



Current Coverage, by Insurance Status

English: **1-800-QUIT-NOW (1-800-784-8669)** • Español: **1-855-DEJELO-YA (1-855-335-3569)**

Both numbers are toll-free and offer translation in 240+ languages

Insurance status	Program offered	Resources available	Additional information
Uninsured Underinsured, (insured, but no telephone counseling benefit) Medicare client	Five-call program <ul style="list-style-type: none"> • Call 1 - Assessment & quit plan • Call 2 - Quit date call • Call 3 - Quit date follow-up • Call 4 - Ongoing support • Call 5 - Ongoing support 	<ul style="list-style-type: none"> • Printed self-help materials • Web-based self-help materials • Text message support • Two-week supply of nicotine replacement therapy (NRT) • Youth Support Program (ages 13-17) • Pregnancy Program (pregnant, planning to become pregnant, or breastfeeding) • Behavioral Health Program (severe mental illness, opioid use disorder) • Referrals to community resources 	<ul style="list-style-type: none"> • Must be ready to quit tobacco within 30 days, or have already quit • One program enrollment per year • Enrollment required for free NRT • Pregnant women, youth ages 13-17, and people with certain medical conditions are not eligible for NRT • Veterans Administration and Indian Health Services enrollees are eligible • <u>If you have insurance, have your insurance ID card ready</u>
Medicaid (Apple Health) client*	One-call program <ul style="list-style-type: none"> • Assessment & quit plan <p><i>Multiple calls are available through Medicaid plans and fee-for-service program (see additional information)</i></p>	<ul style="list-style-type: none"> • Printed self-help materials • Youth Support Program (ages 13-17) • Pregnancy Program (pregnant, planning to become pregnant, or breastfeeding) • Referrals to community resources • Other resources, depending on plan: 	<ul style="list-style-type: none"> • Medicaid clients get triaged to their managed care* or fee-for-service benefit (e.g., Quit For Life®) • <u>Have your insurance information (i.e., ProviderOne card) ready</u>
Private, employer, or other commercial plan enrollee	Depends on plan; program offerings are typically at least as intensive as the five-call program (above)	<ul style="list-style-type: none"> • 8+ weeks of nicotine replacement therapy (NRT), prescription medication options and/or combination therapy 	<ul style="list-style-type: none"> • Contact your insurance carrier or the Quitline to learn out about the benefits in your health plan • <u>Have your insurance ID card ready</u>

*If you receive Medicaid benefits through Molina, call 1-866-472-9483. If you receive Medicaid benefits through Coordinated Care, call 1-866-274-5791.

To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email civil.rights@doh.wa.gov.