings</b>	<b>\$736,390</b>

*\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080>>.)*

*\*\* Unable to report due to small numbers*

**Data sources:** (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2024

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

SEXUAL & REPRODUCTIVE HEALTH PROGRAM  
SRHP@DOH.WA.GOV