

# CEDAR RIVER CLINICS PROFILE 2021

Cedar River Clinics receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Cedar River Clinics works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at their clinics in King and Pierce Counties.

In 2021 Cedar River Clinics served 2,849 clients during 3,081 clinic visits, representing a 26% increase in clients and 26% increase in clinic visits from 2020. An estimated 65% of female clients of reproductive age served in 2021 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

## Cedar River Clinics Served 2,849 clients in 2021

|                                       | 2021         |             | 2020         |             |
|---------------------------------------|--------------|-------------|--------------|-------------|
|                                       | Count        | % of total  | Count        | % of total  |
| <b>Total</b>                          | <b>2,849</b> | <b>100%</b> | <b>2,260</b> | <b>100%</b> |
| Male                                  | 22           | 1%          | 37           | 2%          |
| Female                                | 2,827        | 99%         | 2,223        | 98%         |
| - reproductive age (15-44 yrs)        | 2,803        | 99%         | 2,207        | 98%         |
| Non Hispanic                          |              |             |              |             |
| - White                               | 932          | 33%         | 832          | 37%         |
| - African American                    | 616          | 22%         | 517          | 23%         |
| - American Indian/Alaska Native       | 38           | 1%          | 32           | 1%          |
| - Asian, Native Hawaiian/Pacific Isl. | 417          | 15%         | 363          | 16%         |
| Hispanic                              | 463          | 16%         | 308          | 14%         |

## An estimated 65%\* of Cedar River Clinics' female reproductive age clients used contraception

|                            | 2021  |            | 2020  |            |
|----------------------------|-------|------------|-------|------------|
|                            | Count | % of total | Count | % of total |
| No method                  | 986   | 35%        | 295   | 13%        |
| Combined hormonal methods  | 524   | 19%        | 608   | 28%        |
| 3-month hormonal injection | 194   | 7%         | 205   | 9%         |
| LARC                       | 381   | 14%        | 324   | 15%        |
| Barrier                    | 511   | 18%        | 450   | 20%        |
| Other methods              | 207   | 7%         | 325   | 15%        |

\* The remaining 35% includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.



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Title: Washington State Sexual & Reproductive Health Network

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**Sexual & reproductive health services provided by Cedar River Clinics prevented an estimated\* 610 unintended pregnancies and 210 abortions, and saved over \$3 million in health care costs in 2021 alone**

Cedar River Clinics' sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2021 the agency's services prevented an estimated 610 unintended pregnancies, 290 unplanned births, and 210 abortions resulting in net savings of more than \$3 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

**Estimate of unwanted outcomes and health expenditures prevented by Cedar River Clinics' sexual & reproductive health services, 2021**

|  |                    |
|--|--------------------|
| Unintended pregnancies   | 610                |
| Unplanned births   | 290                |
| Abortions  | 210                |
| Miscarriages following unintended pregnancies prevented                | 120                |
| Maternal & birth-related gross costs saved from contraceptive services | \$4,027,590        |
| Miscarriage & ectopic pregnancy gross costs saved                      | \$127,950          |
| Chlamydia infections   | 20                 |
| Gonorrhea infections   | **                 |
| HIV Infections   | **                 |
| Gross costs saved from STI testing                                     | \$9,060            |
| Gross costs saved from Pap and HPV testing & vaccinations              | \$40               |
| <b>Total gross savings</b>   | <b>\$4,164,640</b> |
| <b>Total family planning costs</b>                                     | <b>\$972,410</b>   |
| <b>Total net savings</b>   | <b>\$3,192,220</b> |

*\*Estimates are based on Washington State Family Planning clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://onlinelibrary.wiley.com/doi/10.1111/1468-0009.12080>>.)*

**Data sources:** (1) Washington State Clinic Visit Record data 2021, 2020; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/17/2022.

**FOR ADDITIONAL INFORMATION PLEASE CONTACT:**

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