

# HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2014

## The Medical Monitoring Project (MMP)

- MMP is a surveillance system funded by the Centers for Disease Control and Prevention and implemented by local health departments. It collects behavioral and medical data about HIV-positive adults receiving medical care in the United States.
- From 2009 to 2014, MMP interviewed 1,303 HIV-positive adults receiving care in Washington. Their responses reflect their experiences during the 12 months before their interview, unless otherwise noted. All data presented are weighted.
- The information in this factsheet can guide policy decisions, resource allocation, and evaluation of treatment and prevention initiatives.

## Characteristics of HIV-Positive Adults in Care in Washington, 2009-2014

- 86% were male and 13% were female
- 74% were men who have sex with men\*
- 14% were black/African-American, 11% were Hispanic or Latino, and 66% were white
- 18% had been diagnosed with HIV less than 5 years at the time of their interview
- 48% had private insurance, 43% had public insurance only, and 5% had Ryan White coverage only
- 32% had a household income at or below the poverty line
- 11% experienced homelessness

\* Estimate is for 2009-2013 only

## HIV Treatment and Prevention Measures among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2014\*

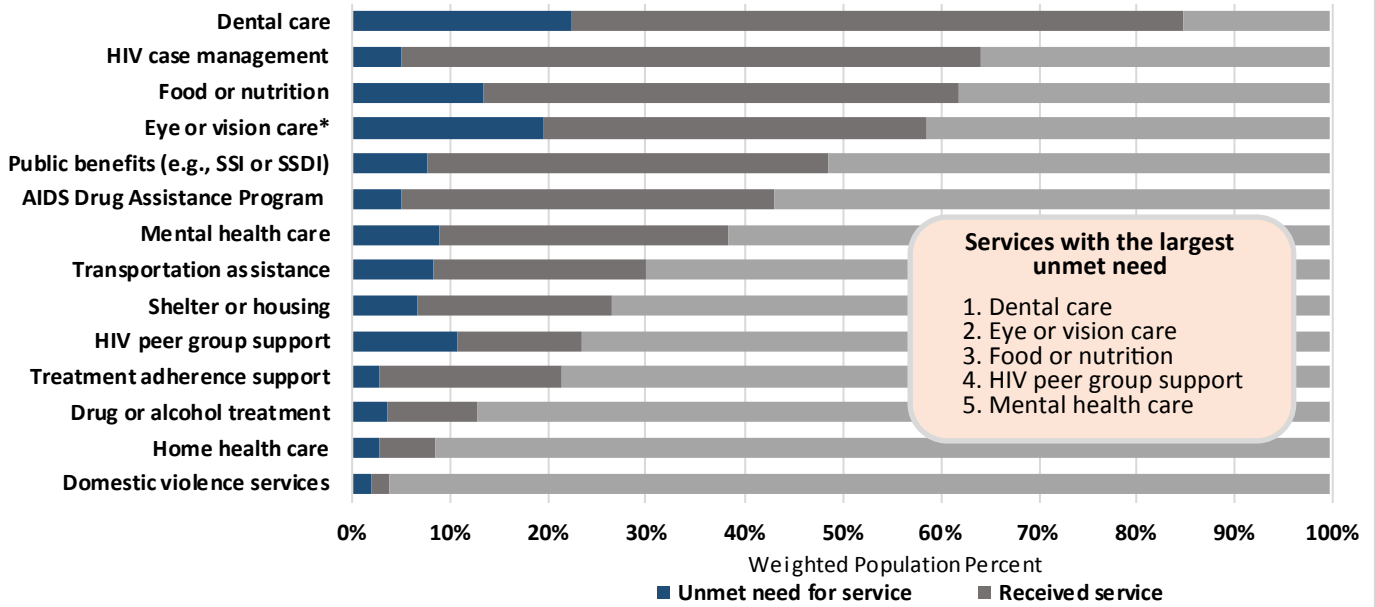
Characteristic	Prescription of ART <sup>1,2</sup> (%)	ART Dose Adherence <sup>3,4</sup> (%)	Sustained Viral Suppression <sup>2,5</sup> (%)	Receipt of Condoms <sup>3,6</sup> (%)	HIV Prevention Counseling <sup>3,7</sup> (%)
<b>Total</b>	<b>93</b>	<b>88</b>	<b>75</b>	<b>52</b>	<b>34</b>
<b>Age</b>					
18-29 years	88	83	52	51	51
30-39 years	89	85	67	67	43
40-49 years	93	89	73	53	35
≥50 years	95	89	83	46	27
<b>Gender</b>					
Male	93	89	75	55	34
Female	93	88	73	33	34
<b>Race/Ethnicity</b>					
Black/African-American	89	83	66	50	47
Hispanic/Latino	93	85	68	70	48
White	94	91	78	49	28
<b>Insurance</b>					
Any Private Insurance	94	92	81	46	31
Public Insurance Only	95	84	71	57	36
Ryan White Coverage Only	86	90	60	55	42
<b>Sexual Behavior<sup>8</sup></b>					
MSM <sup>9</sup>	92	89	74	56	32
MSW <sup>10</sup>	93	92	72	50	37
WSM <sup>11</sup>	92	91	71	31	29

