## KLICKITAT COUNTY HEALTH DEPARTMENT PROFILE 2023

Klickitat County Health Department (KCHD) receives funding devoted solely to sexual and reproductive health and related preventive health services with a focus on low-income and uninsured persons. Funds support services such as breast and pelvic exams, Pap smears and other cancer screenings, STI/HIV testing, pregnancy testing and counseling, and affordable birth control, including reversible long-acting contraception (LARC). KCHD works with Washington State Department of Health to assure quality and affordable sexual and reproductive health services at its clinic in Klickitat County.

In 2023, KCHD served 127 clients during 197 clinic visits, representing a 19% increase in clients and a 10% increase in clinic visits from 2022. An estimated 88% of female clients of reproductive age served in 2023 were on some form of contraceptive method resulting in a lower risk of unintended pregnancy, unplanned births, and abortions.

#### KCHD served 127 clients in 2023

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|--|-------|------------|-------|------------|
|  | 2023  |            | 2022  |            |
|  | Count | % of total | Count | % of total |
| Total  | 127   | 100%       | 107   | 100%       |
| Male   | 13    | 10%        | 3     | 3%         |
| Female   | 114   | 90%        | 104   | 97%        |
| Female of reproductive age (15-44)               | 104   | 82%        | 93    | 87%        |
| Hispanic   | 30    | 25%        | 41    | 39%        |
| Non Hispanic:                                    |       |            |       |            |
| American Indian/Alaska Native                    | 6     | 5%         | 4     | 4%         |
| Asian  | 0     |            | 0     |            |
| Black or African American                        | 0     |            | 0     |            |
| Native Hawaiian/Other Pacific Islanders          | 0     |            | 0     |            |
| White  | 85    | 70%        | 60    | 57%        |
| More than one race                               | 1     | 1%         | 0     |            |
|  | 2023  |            | 2022  |            |
| Female Reproductive Age Clients by Contraception | Count | % of total | Count | % of total |
| No method  | 14    | 13%        | 5     | 5%         |
| Combined hormonal methods                        | 35    | 34%        | 38    | 41%        |
| 3-month hormonal injection                       | 23    | 22%        | 18    | 19%        |
| LARC   | 15    | 14%        | 21    | 23%        |
| Barrier  | 12    | 12%        | 6     | 6%         |
| Other methods                                    | 5     | 5%         | 5     | 5%         |

<sup>\*</sup> No method includes female clients 15-44 years who were pregnant or seeking pregnancy and those who reported no method.

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930-140 Title: Washington State Sexual & Reproductive Health Network ETWORK

# Sexual & reproductive health services provided by KCHD prevented an estimated\* 20 unintended pregnancies, 10 abortions, and saved over \$100,000 in health care costs in 2023 alone

KCHD's sexual & reproductive health services averted unwanted reproductive health outcomes and saved healthcare-related expenses by providing contraceptive services, testing and treatment for sexually transmitted infections, and vaccination against HPV to prevent cervical cancer. Most notably, in 2023 the agency's services prevented an estimated 20 unintended pregnancies, 10 unplanned births, and 10 abortions resulting in net savings of over \$100k associated with maternal and birth-related care, miscarriages, and ectopic pregnancies averted.

### Estimate of unwanted outcomes and health expenditures prevented by KCHD family planning services, 2023

| Unintended pregnancies   | 20        |
|--|-----------|
| Unplanned births   | 10        |
| Abortions  | 10        |
| Miscarriages following unintended pregnancies prevented                | **        |
| Maternal & birth-related gross costs saved from contraceptive services | \$128,220 |
| Miscarriage & ectopic pregnancy gross costs saved                      | \$4,070   |
| Chlamydia infections   | **        |
| Gonorrhea infections   | **        |
| HIV Infections   | **        |
| Gross costs saved from STI testing                                     | \$1,950   |
| Gross costs saved from Pap and HPV testing & vaccinations              | \$220     |
| Total gross savings  | \$134,460 |
| Total family planning costs  | \$30,960  |
| Total net savings  | \$103,510 |

\*Estimates are based on Washington State sexual and reproductive health clinic visit record data and formulas from Guttmacher Institute (Frost JJ et al., Return on investment: A fuller assessment of the benefits and cost savings of the US publicly funded family planning program, The Milbank Quarterly, 2014, <a href="http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/">http://onlinelibrary.wiley.com/enhanced/doi/10.1111/1468-0009.12080/</a>).

**Data sources:** (1) Washington State Clinic Visit Record data 2022, 2023; (2) Guttmacher Institute Data Center. Estimates retrieved from https://data.guttmacher.org/calculator on 03/05/2024

### FOR ADDITIONAL INFORMATION PLEASE CONTACT:

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<sup>\*\*</sup> Unable to report due to small numbers