## CEDAR RIVER CLINICS PROFILE 2022

Cedar River Clinics receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). Cedar River Clinics works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at their clinics in King, Pierce and Yakima Counties.

In 2022, Cedar River Clinics served 2,676 clients during 2,870 clinic visits, representing a 6% decrease in clients and 7% decrease in clinic visits from 2021. An estimated 87% of female clients of reproductive age served in 2022 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

### Cedar River Clinics Served 2,676 clients in 2022

	2022		2021	
	Count	% of total	Count	% of total
Total	2,676	100%	2,849	100%
Male	37	1%	22	1%
Female	2,639	99%	2,827	99%
- reproductive age (15-44 yrs)	2,616	98%	2,803	99%
Non Hispanic				
- White	815	30%	932	33%
- African American	589	22%	616	22%
- American Indian/Alaska Native	34	1%	38	1%
- Asian, Native Hawaiian/Pacific Isl.	366	14%	417	15%
Hispanic	452	17%	463	16%

## An estimated 87%\* of Cedar River Clinics' female reproductive age clients used contraception

	2022		2021	
	Count	% of total	Count	% of total
No method	335	13%	986	35%
Combined hormonal methods	704	27%	524	19%
3-month hormonal injection	203	8%	194	7%
LARC	397	15%	381	14%
Barrier	779	30%	511	18%
Other methods	201	8%	207	7%

<sup>\*</sup> The remaining 13% includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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930-140
Title: Washington
State Sexual &
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Health

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# Sexual & reproductive health services provided by Cedar River Clinics prevented an estimated\* 490 unintended pregnancies and 170 abortions, and saved over \$2.5 million in health care costs in 2022 alone

Cedar River Clinics' sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2022 the agency's services prevented an estimated 490 unintended pregnancies, 230 unplanned births, and 170 abortions resulting in net savings of more than \$2.5 million associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

### Estimate of unwanted outcomes and health expenditures prevented by Cedar River Clinics' sexual & reproductive health services, 2022

Unintended pregnancies	490
Unplanned births	230
Abortions	170
Miscarriages following unintended pregnancies prevented	90
Maternal & birth-related gross costs saved from contraceptive services	\$3,249,710
Miscarriage & ectopic pregnancy gross costs saved	\$103,240
Chlamydia infections	20
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$10,720
Gross costs saved from Pap and HPV testing & vaccinations	\$110
Total gross savings	\$3,363,79
Total family planning costs	\$784,600
Total net savings	\$2,579,190

\*Estimates are based on Washington State Family Planning clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <a href="http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/">http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/</a>.)

**Data sources:** (1) Washington State Clinic Visit Record data 2021, 2022; (2) Guttmacher Institute Data Center. Estimates retrieved from https://data.guttmacher.org/calculator on 03/17/2023.

#### FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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