

CEDAR RIVER CLINICS PROFILE 2023

Cedar River Clinics receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Cedar River Clinics works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at their clinics in King and Pierce Counties and their satellite clinic in Yakima County.

In 2023, Cedar River Clinics served 2,962 clients during 3,160 clinic visits, representing an 11% increase in clients and 10% increase in clinic visits from 2022. An estimated 94% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

Cedar River Clinics Served 2,962 clients in 2023

	2023		2022	
	Count	% of total	Count	% of total
Total	2,962	100%	2,676	100%
Male	71	2%	37	1%
Female	2,891	98%	2,639	99%
Females of reproductive age (15-44)	2,861	97%	2,616	98%
Hispanic	596	20%	452	20%
Non Hispanic:				
American Indian/Alaskan Native	58	2%	34	2%
Asian	323	11%	316	14%
Black or African American	637	22%	579	26%
Native Hawaiian/Other Pacific Islanders	55	2%	47	2%
White	824	28%	776	34%
More than one race	59	2%	52	2%
	2023		2022	
Female Reproductive Age Clients by Contraception	Count	% of total	Count	% of total
No method*	172	6%	335	13%
Combined hormonal methods	637	22%	704	27%
3-month hormonal injection	215	7%	203	8%
LARC	391	14%	394	15%
Barrier	1,328	46%	779	30%
Other methods	118	4%	201	8%

* No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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Sexual & reproductive health services provided by Cedar River Clinics prevented an estimated* 580 unintended pregnancies and 200 abortions, and saved over \$3 million in health care costs in 2023 alone

Cedar River Clinics' sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency's services prevented an estimated 580 unintended pregnancies, 270 unplanned births, and 200 abortions resulting in net savings of more than \$3 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by Cedar River Clinics' sexual & reproductive health services, 2023

Unintended pregnancies	580
Unplanned births	270
Abortions	200
Miscarriages following unintended pregnancies prevented	110
Maternal & birth-related gross costs saved from contraceptive services	\$3,830,990
Miscarriage & ectopic pregnancy gross costs saved	\$121,700
Chlamydia infections	20
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$10,240
Gross costs saved from Pap and HPV testing & vaccinations	\$570
Total gross savings	\$3,963,500
Total family planning costs	\$924,940
Total net savings	\$3,038,550

**Estimates are based on Washington State Family Planning clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/doi/10.1111/1468-0009.12080>>.)*

Data sources: (1) Washington State Clinic Visit Record data 2023, 2022; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 02/14/24.

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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