

Get more from your WIC, SNAP/EBT, and P-EBT benefits this summer!

July 2022

Program	Overview	Use at participating		More Information
		Farmers Markets and Farm Stands	Grocery Stores	
WIC	Through Sept. 2022, WIC participants will get more money for fresh and frozen fruits and vegetables each month. <ul style="list-style-type: none"> • \$24 for children participants (age 1-5) • \$43 for pregnant and non-breastfeeding participants • \$47 for breastfeeding participants 		✓	doh.wa.gov/WIC
WIC FMNP	Get \$28 worth of checks at participating WIC clinics each year.	✓		doh.wa.gov/FarmersMarket
SNAP/EBT Basic Food	Card-holders can get more fruits and vegetables. See one of the SNAP Match Programs below.	✓	✓	dshs.wa.gov/esa/community-services-offices/basic-food
SNAP Market Match	Get \$1 SNAP Market Match for every \$1 EBT (up to \$40 per day) at your market's information booth.	✓		doh.wa.gov/SNAPMarketMatch
SNAP Produce Match	Use \$10 SNAP/EBT to buy qualifying fruits and vegetables and get \$5 coupon for your next trip.		✓	doh.wa.gov/SNAPProduceMatch
Pandemic-EBT	Use it just like a SNAP/EBT card, all SNAP Match Programs apply,	✓	✓	dshs.wa.gov/PEBT



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Questions?

WIC: WIC@doh.wa.gov

FMNP: FMNPTeam@doh.wa.gov

SNAP Match: FVIP@doh.wa.gov