

# CLEANING TO KILL HEPATITIS A



- **ATTENTION: Hep A is very contagious**
- **Special cleaning and disinfecting is important to prevent hep A from spreading**

## DISINFECT SURFACES THAT PEOPLE TOUCH A LOT



All bathroom surfaces



All kitchen surfaces



Anything else people touch a lot

## USE BLEACH + WATER TO KILL HEPATITIS A



Most cleaning products don't kill hep A



Bleach kills hep A. Always mix bleach with water

To check if a different product kills hep A, read the label. The product label should say "effective against hepatitis A" or "effective against feline calicivirus." Follow instructions on the label.

## HOW TO USE BLEACH TO DISINFECT FOR HEPATITIS A



**1. Protect yourself from the bleach:** Wear gloves and a mask



**2. Get air flowing:** Open windows or use a fan

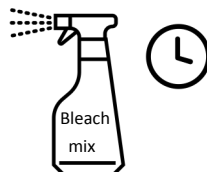


**3. Clean surfaces:** Use soapy water



**4. Disinfect surfaces:**

If using 8.25% bleach: mix 1 cup bleach with 1 gallon water.  
If using 5.25% bleach: mix 1.5 cups bleach with 1 gallon water.



**5. Let it sit:**  
Apply bleach mix, leave for 1-2 minutes



**6. Rinse with water.**  
Dry with paper towel or air dry

**Don't save your bleach + water mix. It stops working after 24 hours.**

# HOW TO CLEAN UP VOMIT, DIARRHEA & BLOOD

## 1. PROTECT YOURSELF



Wear disposable plastic or rubber gloves.



Wear a disposable mask and an apron if available.

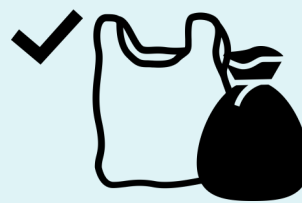


Use paper towels.



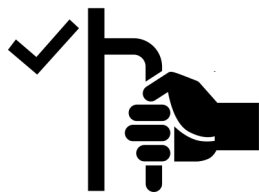
Wash hands with soap and warm water after cleaning.

## 2. REMOVE VOMIT OR DIARRHEA RIGHT AWAY

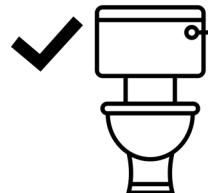


Use an absorbent material like kitty litter or baking soda on upholstery and carpets. Dispose of contaminated materials in plastic bag. Do not vacuum.

## 3. CLEAN ALL SOILED & NEARBY SURFACES WITH SOAPY WATER



Door knobs



Toilet handles



Machine-wash clothing

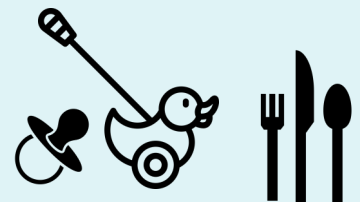
## 4. DISINFECT SURFACES WITH BLEACH SOLUTION



If using 8.25% bleach: mix 1 cup bleach with 1 gallon water.  
If using 5.25% bleach: mix 1.5 cups bleach with 1 gallon water.



Apply bleach mix, leave for 1-2 minutes



After applying bleach, rinse all surfaces with water.

For more information:  
[www.doh.wa.gov/hepatitisA2019](http://www.doh.wa.gov/hepatitisA2019)