

COWLITZ FAMILY HEALTH CENTER PROFILE 2022

Cowlitz Family Health Center (CFHC) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including long-acting reversible contraception (LARC). CFHC works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinics in Cowlitz, Pacific, and Wahkiakum Counties.

In 2022, CFHC served 1,019 clients during 1,498 clinic visits, representing a 31% increase in clients and an 29% increase in clinic visits from 2021. An estimated 80% of female clients of reproductive age served in 2022 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

CFHC served 1,019 clients in 2022

	2022		2021	
	Count	% of total	Count	% of total
Total	1,019	100%	788	100%
Male	14	1%	6	1%
Female	1,005	99%	782	99%
- reproductive age (15-44 yrs)	937	92%	731	93%
Non Hispanic				
- White	721	71%	553	70%
- African American	16	2%	15	2%
- American Indian/Alaska Native	17	2%	16	2%
- Asian, Native Hawaiian/Pacific Isl.	34	3%	11	1%
Hispanic	214	21%	176	22%

An estimated 80%* of CFHC's female reproductive age clients used contraception

	2022		2021	
	Count	% of total	Count	% of total
No method	187	20%	148	20%
Combined hormonal methods	247	26%	141	19%
3-month hormonal injection	143	15%	160	22%
LARC	221	24%	187	26%
Barrier	78	8%	53	7%
Other methods	61	7%	42	6%

* The remaining 20% includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.



930-140

Title: Washington State Sexual & Reproductive Health Network

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Sexual & reproductive health services provided by CFHC prevented an estimated* 160 unintended pregnancies and 50 abortions, and saved over \$800,000 in health care costs in 2022 alone

CFHC’s sexual and reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2022 the agency’s services prevented an estimated 160 unintended pregnancies, 80 unplanned births, and 50 abortions resulting in net savings of over \$800,000 associated with maternal and birth-related care, miscarriages, ectopic pregnancies, and abortions averted.

Estimate of unwanted outcomes and health expenditures prevented by CFHC sexual & reproductive health services, 2022

Unintended pregnancies	160
Unplanned births	80
Abortions	50
Miscarriages following unintended pregnancies prevented	30
Maternal & birth-related gross costs saved from contraceptive services	\$1,068,520
Miscarriage & ectopic pregnancy gross costs saved	\$33,940
Chlamydia infections	**
Gonorrhea infections	**
HIV Infections	**
Gross costs saved from STI testing	\$2,170
Gross costs saved from Pap and HPV testing & vaccinations	\$300
Total gross savings	\$1,104,930
Total family planning costs	\$257,930
Total net savings	\$846,950

**Estimates are based on Washington State sexual & reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <http://*

Data sources: (1) Washington State Clinic Visit Record data 2022, 2021; (2) Guttmacher Institute Data Center. Estimates retrieved from <https://data.guttmacher.org/calculator> on 03/04/2023

FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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