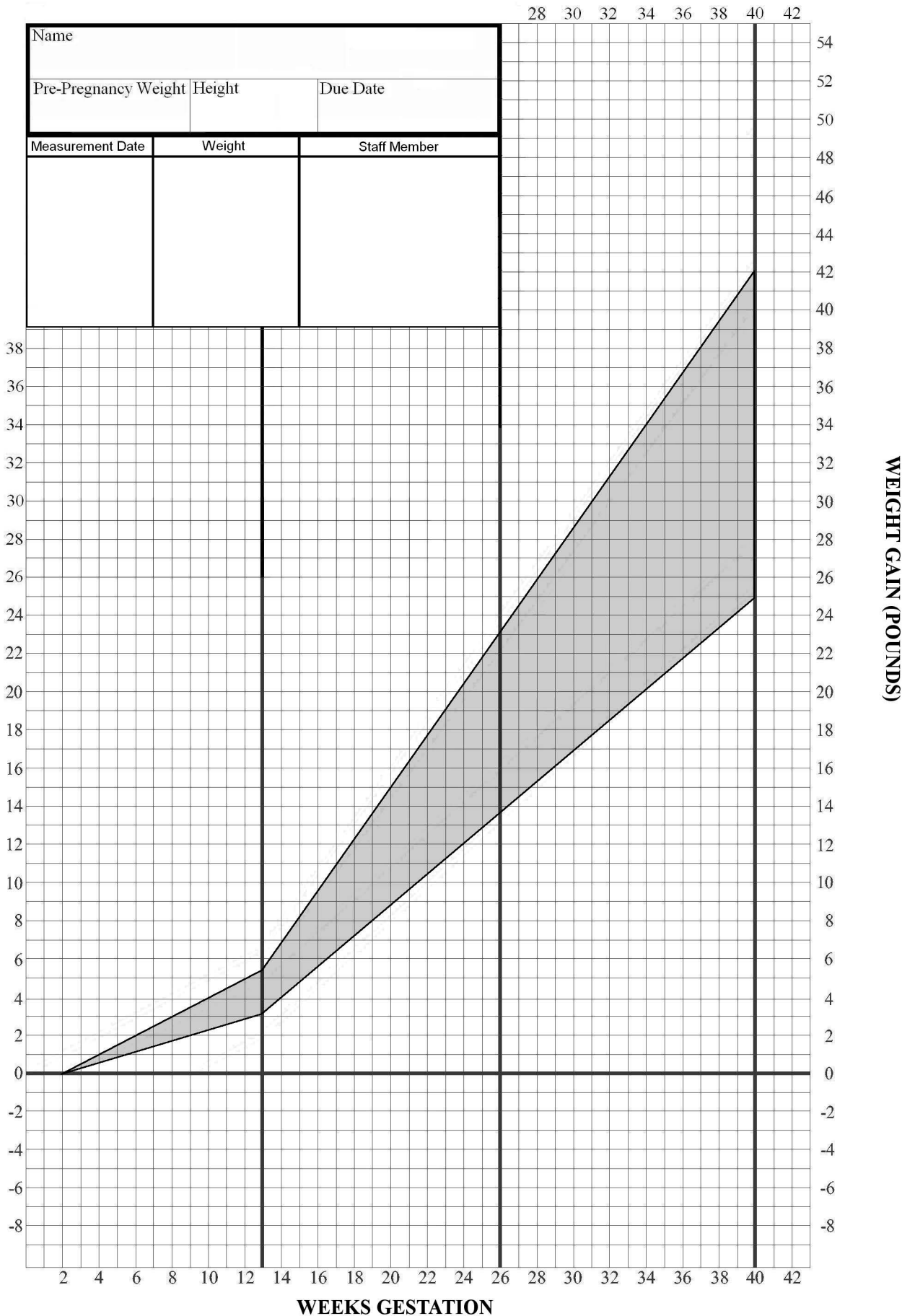


# PRENATAL WEIGHT GAIN GRID BMI $\geq$ 30 MULTIPLES



Reference: Institute of Medicine, 2009. *Weight Gain During Pregnancy: Reexamining the Guidelines*. Washington, D.C. National Academies Press.



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