

COWLITZ FAMILY HEALTH CENTER PROFILE 2021

Cowlitz Family Health Center (CFHC) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). CFHC works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Cowlitz, Pacific, and Wahkiakum Counties.

In 2021 CFHC served 788 clients during 1,158 clinic visits, representing a 11% decrease in clients and an 8% decrease in clinic visits from 2020. An estimated 89% of female clients of reproductive age served in 2021 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

CFHC served 788 clients in 2021

	2021		2020	
	Count	% of total	Count	% of total
Total	788	100%	884	100%
Male	6	1%	9	1%
Female	782	99%	875	99%
- reproductive age (15-44 yrs)	731	93%	836	95%
Non Hispanic				
- White	553	70%	627	71%
- African American	15	2%	22	2%
- American Indian/Alaska Native	16	2%	16	2%
- Asian, Native Hawaiian/Pacific Isl.	11	1%	17	2%
Hispanic	176	22%	191	22%

An estimated 89%* of CFHC's female reproductive age clients used contraception

	2021		2020	
	Count	% of total	Count	% of total
No method	148	20%	208	25%
Combined hormonal methods	141	19%	149	18%
3-month hormonal injection	160	22%	180	22%
LARC	187	26%	186	22%
Barrier	53	7%	76	9%
Other methods	42	6%	34	4%

* The remaining 11% includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.



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Title: Washington State Sexual & Reproductive Health Network

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Sexual & reproductive health services provided by CFHC prevented an estimated* 170 unintended pregnancies and 60 abortions, and saved over \$800,000 in health care costs in 2021 alone

CFHC’s sexual and reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2021 the agency’s services prevented an estimated 170 unintended pregnancies, 80 unplanned births, and 60 abortions resulting in net savings of over \$800,000 associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by CFHC sexual & reproductive health services, 2021

Unintended pregnancies	170
Unplanned births	80
Abortions	60
Miscarriages following unintended pregnancies prevented	30
Maternal & birth-related gross costs saved from contraceptive services	\$1,114,110
Miscarriage & ectopic pregnancy gross costs saved	\$35,390
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$1,780
Gross costs saved from Pap and HPV testing & vaccinations	\$40
Total gross savings	\$1,151,320
Total family planning costs	\$268,990
Total net savings	\$882,330

**Estimates are based on Washington State sexual & reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <<http://>*

Data sources: (1) Washington State Clinic Visit Record data 2020, 2021; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2022

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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