



The Medical Monitoring Project (MMP)

Improving the Lives of People Living with HIV in Washington

Why do we need the MMP?

The Medical Monitoring Project (MMP) is a surveillance system designed to learn more about the experiences and needs of people living with HIV (PLWH) in Washington State and nation-wide. MMP is unique in that it combines comprehensive clinical, behavioral, and contextual information to give a holistic view of living with HIV.

Although only a sample of people living with HIV are able to participate in MMP, the study is designed to be representative of all PLWH in Washington State and is used by prevention planning groups, policy leaders, health care providers, and people living with HIV to highlight disparities in care and services and advocate for needed resources.

What does participation look like?

If you are randomly selected as a participant of the MMP project, you will be contacted by a member of the MMP team and invited to participate in the project. You will be asked to schedule a time for an in-depth interview, where you will be asked questions about your experience of living with HIV. Additionally, if you are willing, you will be asked to give permission for the

What does the MMP tell us about people living with HIV in Washington state?



Who is living with HIV In Washington State?

What are the challenges of living with HIV?



What services are most useful to people living with HIV?

What tools are being used to prevent transmission of HIV?



How are programs designed to improve the lives of people living with HIV in Washington working? Where can they be improved?

MMP team to request portions of your medical records for the project. This information allows researchers to put your interview in context and understand the greater health effects of living with HIV.

Approximately 200 people living with HIV in Washington State are interviewed per year. Potential participants are identified via data from laboratory reporting, which is otherwise collected for HIV program management. All information collected is stored in a de-identified manner and held at the highest level of data security.

How can you help the MMP?

MMP's true success depends upon participation: participation by PLWH, participation by care providers, and participation by researchers. MMP presents a unique perspective on living with HIV in the US, but is only as representative as the group of people who participate and use the data. If you are a person living with HIV, work with PLWH, or do research we encourage you to learn more about MMP and support participation of MMP in your community.

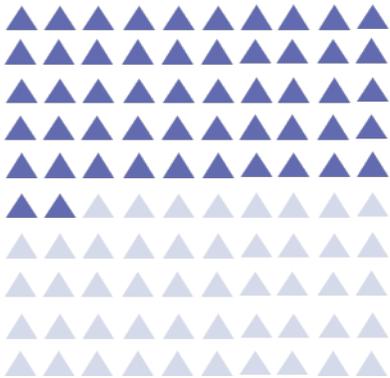
For more information

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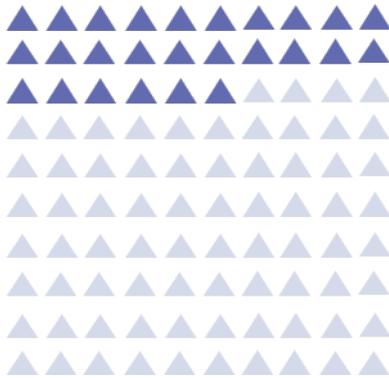
Example Data Uses

HIV Services

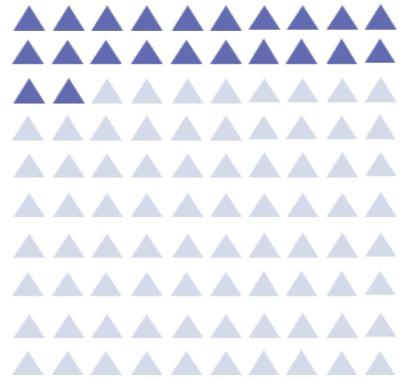
52% of people living with HIV in Washington used medicine through Washington's AIDS Drug Assistance Program.



26% of people living with HIV in Washington needed or used shelter services in the last 12 months.

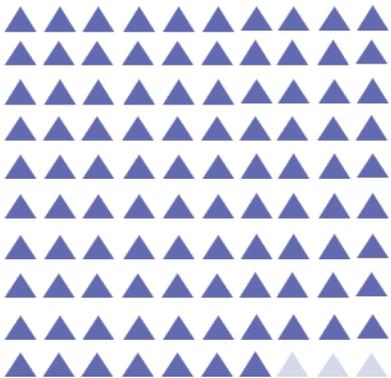


22% of people living with HIV in WA wanted HIV Peer Group support in the last 12 months; only 12% were able to access it.

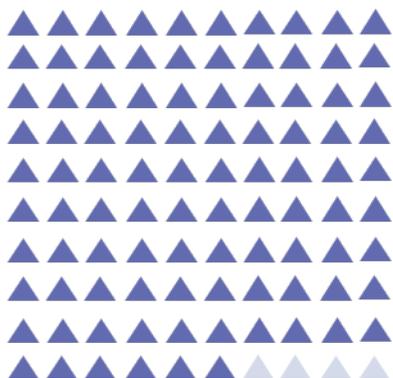


HIV Care

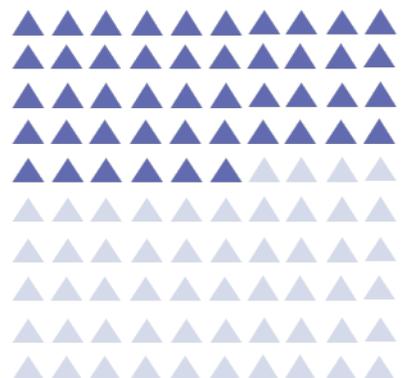
97% of people living with HIV in Washington report they are currently taking anti-retroviral therapy.



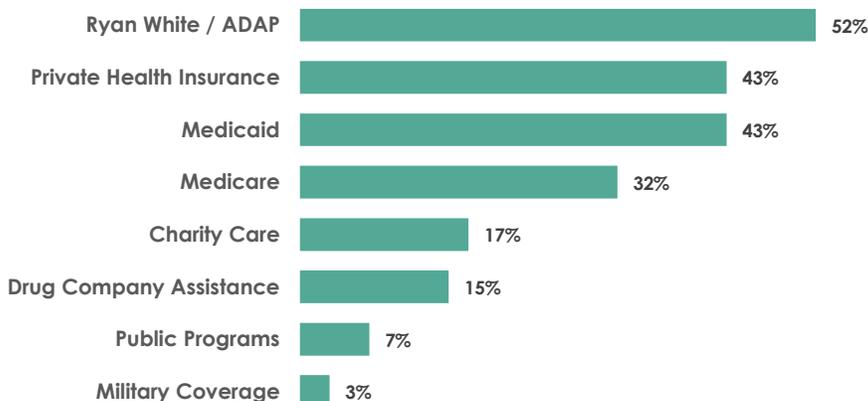
96% of people living with HIV in Washington are happy with the outpatient care they receive.



46% of people living with HIV had a one-on-one conversation about protecting themselves or their partners in the past 12 mos.



What type of insurance do you use for your medical care?



For more information

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