\* All data are from the past 12 months unless specified otherwise; <sup>1</sup>Antiretroviral therapy; <sup>2</sup>As documented in the medical record; <sup>3</sup>Self-reported; <sup>4</sup>Past three days;

<sup>5</sup>All viral loads in past 12 months undetectable or <200 copies/ml; <sup>6</sup>Received free condoms, not counting those given by a friend, relative, or sex partner;

<sup>7</sup>Given by a healthcare provider; <sup>8</sup>Estimates are for 2009-2013 only; <sup>9</sup>Men who have sex with men; <sup>10</sup>Men who have sex with women only; <sup>11</sup>Women who have sex with men

## Met and Unmet Needs for Services among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009 – 2014



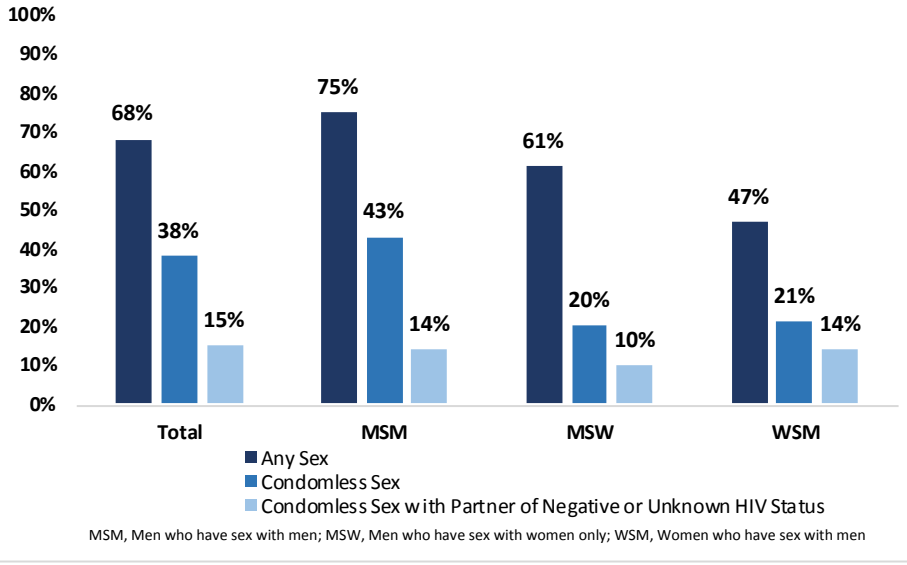
**Services with the largest unmet need**

1. Dental care
2. Eye or vision care
3. Food or nutrition
4. HIV peer group support
5. Mental health care

\*Eye or vision care data only available in 2013 and 2014  
**Abbreviations:** SSI = Supplemental Security Income; SSDI = Social Security Disability Insurance.

## Behavioral and Clinical Characteristics

### Sexual Behavior in the Past 12 Months among HIV-Positive Adults in Care in Washington, Medical Monitoring Project, 2009-2013



### Substance Use<sup>1</sup>

- 38% were current smokers
- 17% engaged in binge drinking<sup>2</sup>
- 8% used injection drugs<sup>3</sup>

<sup>1</sup>Self-reported  
<sup>2</sup>Binge drinking is defined for men as 5 or more drinks in a sitting in the past 30 days and for women as 4 or more drinks in a sitting in the past 30 days.  
<sup>3</sup>Past 12 months

### STD Testing Among Sexually Active Persons in the Past 12 Months

- 50% were tested for syphilis
- 28% were tested for gonorrhea
- 28% were tested for chlamydia

### Influenza Vaccination in the Past 12 Months

- 83% received an influenza vaccine

Notes: any sex = any oral, anal, or vaginal sex; condomless sex = vaginal or anal sex without a condom; condomless sex with HIV-negative or unknown-status partner=engaged in condomless sex with an HIV-negative partner or a partner whose status was unknown; all sexual behavior information is self-reported.

Documentation of MMP methods can be found here: [http://www.cdc.gov/hiv/pdf/HSSR\\_MMP\\_2010-PDF01.pdf](http://www.cdc.gov/hiv/pdf/HSSR_MMP_2010-PDF01.pdf)

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<http://www.cdc.gov/hiv/statistics/systems/mmp/>  
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